DOCUMENT RESUME

ED 434 453 EC 307 451

AUTHOR House-Deere, Deb, Comp.
TITLE Iowa Programs Providing and Financing Children's Care and Services. [Fourth Edition].
INSTITUTION Iowa State Dept. of Education, Des Moines.
PUB DATE 1998-00-00
NOTE 141p.
PUB TYPE Guides - Non-Classroom (055)
EDRS PRICE MF01/PC06 Plus Postage.
DESCRIPTORS *Agencies; Agency Cooperation; Check Lists; Children; *Delivery Systems; *Disabilities; Federal Programs; Financial Support; Health Services; Insurance; Preschool Education; Resources; Social Services; Social Support Groups; *State Federal Aid; *State Programs
IDENTIFIERS *Iowa; Social Security Administration

ABSTRACT

This guide describes 79 programs and services for children in Iowa. Each program description usually includes a brief program overview and information on age requirements and eligibility, specific services provided, any mandated services, costs, where to apply, and the responsible agency. The programs are grouped into the following categories: interagency (1 program); education (7 programs); health (18); human services (26); insurance (9); Social Security (9); and other support services, most of which are for financial assistance and support (15). Twenty-five appendices provide a variety of additional resources and information such as: a listing of parent and educator coordinators, a list of Iowa Head Start programs, the "Healthy Families Iowa" directory, a list of county public health nursing service and home care agencies, federal poverty guidelines for the Maternal Child Health program, Child Care Assistance income guidelines, definitions of long-term care facilities level of care, private insurance checklist for families, and locations of Social Security Administration office locations. (DB)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

ED 434 453

EC

Iowa PROGRAMS

Providing and Financing Children's Care and Services

Iowa Department of Education 1998
Compiled by Deb House-Deere

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)
✓ This document has been reproduced as received from the person or organization originating it.
☐ Minor changes have been made to improve reproduction quality.
• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

Early for Children

PERMISSION TO REPRODUCE AND DISSEMINATE THIS MATERIAL HAS BEEN GRANTED BY
Bruett
TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

EC307451

BEST COPY AVAILABLE

State of Iowa
Department of Education
Grimes State Office Building
Des Moines, Iowa
50319-0146

State Board of Education

Corine A. Hadley, President, Newton
Sally J. Frudden, Vice President, Charles City
C. W. Callison, Burlington
Gregory A. Forristall, Macedonia
Gregory D. McClain, Cedar Falls
Mary Jean Montgomery, Spencer
Gene E. Vincent, Carroll
Kay Wagner, Bettendorf
John C. White, Iowa City

Administration

Ted Stilwill, Director and Executive Officer
of the State Board of Education
Dwight R. Carlson, Assistant to the Director
Gail Sullivan, Chief of Policy and Planning

Division of Early Childhood, Elementary and Secondary Education
Judy Jeffrey, Administrator
Jeanamne Hagen, Chief, Bureau of Children, Family and Community Services
Lynda Pletcher, State Coordinator, Iowa's System of Early Intervention Services

It is the policy of the Iowa Department of Education not to discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age or marital status in its programs or employment practices. If you have questions or grievances related to this policy, please contact: chief, Bureau of Administration and School Improvement Services, Grimes State Office Building, Des Moines, Iowa 50319, (515) 281-5811.

PROGRAMS

Providing and Financing Children's Care and Services

Iowa Department of Education 1998
Compiled by Deb House-Deere

Fourth Edition, 1998

Iowa Programs Providing and Financing Children's Care and Services
Compiled by Deb House-Deere

Third Edition, 1994

Iowa Programs Providing and Financing Children's Services
Compiled by Deb House-Deere

Design and Production:
PLS Communication Center
Malcolm Price Laboratory School
University of Northern Iowa
Cedar Falls, IA

Waverly Publishing Co.
Waverly, IA

Second Edition, 1990

A Parent's Guide To.....Iowa Programs Providing and Financing Children's Care and Services
Compiled by Deb House-Deere and Julie Beckett

First Edition, 1989

A Parent's Guide To.....Iowa Programs Providing and Financing Children's Care and Services
Compiled by Deb House-Deere and Julie Beckett

This project was funded, in part, with Federal funds under the provision of the Individuals with Disabilities Education Act (IDEA), Part C, Infants and Toddlers from the Iowa Department of Education. The content of this publication does not necessarily reflect the views or policies of the Department of Education nor does mention of trade names, commercial products or agencies/organizations imply endorsement by the United States Government. Permission to duplicate this publication is granted by the Department of Education, Iowa's System of Early Intervention Services, contingent upon the Department of Education, Iowa's System of Early Intervention Services and the author being given credit for its development.

INTRODUCTION

Parents of special needs children often have difficulty locating financial resources and services for their children. Even when resources are located, uncertainty often remains regarding program eligibility requirements and/or availability. The purpose of this document is to provide assistance in finding appropriate financial resources and services for young children with special needs. The guide is designed for use by parents and professionals alike as they work to access and coordinate services for children with special needs. This guide contains key state agency programs. These programs use both federal and state dollars for providing resources and services. Every attempt has been made to provide accurate, current information about Iowa's programs. This guide does not reflect the wealth of local, private and public services that may be available in each supportive community.

ACKNOWLEDGMENTS

A thank you is extended to all who have contributed to the contents of this book. A special thank you to the Iowa's System of Early Intervention Technical Assistance team for gathering the information on the resources and services included in the document.

Dawn Gentsch, Technical Assistant Representing Iowa Department of Public Health

John Hoffman, Technical Assistant Representing Iowa Department of Human Services

Jane Holland, Technical Assistant Representing Iowa Child Health Specialty Clinics

Sheila Hourigan, Technical Assistant Representing Families

Barbara Khal, Technical Assistant Representing Iowa Child Health Specialty Clinics

TABLE OF CONTENTS

INTERAGENCY

Iowa System of Early Intervention Services 13

EDUCATION

Early Childhood Special Education: Instructional Services
Home Instruction & Center-Based Programs 17
Early Childhood Special Education: Support Services 18
Parent-Educator Connection 19
Iowa Head Start Programs 20
Iowa Braille and Sight Saving School - Department of Outreach Services 21
Iowa School for the Deaf (ISD) - Early Childhood/Preschool Program 22
Iowa Project for Deaf-Blind Services 23

HEALTH

Child Health Specialty Clinics (CHSC) 27
Child Health Specialty Clinics - Parent Consultant Network 28
Regional Nutrition Consultation Service - (For Children with Special
Health-Care Needs) 29
Iowa High-Risk Infant Follow-up Program 30
Regional Autism Services - Child Health Specialty Clinics 31
Home and Community Care Planning 32
Family Planning 33
Healthy Families Iowa - Healthy Opportunities for Parents to Experience
Success - (HFI-HOPES) 34
Home Care Aide 35
Maternal and Child Health Program (MCH) 36
Public Health Nursing 37
Child Psychiatry Services 38
University Hospital School - Iowa's University Affiliated Program 39
Hemoglobinopathy Screening and Comprehensive Care Program 40
Infotech 41
Regional Genetic Consultation Services (RGCS) 42
Women, Infants, and Children (WIC) Supplemental Food Program 43
Neuromuscular and Related Disorders Program 44

HUMAN SERVICES

Adoption 47
Child Care Assistance 48
Child Care Resource & Referral of Iowa 49
Child Protective Services - Child Abuse Assessments 50
Developmental Disability Special Needs Grants 51
Emergency Assistance 52
Family-Centered Services 53
Family Investment Program (FIP) -
(Formerly the Aid toDependant Children (ADC) Program) 55
Family Preservation Services 56
Family Foster Care 57
Family Support Subsidy Program 58
Food Stamp Program 59

The Governor's Developmental Disabilities Council 60
Health Insurance Premium Payment (HIPP) Program for Medicaid Recipients 61
EPSDT *Care for Kids Program* - Early and Periodic Screening, Diagnosis and Treatment . 62
Home and Community-Based Services - AIDS/HIV Waiver 63
Home and Community-Based Services - Brain Injury Waiver 64
Title XIX Home and Community-Based Services - ILL and Handicapped Waiver 65
Home and Community Based-Services - MR Waiver 67
Long Term Care Program 68
Title XIX Medical Assistance (Medicaid) 69
Medicaid for Mothers and Children (MAC) 71
Medically Needy 72
Presumptive Medicaid Eligibility 73
PROMISE JOBS and the Family Investment Agreement (FIA) 74
Transitional Child Care 75

INSURANCE

Insurance 79
Insurance Terms 80
Major Group Health Insurance Plan 81
The Caring Foundation of BC/BS 82
Health Maintenance Organizations (HMOs) 82
Iowa Comprehensive Health Plan (ICHP) 83
Preferred Provider Organizations (PPOs) 84
Self-Insured or Self-Funded Plans 84
Self-Purchased Individual Insurance 85

SOCIAL SECURITY

Medicare 89
Supplemental Security Income (SSI) 90
State Supplemental Assistance (SSA) 91

OTHER SUPPORT SERVICES *for financial assistance and support*

Camp Courageous of Iowa Respite Care 95
Camp Courageous of Iowa Weeklong Camps 96
Community Living Program 97
Easter Seals Society of Iowa
Camp Sunnyside 98
Emergency Respite 99
Respite Weekends at Camp Abe Lincoln 100
Respite Weekends at Camp Aldersgate 101
Cedar Springs Camp 102
Weekend Camps at Okoboji 103
Respite Weekends at Camp Sunnyside 104
Respite Weekends at Forest Lake Baptist Camp 105
SEEK Parent Training & Information Center
(Supporting Educational Equity for Kids) 106
The Arc of Iowa 107
Iowa Protection and Advocacy (P&A) Services 108
Iowa COMPASS 109

APPENDICES

Appendix A - Iowa's System of Early Intervention Services - State Coordinator, Technical Assistants and Early Intervention Regional Coordinators . 113

Appendix B - Iowa Contact Persons for Early Childhood Special Education ECSE Leadership Network 1998 115

Appendix C - Parent and Educator Coordinators for Parent-Educator Connection 1997-1998 116

Appendix D - Iowa Head Start Programs 119

Appendix E - Child Health Specialty Clinics (CHSC) 120
CHSC Parent Consultants by Regional Center 121
CHSC Central Office Staff 122
CHSC Nutrition Consultants and Staff 123

Appendix F - Admission Criteria for Iowa High-Risk Infant Follow-up Program 124

Appendix G - Title X Family Planning Services in Iowa 125

Appendix H - Healthy Families Iowa Directory 127

Appendix I - County Public Health Nursing Service and Home Care Agencies 128

Appendix J - Maternal Child Health (MCH) - Federal Poverty Guidelines 132

Appendix K - Locations of Child and Adolescent Health Services 133
Locations of Maternal Health Services 134

Appendix L - Women, Infant, and Children (WIC) - Common Factors which Produce Nutritional Risk 135

Appendix M - Women, Infant, and Children (WIC) - Federal Poverty Guidelines ... 136

Appendix N - Women, Infant, and Children (WIC) - Agency Locations 137

Appendix O - Child Care Assistance Income Guidelines 138

Appendix P - Child Care Resource and Referral 139

Appendix Q - Department of Human Services County Offices 140

Appendix R - EPSDT Care for Kids - Screening Schedule 145

Appendix S - Definitions of Long-term Care Facilities Level of Care 146

Appendix T - Private Insurance Checklist for Families 147

Appendix U - Evaluation of Health Maintenance Organizations (HMOs) 150

Appendix V - Iowa Comprehensive Health Association - Monthly Premiums 152

Appendix W - Social Security Administration - District/Field Office Locations 153

interagency

IOWA'S SYSTEM OF EARLY INTERVENTION SERVICES
(IDEA PART C: INFANTS AND TODDLERS PROGRAM)

OVERVIEW OF PROGRAM

Iowa's System of Early Intervention is a partnership between families with young children, birth to age three, and providers from local Public Health, Human Services, Child Health Specialty Clinics, and Area Education Agencies. The purpose of this program is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family assist their infant or toddler to grow and develop.

AGE REQUIREMENTS AND ELIGIBILITY

⇒ Birth to the child's third birthday (0-3)

⇒ Children served have a 25% delay in one or more areas of development **OR** have a known condition that has a high probability of resulting in a later delay in development.

SERVICES

The family and providers work together to identify and address family concerns nad priorities as they relate to the child's overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive services in the local community for the family and or child. All services to the child are provided in the child's natural environment including the home and other community settings where children of the same age without disabilities participate.

Services required to be provided by the system include the following based upon individually determined needs:

⇒ Service Coordination
⇒ Multidisciplinary evaluations to determine the child's strengths and weaknesses
⇒ Development and updating of an "Individual Family Service Plan" (IFSP)
⇒ Assistive Technology
⇒ Audiology
⇒ Family Training Counseling
⇒ Health Services
⇒ Medical evaluations to determine eligibility
⇒ Nursing
⇒ Nutrition
⇒ Occupational Therapy
⇒ Physical Therapy
⇒ Psychology
⇒ Social Work
⇒ Special Instruction
⇒ Speech Language Therapy
⇒ Vision
⇒ Transportation

COSTS

There are no costs to families for service coordination activities, multidisciplinary evaluation to determine eligibility or for the development and reviews of the Family Service Plan. Special Education Services provided to eligible children by the AEA are also at no cost to families under IDEA Part B. There may be charges or sliding scale fees to families in using other community agencies or specific services provided by the partnering agencies of Public Health, Human Services or Child Health Specialty Clinics.

WHERE TO APPLY

Families can call their Area Education Agency and ask for the "Early Intervention Regional Coordinator" (see Appendix A) or call 1-800-779-2001 (IOWA COMPASS) to get the phone number of the regional contact in a particular area of the State.

education

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE)

Instructional Services:
Home Instruction & Centered-Based Programs

OVERVIEW OF PROGRAM

The Early Childhood Special Education programs provide specially designed instruction and support services for children, birth through five years of age, with disabilities. Services may be provided in the home, an ECSE center-based program, or in a community-based Early Childhood program. Family involvement is an integral part of all of these services.

AGE REQUIREMENTS AND ELIGIBILITY

Early Childhood Special Education services are available to children from birth through age five who are entitled to special education. Each child is assessed to gather information about the child's development, determine if a child is eligible for special education services, and to provide information for the planning of appropriate intervention strategies for the child and family.

SERVICES

ECSE services are provided and/or monitored by licensed Early Childhood Special Education teachers, consultants, and/or support personnel.

MANDATED SERVICES

Iowa legislation mandates a free appropriate public education for all eligible individuals with disabilities from birth through age 21.

COST

Special Education services are free to families whose children are eligible.

WHERE TO APPLY

Referrals and requests for information should be made directly to an AEA (see Appendix B) or to a local school district.

RESPONSIBLE AGENCIES

Area Education Agency
Local School District

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE)
SUPPORT SERVICES

OVERVIEW OF PROGRAM
Children from birth through age five requiring special education may receive a combination of instructional (see ECSE Home Instruction and ECSE Center-Based Instruction) and support services. Support services include occupational therapy, physical therapy, speech and language therapy, school social work services, school psychological services, special education nursing services and audiological services. Support services may be a combination of consultation, direct hands-on therapy activities, parent involvement activities and specific intervention activities directed by a teacher or support services professional. Each child receiving special education support services must have an individualized education program (IEP) or an individualized family service plan (IFSP).

Occupational Therapy: evaluation, consultation and direct intervention strategies in the area of motor functioning, including fine motor, sensori motor, positioning and self-help skills for children with physical impairments.
Physical Therapy: evaluation, consultation and direct intervention strategies in the areas of developmental and adaptive sensori motor and gross motor (positioning and mobility) skills for children with physical impairments.
Speech and Language Services: evaluation, consultation and direct intervention strategies in the area of communication skills including speech and language development and disorders of language, voice, articulation and fluency.
School Social Work Services: evaluation, consultation and direct intervention services in the area of social, emotional, behavioral and adaptive needs. School Social Workers may provide individual, group, parent and family counseling to assess and treat the child, family and environmental problems that affect child development and learning.
School Psychological Services: screening and evaluation to identify needs regarding behavioral, social, emotional and educational functioning of children. School Psychologists assist parents and teachers to assess strengths and needs, to plan educational programs and to develop methods for dealing with behaviors which interfere with learning.
Special Education Nursing Services: evaluation and interpretation of health needs, monitoring medical procedures as directed, and implementation of specific nursing activities that are related to the child's educational program.
Audiological Service: screening, evaluation, consultation and assistance in the educational management of children with hearing loss.
Vision Services: screening, evaluation, consultation and assistance in the educational management of children with visual impairments.

AGE REQUIREMENTS AND ELIGIBILITY
Support services are available to children with disabilities from birth through age five. To determine if a child meets eligibility requirements, a comprehensive assessment is provided at no cost to the family. Support services must have a relationship to the child's ability to participate in the educational program.

SERVICES
Support services are provided by personnel who hold the appropriate licensure, approval or statement of professional recognition to provide the appropriate evaluation, remediation, therapy and or consultation to children eligible for special education. Support services may be delivered in a variety of settings.

MANDATED SERVICES
Iowa legislation mandates a free appropriate public education for all eligible individuals with disabilities from birth through age 21. Federal legislation mandates a free appropriate public education for all eligible individuals with disabilities from three to 21 years of age.

COST
Special Education services required to meet the educational needs of the eligible individual are provided without charge to the families.

WHERE TO APPLY
Referrals and requests for information should be made directly to an AEA (see Appendix B) or to a local school district.

RESPONSIBLE AGENCIES
Area Education Agency
Local School District

PARENT-EDUCATOR CONNECTION

OVERVIEW OF PROGRAM

The Parent-Educator Connection program is sponsored by the Iowa Department of Education, Bureau of Children, Family and Community Services. It began in 1984 to provide parents and educators with opportunities to work together in positive ways to improve educational programs for children with special needs. When genuine partnerships exist between parents and educators, quality planning and programming for children with disabilities will occur.

AGE REQUIREMENTS AND ELIGIBILITY

Families with children who have a disability, ages birth through 21, educators and other individuals who work with people with disabilities may receive services.

SERVICE

Each Area Education Agency (AEA) has a parent and an educator on staff who implement the program within the AEA. The Iowa State Department of Education employs a parent and an educator to provide assistance to each AEA.

The AEA and State Coordinators may:

⇒ help parents and educators in finding answers to questions and locating resources;
⇒ conduct inservice sessions for parents and educators and other interested individuals;
⇒ facilitate meetings such as support groups;
⇒ publish newsletters;
⇒ loan books, pamphlets, and video and audio tapes on Special Education and other issues including different disabilities and parenting.

MANDATED SERVICES

Not applicable

COST

These and other services which may be provided by each AEA are free of charge.

WHERE TO APPLY

Contact the Parent or Educator Coordinator from a regional Area Education Agency (see Appendix C) or call:

Drake University
Mountain Plains Regional Resource Center
2507 University Avenue
Des Moines, IA 50311
(515)271-3936

RESPONSIBLE AGENCY

Iowa Department of Education

IOWA HEAD START PROGRAMS

OVERVIEW OF PROGRAM

Head Start is a federally funded comprehensive child development program with an interdisciplinary approach. Head Start may be offered as either center-based or home-based, as determined by local Head Start programs.

AGE REQUIREMENTS AND ELIGIBILITY

Birth to five-year-old children who meet federal income guidelines are eligible. Family Investment Plan (FIP) recipients are automatically eligible. A Head Start program must have a minimum enrollment of 10 percent of children who meet the Federal Diagnostic Criteria for handicapped children.

SERVICES

Head Start provides the following services for enrolled children:

⇒ Education
⇒ Health (physical and dental examination)
⇒ Mental health
⇒ Nutrition
⇒ Social services (family needs)
⇒ Parent involvement
⇒ Family literacy
⇒ Generally the services are provided at Head Start Centers.

MANDATED SERVICES

Federal requirements mandate a minimum of 10 percent of the enrollment to meet Federal Diagnostic Criteria for handicapped children.

COST

There is no cost to families.

WHERE TO APPLY

Contact the area Iowa Head Start Agency serving the appropriate county. (see Appendix D)

RESPONSIBLE AGENCY

Not applicable

IOWA BRAILLE AND SIGHT SAVING SCHOOL
DEPARTMENT OF OUTREACH SERVICES

OVERVIEW OF PROGRAM
Outreach Services is an outgrowth of the Iowa Braille School's education program. The purpose of Outreach Services is to assist children with visual impairment, including blindness, to become as independent as possible in all areas of life. Services include low vision services, orientation and mobility, consultation on questions related to the education or habilitation of young children, an assistive device lending program, and adapted or adopted books for visually impaired learners.

AGE REQUIREMENTS AND ELIGIBILITY
Any child who meets the definition of visual impairment, including blindness, according to the Iowa Department of Education Rules of Special Education is eligible. Services also encompass children with visual impairment and additional disabilities. Children and youth from birth through age 21 are eligible.

SERVICES
Services are provided by well qualified and experienced educators from the Iowa Braille and Sight Saving School. Services are field-based at a child's home and/or a center-based program.

MANDATED SERVICES
Many of the services provided are mandated.

COST
There is no cost to families.

WHERE TO APPLY
Department of Outreach Services
Iowa Braille and Sight Saving School
1002 G Avenue
Vinton, IA 52349
319-472-5221 x 1202
319-472-4371 (FAX)

RESPONSIBLE AGENCY
State of Iowa Board of Regents

IOWA SCHOOL FOR THE DEAF (ISD)
EARLY CHILDHOOD/PRESCHOOL PROGRAM

OVERVIEW OF PROGRAM
Iowa School for the Deaf (ISD) provides an educational program and ancillary services to children who are deaf or hearing impaired.

AGE REQUIREMENTS AND ELIGIBILITY
All residents of the State of Iowa, from birth through age 21, diagnosed as having or suspected to have, a hearing impairment can receive services.

SERVICES
ISD provides the following services to children who meet the eligibility requirements and are in need of specific services:

⇒ Diagnosis and evaluation
⇒ Language development
⇒ Speech development
⇒ Auditory training and utilization
⇒ Sign language development for children who have hearing impairments
⇒ Parental assistance in a variety of ways including printed materials, videotapes and direct services

The services are provided by ISD staff and continue as long as requested or appropriate as determined by either the Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP).

MANDATED SERVICE
The State of Iowa requires these services to be provided.

COST
There is no cost to families.

WHERE TO APPLY
Iowa School for the Deaf
1600 South, Highway 275
Council Bluffs, IA 51503
Attention: Dr. William P. Johnson, Superintendent
(712) 366-0571

Area Education Agencies (Appendix B) and/or Local Education Agencies (community school district).

RESPONSIBLE AGENCY
State of Iowa Board of Regents

IOWA PROJECT FOR DEAF-BLIND SERVICES

OVERVIEW OF PROGRAM

The intent of the Iowa Deaf-Blind Project is to improve the quality of services provided to infants, toddlers, children, and youth with deaf-blindness through technical assistance, information dissemination, staff development and consultation to schools, area education agencies, and community service agencies.

AGE REQUIREMENTS AND ELIGIBILITY

1. Individuals from birth through age 21 who are deaf-blind represent a heterogeneous group that includes:
   a. individuals who are identified as having vision and hearing losses in combination;
   b. individuals who have hearing/visual impairments mild to severe degree and additional learning and language disabilities or both;
   c. individuals who may have been diagnosed as having a degenerative pathology or disease that will affect vision or hearing or both.
2. Educational personnel and service providers serving one or more individuals with deaf-blindness.
3. Parents, family members, and care providers of individuals with deaf-blindness.

SERVICES

The work of the Iowa Deaf-Blind Project is organized into five components, each representing a major project goal:

1. Identification and tracking of infants, toddlers, children and youth with deaf-blindness - to maintain an Iowa Census of infants, toddlers, children and youth, birth through 21, with both hearing and vision impairments as defined by the federal definition and included in Iowa's Rules of Special Education;
2. Technical assistance - to increase the knowledge and skill levels of parents, educators, administrators and community service providers in the area of deaf-blindness;
3. Parent/family network - to ensure that families who have children with deaf-blindness receive support and information as well as opportunities to link with other families and professionals;
4. Transition - to provide personal futures planning and training in the development of transition plans for Iowa children and youth with deaf-blindness;
5. Dissemination of information - to provide information about the Project and effective practices to parents, programs, and agencies throughout Iowa.

MANDATED SERVICES

⇒ Technical assistance
⇒ Staff development
⇒ Information dissemination

COST

These services are provided without charge.

WHERE TO APPLY

Steven Maurer, Project Director
Iowa Department of Education
Bureau of Children, Family and Community Services
Grimes State Office Building
Des Moines, IA 50319
515-281-3576
FAX: 515-242-6019
E-mail: smaurer@max.state.ia.us

BEST COPY AVAILABLE

RESPONSIBLE AGENCY

Iowa Department of Education, Bureau of Children, Family and Community Services

health

CHILD HEALTH SPECIALTY CLINICS (CHSC)

OVERVIEW OF PROGRAM

Child Health Specialty Clinics (CHSC) is a maternal and child health program whose mission is to improve the health, development and well-being of children and youth with special health-care needs in partnership with families, service providers and communities.

AGE REQUIREMENT ELIGIBILITY

CHSC serves any Iowa child or youth from birth to 22 years of age with, or at risk of, a chronic health condition or disability which includes psychosocial, physical, health-related educational, and behavioral needs. The specific health concerns may be simple or complex, short-term or long-term.

SERVICES

Services are available through 13 Regional Centers in cooperation with Area Education Agencies and other community resources and at mobile clinics conducted throughout Iowa in community facilities by staff of The University of Iowa Hospitals and Clinics (UIHC).

Services provided include direct clinical care, care coordination and technical assistance, family support, clinical consultation and staff development. Providers include physicians, pediatric nurse practitioners, nurse clinicians, speech pathologists, physical therapists, nutritionists, social workers, physical assistants, parent consultants, education consultants and other related health care personnel.

MANDATED SERVICES

Federal legislation mandates provision and promotion of comprehensive family-centered, community-based, coordinated, and culturally competent care for children with special health-care needs including those receiving benefits under Title XVI (Supplemental Security Income).

COST

Fees are on a sliding-fee scale based on adjusted gross income, number of tax exemptions, and extenuating circumstances. No family is denied services due to inability to pay.

WHERE TO APPLY

Contact the Child Health Specialty Clinic nearest your home listed in Appendix E or the central office in Iowa City listed below.

Child Health Specialty Clinics
246 Hospital School
Iowa City, IA 52242-1011
(319)356-1469
TTD: (319) 353-6805
FAX: (319) 356-3715

RESPONSIBLE AGENCIES

Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
Iowa City, IA 52242-1011

CHILD HEALTH SPECIALTY CLINICS
PARENT CONSULTANT NETWORK

OVERVIEW OF PROGRAM
Child Health Specialty Clinics (CHSC) has identified family participation in developing and implementing care plans for a child with special health-care needs as a necessary and effective method of achieving beneficial outcomes. To strengthen family-centered care for Iowa children with special health-care needs, CHSC has expanded parent participation in its program and has developed a statewide parent consultant network.

AGE REQUIREMENTS AND ELIGIBILITY
Iowa families with children or young adults, birth though 21, who have special health-care needs are eligible.

SERVICES
The CHSC Parent Consultant Network provides parents of children with special health-care needs access to parents in similar situations. Members of the network are knowledgeable about service systems and experienced in caring for a child with special health-care needs.

Parent consultants help other parents to develop knowledge, confidence and problem-solving skills. They encourage parents to seek medical consultation and care coordination assistance to help them play an active role in planning and organizing services for their children.

Parent consultant support includes sharing information and referrals to service agencies, funding sources, and parent groups; helping to clarify concerns; and suggesting possible ways to solve problems.

COST
Services of the Parent Consultant Network are free to participants.

WHERE TO APPLY
To make a referral to the Parent Consultant Network, call the nearest CHSC Child Health Center (see Appendix E) or community support services at:

Child Health Specialty Clinics
239 Hospital School
Iowa City, IA 52242-1011
(319)356-8391

Families may call collect.

RESPONSIBLE AGENCY
Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
247 Hospital School
Iowa City, IA 52242-1011

22

REGIONAL NUTRITION CONSULTATION SERVICE
(FOR CHILDREN WITH SPECIAL HEALTH-CARE NEEDS)

OVERVIEW OF PROGRAM
This program, sponsored by the Child Health Specialty Clinics (CHSC), (see page 26) provides community-based nutrition assessment and follow-up services to children whose chronic condition involves nutritional status. Attention is given to energy and nutrient needs as well as feeding considerations.

AGE REQUIREMENTS AND ELIGIBILITY
Any child, birth through 21, is eligible. Referrals are made through the CHSC Health Services Coordinator.

SERVICES
A nutritional assessment, care planning and follow-up are provided by local registered dieticians with special interest and experience in nutrition for children with special health-care needs. A dietician from the CHSC Central Office provides clinical consultation to the local dieticians. The services are usually provided in a CHSC clinic setting, but can occur in other settings according to arrangements made by the family and dieticians. The initial assessment and length of follow-up is based primarily on the clinical judgement of the dietician and secondarily on the amount of dietician time available to CHSC patients.

MANDATED SERVICES
Under the Individuals with Disabilities Education Act (IDEA) Part C, nutrition services are an eligible service component of the Individual Family Service Plan.

COST
There is no charge to families.

WHERE TO APPLY
Contact the appropriate Iowa Regional Child Health Specialty Clinic listed in the Appendix E.

RESPONSIBLE AGENCY
Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
Iowa City, IA 52242

BEST COPY AVAILABLE

IOWA HIGH-RISK INFANT FOLLOW-UP PROGRAM

OVERVIEW OF PROGRAM

The Iowa High-Risk Infant Follow-up Program is a service program to provide in-depth developmental assessments for children who received care in a neonatal intensive care unit during the neonatal period (first 27 days of life).

AGE REQUIREMENTS AND ELIGIBILITY

Any family in Iowa whose baby, birth to 30 months, would have met any one of the biological risk factors (see Appendix F) during the first 27 days of life is eligible.

SERVICES

Services provided are developmental assessment, physical and neurological examination, and growth and nutrition counseling by Pediatric Nurse Practitioners from University of Iowa Hospital and Clinics, Child Health Specialty Clinics, St. Luke's Hospital of Cedar Rapids, and Mercy Medical Center of Des Moines.

MANDATED SERVICES

None

COST

Services are provided at no charge.

WHERE TO APPLY

Contact University of Iowa Hospital and Clinics
S267 HS
Iowa City, IA 52242-1011
(319) 353-6880
or call the appropriate Child Health Specialty Clinic. (see Appendix E)

24

REGIONAL AUTISM SERVICES PROGRAM
CHILD HEALTH SPECIALTY CLINICS

OVERVIEW OF PROGRAM
This program does not provide direct child services. It provides general consultation, problem-solving activities, and resource and referral information to those suspecting or have confirmed medical or educational definition of autism spectrum disorders (autism pervasive development disorders, Asperger's Disorder).

AGE REQUIREMENTS AND ELIGIBILITY
Birth through age 21

SERVICES
⇒ Provide training and support to Regional Autism Resource Teams who expand services and assistance to schools at the community level.

⇒ Offer General In-service and Technical Assistance to building-level teams serving children with autism spectrum disorders.

⇒ Provide access to current Resource Materials for parents, professionals, and service providers.

⇒ Provide support for the Model of community evaluation/screening through Iowa Child Health Specialty Clinics to better serve families suspecting autism.

⇒ Assist the Bureau of Children, Family and Community Services, Iowa Department of Education, to meet its mission to serve all students, including those with autism.

MANDATED SERVICES
Not applicable

COST
Free

WHERE TO APPLY
Call (319) 356-4619.

RESPONSIBLE AGENCIES
Child Health Specialty Clinics
University of Iowa Hospitals and Clinics
Iowa City, IA 52242

Iowa Department of Education
Bureau of Children, Family, and Community Services
Des Moines, IA 50319

BEST COPY AVAILABLE

HOME AND COMMUNITY CARE PLANNING

OVERVIEW OF PROGRAM

Home and Community Care Planning (HCCP) is a family-centered care coordination of service of the Child Health Specialty Clinics (CHSC), Iowa's Title V program for children with special health-care needs. HCCP staff help locate and organize resources enabling these children to grow up with other family members and participate in normal community activities. The goals of HCCP are to promote quality health care, to offer support to families and communities, and to help families obtain assistance needed to care for their child in the home.

AGE REQUIREMENTS AND ELIGIBILITY

HCCP services are available to Iowa children and youth, from birth to age 22, who have special health-care needs. This may include children with cerebral palsy, other neuro-muscular conditions, lung problems requiring oxygen or ventilator assistance, cystic fibrosis, juvenile arthritis, complex heart conditions, birth defects, feeding difficulties, severe neurologic conditions, autism, attention-deficit hyperactivity disorder or other health-related behavioral problems.

SERVICES

HCCP is a care coordination service. It does not pay medical bills nor provide in-home services. The HCCP team includes pediatric nurses, parent consultants and other professionals. HCCP care coordination services are provided in the following ways:

1. Preliminary Planning and Health Care Monitoring – The HCCP team helps develop a plan of care for children newly diagnosed with a chronic condition. In some cases, it assists with the initial coordination of services for children returning home from a hospital stay. The team also helps families who are applying for, or receiving, early intervention services or Medicaid Home and Community-Based Services (HCBS) Waiver programs. Often, families just need information about available services and health financing programs.
2. Long-Term Health Coordination – Ongoing care coordination is provided for a limited number of children with highly complex needs. These children have severe chronic illnesses, depend on medical technology for daily life support, or have complex health needs which require many community services.
3. Technical Assistance and Consultation – The HCCP team conducts a variety of consultation, awareness, and training activities. The team provides information and answers questions about educationally related health problems, early intervention services, autism services, and public programs, such as Supplemental Security Income (SSI) and Medicaid. The team also helps link parents with respite programs, child care, family support groups and other resources. Training on care coordination and related issues may also be available, as time and resource allow.
4. Care Coordination Systems Development – Developing and advocating for care coordination standards, policies and delivery systems statewide is another role of the HCCP team. They have helped develop policies and procedures for school health services, early intervention services, HCBS Waiver programs, Medicaid programs, such as EPSDT (Early and Periodic Screening, Diagnosis, and Treatment), child care programs and other services.

MANDATED SERVICES

Not applicable

COST

There is no cost to the family. Some private or public funding may be needed for long-term care coordination services for a child with highly complex needs.

WHERE TO APPLY

HCCP services may be requested through Child Health Specialty Clinics regional centers (see Appendix E) or by contacting the central office.

Child Health Specialty Clinics
Home and Community Care Planning
University Hospital School
100 Hawkins Drive, Room 246
Iowa City, IA 52242-1011
Telephone: (319) 356-1184 (Voice) Families may call collect.
(319) 356-6805 (TDD)

BEST COPY AVAILABLE

RESPONSIBLE AGENCY

Child Health Specialty Clinics

FAMILY PLANNING

OVERVIEW OF PROGRAM

Family Planning clinics provide confidential reproductive health services to person of reproductive age. Services include physical exam; cancer screening, contraception, STD testing and treatment, and health education and counseling.

AGE REQUIREMENTS AND ELIGIBILITY

Services are available to all regardless of religion, race, color, age, sex, number of pregnancies or marital status.

SERVICES

- ⇒ Physical exam
- ⇒ Cancer screening - pap smear, breast exam
- ⇒ Birth control methods
- ⇒ Blood pressure & anemia screening
- ⇒ Infertility exam., counseling & referral
- ⇒ Reproductive Health promotion
- ⇒ Education & counseling
- ⇒ Responsible decision-making
- ⇒ STD testing & treatment
- ⇒ Pregnancy testing

MANDATED SERVICES

All of the above

COST

Based on ability to pay. Free for persons with incomes at or below 100% poverty. Sliding fee scale 250% poverty.

WHERE TO APPLY

Contact the nearest Family Planning Agency. For assistance in locating local clinic services, call "Healthy Families" at 1-800-369-2229.

See also Appendix G

RESPONSIBLE AGENCY

Iowa Department of Public Health
Family Planning Council of Iowa

HEALTHY FAMILIES IOWA

Healthy Opportunities for Parents to Experience Success
HFI-HOPES

OVERVIEW OF PROGRAM

The Iowa Healthy Families Program is to provide support services through home visits to families during the prenatal period and through their children's preschool years. Services delivered through this program are designed to promote optimal child development, improve family coping skills and functioning, promote positive parenting skills and family interactions, and to prevent child abuse and neglect.

AGE REQUIREMENTS AND ELIGIBILITY

Any pregnant woman or family with a newborn under 60 days of age may qualify after a screening of risk factors for problems parenting their child.

SERVICES

A trained Family Support Worker is partnered with a family for up to four years of the child's age. The worker facilitates the family's plan through regular home visits and assists the family to deal successfully with problems in meeting social, health, economic, and interpersonal needs.

MANDATED SERVICES

Each HFI-HOPES project offers a family, screened as high risk, voluntary participation in the HOPES program. In the event a local project is at full capacity, the HOPES project assists the family to link up with alternate family support services available in the community.

COST

Eligible families are not responsible for the cost of program services.

WHERE TO APPLY

Contact the agencies for the following counties in Iowa: Clinton, Polk, Wapello, Lee, Scott, Muscatine, Woodbury, Hamilton, Buchanan, and Black Hawk. (Appendix H)

RESPONSIBLE AGENCIES

Home Care Iowa, Inc.
Iowa Department of Public Health

HOME CARE AIDE

OVERVIEW OF PROGRAM

The Home Care Aide program is designed to prevent or reduce inappropriate institutionalization of children and adults. A state appropriation is available to County Boards of Supervisors or Boards of Health to provide Home Care Aide services through a local agreement.

AGE REQUIREMENTS AND ELIGIBILITY

Every Iowan is eligible for Home Care Aide services when a need arises for such services. Specific criteria for eligibility in each county may be obtained from the county Board of Supervisors or Board of Health. Each county varies as to level of services and the ability of local agencies to deliver Medicaid waiver home visits.

SERVICES

The following services can be provided by a trained para-professional, with supervision of a professional, in agencies receiving a Home Care Aide state grant:

⇒ essential shopping
⇒ housekeeping maintenance
⇒ child care
⇒ respite care
⇒ family management including parenting skills and child protective services, personal care services and transportation.

MANDATED SERVICES

If a child receives court-ordered child protective services, no fee is assessed the family and they are automatically eligible to receive Home Care Aide services.

COST

A sliding-fee scale is applied for those who are eligible for services.

WHERE TO APPLY

Contact the local Home Care Aide program. (see appendix I)

RESPONSIBLE AGENCIES

County Board of Supervisors
County Board of Health
Iowa Department of Public Health

BEST COPY AVAILABLE

MATERNAL AND CHILD HEALTH PROGRAM (MCH)

OVERVIEW PROGRAM

The Maternal and Child Health Program is part of the Social Security Act (Title V) and is designed to assure access to family-centered, community-based maternal health services and child health services. Pregnant women receive, or are referred, for prenatal and postpartum care; Well Child services including physical examination, immunizations, anticipatory guidance, care coordination, referral and social support services are provided at regularly scheduled clinics or under arrangement with local physician.

AGE REQUIREMENTS AND ELIGIBILITY

Pregnant women and children from birth through age 21 can receive the services of the MCH program. Services are available to all Iowa residents.

SERVICES

Maternal Health Services provide prenatal care beginning in the first three months of pregnancy followed by ongoing care and regular appointments through postpartum. An evaluation of dental needs and nutritional needs is also provided. Referral is made to other health care providers, community service agencies, and other local resources when needed. After delivery, family planning and child health services are available. These services are provided by local agencies in a clinic or physician's office. Maternal Health Services work in coordination with the Supplemental Food Program for Women and Children.

Families are encouraged to establish a medical home. Child Health Agency staff are available to assist clients in accessing community-based medical services. Child Health Services provide a health appraisal through history and physical evaluation by Pediatric Nurse Practitioners and other professional nursing staff. Services include:

- ⇒ developmental screening to measure the child's mental and physical growth
- ⇒ vision screening
- ⇒ hearing and speech screening by an audiologist or nurse
- ⇒ nutritional assessment and information
- ⇒ dental assessment
- ⇒ selected laboratory tests depending on your child's needs
- ⇒ immunizations
- ⇒ parent education information
- ⇒ referral to other care providers, care coordination or follow-up care as needed.

Early and Periodic Screening, Diagnosis and Testing (EPSDT) is provided for Medicaid clients (see pages 53 & 54). EPSDT *Care for Kids* Informing and Care Coordination activities are provided by MCH contract agencies. Care coordination activities include:

- ⇒ contact families to remind them of periodic exams and assist the family to schedule appointments as needed
- ⇒ remind families of appointments
- ⇒ follow-up on missed appointments
- ⇒ assist families when referrals for further medical care are indicated; follow-up to determine if all medically necessary diagnostic and treatment services have been received
- ⇒ assess the need for support services and assist the family to access them
- ⇒ arrange transportation as determined by family needs.

Child health care is provided in county-based clinics under standing orders of a local physician. Children, birth through 21, may receive these services.

MANDATED SERVICES

Not applicable

BEST COPY AVAILABLE

COST

There is no charge to families at or below 185% of the current poverty level. A sliding fee scale is used for those above Federal Poverty Guidelines. (see Appendix J)

WHERE TO APPLY

Contact the nearest Maternal and Child Health Service. (see Appendix K) For assistance in locating local clinic services call "Healthy Families" 1-800-369-2229.

PUBLIC HEALTH NURSING

OVERVIEW OF PROGRAM

Public Health Nursing agencies, that are Medicare (Medicaid) certified, are in each county in Iowa. A state appropriation is available to county Board of Health to provide Public Health Nursing services.

AGE REQUIREMENTS AND ELIGIBILITY

All Iowans may receive services for health-related needs as can be met by the agency.

SERVICES

Skilled nursing services are provided by professional staff or associated paraprofessionals in the home, office, clinic, or school settings. Information and assistance is available to link families with local community resources for health and social needs.

MANDATED SERVICES

Not applicable

COST

A sliding-fee or donation is used for those who are eligible for services.

WHERE TO APPLY

Contact the appropriate Public Health Nursing Agency. (see appendix I)

RESPONSIBLE AGENCIES

County Board of Health
County Board of Supervisors
Iowa Department of Public Health
Iowa Department of Inspection and Appeal

CHILD PSYCHIATRY SERVICES

OVERVIEW OF PROGRAM

Child Psychiatry Services provides for children and families evaluation, diagnosis and treatment of a wide variety of problems.

AGE REQUIREMENTS AND ELIGIBILITY

Children, ages two through age 18, with behavioral, learning, organic or emotional problems are eligible.

SERVICES

A specially trained staff of psychiatrists, residents in psychiatry, psychiatric nurses, clinical social workers, educational consultants, speech and language pathologist, psychologist, occupational therapists and activity therapists are available for evaluation diagnosis and treatment. The services may be a one-day out-patient clinic or a short in-patient treatment program. Follow-up is provided to selected patients based on available resources, training needs and ability to comply with treatment requirements.

MANDATED SERVICES

Service is provided to court-ordered referrals.

COST

Most treatment is covered by private insurance, including Title XIX. The cost may vary with each individual situation. Follow-up may be on a sliding-fee scale.

WHERE TO APPLY

Referrals are made directly to Child Psychiatry Services Intake Coordinator, Donna Jones (319) 356-1478

Parents will receive an intake packet to complete before an appointment date can be set for the multidisciplinary out-patient evaluation.

RESPONSIBLE AGENCY

University of Iowa Hospitals and Clinics

UNIVERSITY HOSPITAL SCHOOL
IOWA'S UNIVERSITY AFFILIATED PROGRAM

OVERVIEW OF PROGRAM
University Hospital School (UHS), part of the University of Iowa Hospitals and Clinics, provides health care and services to people with disabilities of all ages and their families through a combination of outpatient, inpatient, and community based programs.

AGE REQUIREMENTS AND ELIGIBILITY
Services are available to people with disabilities of all ages.

SERVICES
UHS provides information, evaluation, treatment recommendations, and training related to:

- ⇒ aging and disabilities
- ⇒ assistive technology
- ⇒ behavior disorders
- ⇒ brain injury
- ⇒ child abuse and neglect
- ⇒ communication disorders
- ⇒ computer access
- ⇒ Down syndrome
- ⇒ education
- ⇒ encopresis
- ⇒ enuresis and related conditions
- ⇒ feeding and growth
- ⇒ health care
- ⇒ learning, cognitive, and hyperactivity disorders
- ⇒ metabolic conditions, myelodysplasias of the spine
- ⇒ postural support, sleep disorders
- ⇒ wheelchair seating

UHS staff includes professionals from the following disciplines, Audiology, Education, Medicine, Nursing, Nutrition, Occupational Therapy, Pediatric Dentistry, Physical Therapy, Psychology, Recreation Therapy, Rehabilitation Engineering, Social Services, and Speech-Language Pathology.

UHS provides both preservice and inservice training programs for service providers and others who provide services to individuals with disabilities. Information and referral is provided through the Disabilities Resource Library, Info Tech, and Iowa COMPASS.

MANDATED SERVICES
Not applicable

COST
Fees for services are determined by the fee schedule of the University of Iowa Hospitals and Clinics. Clinic fees, associated charges and arrangement for payment, including insurance, Medicaid and other potential sources for funding, will be reviewed upon request.

WHERE TO APPLY
A referral appointment request as well as questions about services can be directed to:
University Hospital School
Iowa City, IA 52242-1011
(319) 353-6900

RESPONSIBLE AGENCIES
Board of Regents
Substantive grant monies come through the Department of Health and Human Services, Administration on Developmental Disabilities.

IOWA HEMOGLOBINOPATHY SCREENING AND COMPREHENSIVE CARE PROGRAM

OVERVIEW OF PROGRAM

The Iowa Newborn Metabolic Screening Program, provides hemoglobinopathy screening on a statewide basis for newborns. The Hemoglobinopathy Comprehensive Care Program offers education and treatment for individuals with known or suspected sickling disorders, thalassemia or other hemoglobinopathies. The program links the family and their local physician to physicians and staff at the Comprehensive Care Programs. Staff of the Hemoglobinopathy Program are available on request to assist with inservices and/or community education activities related to blood disorders.

AGE REQUIREMENTS AND ELIGIBILITY

Any person, newborn to adulthood, with a known or suspected sickling disorder, thalassemia, or other hemoglobinopathy is eligible.

SERVICES

Services are provided in two primary sites:

Department of Pediatrics
University of Iowa Hospitals and Clinics
Iowa City, IA
(319) 356-1400

J.R. Grubb Variety Club/Children's Health Center
Iowa Methodist Medical Center
Blank Children's Hospital
1212 Pleasant Suite 300
Des Moines, IA
(515) 241-6000

The University of Iowa Hemoglobinopathy Comprehensive Care Program provides outreach clinics in cooperation with Child Health Specialty Clinic programs in Davenport, Iowa. Pediatric patients with major hemoglobinopathies may be seen at all sites indicated above. Specialized services are provided by the Hemoglobinopathy Program throughout the person's lifetime.

MANDATED SERVICES

Newborn Screening is mandated unless parents provide written refusal.
Participation in the Comprehensive Care Program is highly encouraged.

WHERE TO APPLY

Any community physician will make a referral, or applications may be made directly to:
Hemoglobinopathy Program
Room 254-1 Hospital School
Iowa City, IA 52242-1011
(319) 356-1400

COST

Insurance companies and Medicaid (Title XIX) will be billed if the family has coverage.

RESPONSIBLE AGENCIES

Iowa Newborn Metabolic Screening Program
Iowa Child Health Specialty Clinics
University of Iowa Pediatric Hematology/Oncology
Department of Internal Medicine, Regional Genetics Consultation Service
Department of Public Health

BEST COPY AVAILABLE

INFOTECH

OVERVIEW OF PROGRAM
INFOTECH is a program of the Iowa Program for Assistive Technology, a federally funded grant program.

AGE REQUIREMENTS AND ELIGIBILITY
All ages are eligible. The services of INFOTECH are available to people with disabilities, their families, service providers and other interested individuals.

SERVICES
INFOTECH provides at no cost information and referral about assistive technology. Information is provided by telephone and in writing about commercially available equipment. INFOTECH also operates a used equipment referral service. Information and referral to Iowans regarding private and public funding sources are also available to people with disabilities and their families.

INFOTECH publishes a free, quarterly newsletter about assistive technology.

MANDATED SERVICES
Not applicable

COST
None

WHERE TO APPLY
INFOTECH
University of Iowa Hospital School
100 Hawkins Drive - Room S. 384
Iowa City, IA 52242-1011
(800) 331-3027 (V/TTY)

RESPONSIBLE AGENCIES
Iowa University Affiliated Program
University of Iowa

REGIONAL GENETIC CONSULTATION SERVICES (RGCS)

OVERVIEW OF PROGRAM

The Regional Genetic Consultation Service (RGCS) is a program which provides diagnostic evaluations and confirmatory testing, medical management, information, support, case management and genetic counseling to individuals and families who have known or suspected genetic conditions. The program also provides outreach educational presentations to public and professional groups.

AGE REQUIREMENTS AND ELIGIBILITY

The professionals at these clinics can be of assistance to individuals with a birth defect or genetic disorder, such as Downs syndrome, cystic fibrosis, cleft lip, palate, and spina bifida; families who have a relative with one of the previously mentioned problems; families who have members with developmental delay, mental retardation, to atypical growth; birth defects which may have been caused by prenatal exposure to drugs, alcohol, or illness during pregnancy; women who have had 3 or more miscarriages or problems becoming pregnant; and women over the age of 34 who are considering pregnancy or who are pregnant. There are no age restrictions. Infants through adulthood will be seen.

SERVICES

Board-certified pediatric geneticists genetic nurse specialists and genetic counselors provide the expertise necessary for working with individuals and their families who have complex genetic problems and concerns. Regional Genetic Consultation Service clinics are held in 16 communities throughout Iowa and are usually based in a hospital or clinic in that community. Length of service is determined by client needs.

MANDATED SERVICES

None

COST

Insurance companies and Medicaid (Title XIX) will be billed if the family has coverage. The family cost for a clinic visit is based on a sliding-fee scale.

WHERE TO APPLY

More information about genetic evaluation and counseling services is available from:

Regional Genetic Consultation Service
University of Iowa
200 Hawkins Drive, 2612 JCP
Iowa City, IA 52242-1083
(319)356-2674 or (800)260-2065

RESPONSIBLE AGENCY

The Iowa Department of Public Health contracts with the Division of Medical Genetics of the Department of Pediatrics, University of Iowa, to provide clinical services for the Regional Genetic Consultation Service.

WOMEN, INFANTS AND CHILDREN (WIC) SUPPLEMENTAL FOOD PROGRAM

OVERVIEW OF PROGRAM

The Supplemental Food Program for Women, Infants, and Children (WIC) is a nutrition intervention program for pregnant, postpartum, and breast feeding women and for infants and children up to age five.

AGE REQUIREMENTS AND ELIGIBILITY

WIC is available to pregnant and breastfeeding women and to children whose health is threatened by both limited income and nutritional needs. Eligibility for the program is determined by a licensed dietitian and is based on the following four criteria:

1. Status:
   - Pregnant Woman
   - Postpartum woman up to 6 months
   - Breastfeeding woman up to 12 months
   - Infant or child up to 5 years.
2. State Residency
3. Nutritional Risk: A nutrition evaluation, including anthropometry (height, weight) hematocrit (blood test), and a health and diet assessment. The following common factors which produce nutritional risk allow for eligibility:
   - Abnormal growth
   - Low hematocrit
   - Health Conditions
   - Abnormal eating patterns

   (For more information, see Appendix L)
4. Income: Family income is less than 185% of the current poverty level. (see appendix L and M)

SERVICES

Supplemental Foods:

Checks are issued monthly to WIC participants for the purchase of specified foods at local grocery stores. Individual food packages designed to meet the participant's needs are determined by the WIC nutritionists. Foods which may be received are:

- ⇒ Iron-fortified infant formula
- ⇒ Milk
- ⇒ Vitamin C-fortified natural juices
- ⇒ Natural cheese
- ⇒ Eggs
- ⇒ Iron fortified cereals
- ⇒ Dried beans or peanut butter
- ⇒ Canned tuna
- ⇒ Fresh carrots

Nutrition Education:

Program participants receive nutrition education designed to enhance understanding of the relationship between good nutrition and health. This education is provided by a program nutritionist through one-to-one counseling and group presentations.

Health Care:

WIC encourages regular health care through referral to private physicians or other health care agencies.

The WIC certification time period is six months. After six months the participant is re-evaluated to determine if he/she is still eligible. A pregnant woman is eligible for the entire pregnancy.

MANDATED SERVICES

Not applicable

COST

There is no cost to families eligible for the program (i.e. family makes less than 185% of the current poverty guidelines. See appendix M for current poverty guidelines.)

WHERE TO APPLY

Contact the WIC agency listed in appendix N. For assistance in locating local clinics call 1-800-352-1579.

RESPONSIBLE AGENCY

Iowa Department of Public Health

BEST COPY AVAILABLE

NEUROMUSCULAR AND RELATED DISORDERS PROGRAM

OVERVIEW PROGRAM

This program provides diagnostic evaluation, testing, genetic counseling, medical and nursing management, and case management to individuals with known or suspected neuromuscular disorders and muscular dystrophy.

AGE REQUIREMENTS AND ELIGIBILITY

Any person, newborn through adulthood, with a known or suspected neuromuscular disorder is available for evaluation.

SERVICES

A broad range of services are provided by an interdisciplinary team consisting of a board certified pediatric neurologist, physical therapist, genetic nurse specialist and others as needed. Clinics are held at the University of Iowa, as well as outreach clinics in Mason City, Sioux City, Dubuque, and Des Moines. Examples of diagnosis seen in these clinics include Duchenne and Becker Muscular Dystrophy, Charcot-Marie-Tooth, FSH, and myatonic dystrophy.

MANDATED SERVICES

None

COST

Insurance companies and Medicaid (Title XIX) will be billed if the family has coverage. The family cost for a clinic visit to the outreach clinics are based on a sliding fee scale. In some cases the MDS may cover a small portion of the charges.

WHERE TO APPLY

Services are available by contacting the clinic nurse coordinator at (319-356-4071).

RESPONSIBLE AGENCY

The Iowa Department of Public Health contracts with the Division of Neurology, Department of Pediatrics, at the University of Iowa, to provide clinical services for the Neuromuscular Program. Outreach clinics are provided in cooperation with the Iowa Child Health Specialty Clinics.

human services

ADOPTION

OVERVIEW OF PROGRAM

The adoption program is designed to secure permanent adoptive homes for foster care children who cannot return to their family. It includes several components:

⇒ Financial assistance to families who adopt children who otherwise might not be adopted due to disability, age, race, or need to be placed as a sibling group.

⇒ Recruitment of families for special need to be placed as a sibling group.

⇒ Purchase of adoption services from licensed private child placing agencies.

⇒ Registering of special needs children and families wishing to adopt special needs children in the Iowa Adoption Exchange, the National Exchange, the IFAPA Newsletter, and Iowa's Photolisting Book in an effort to recruit adoptive homes.

LEGAL BASE

Chapter 600, Code of Iowa; Public Law 96-272.

FUNDING SOURCE

Adoption services are funded with state and federal Title IV-E Adoption Assistance funds.

ELIGIBILITY FOR SUBSIDY

A child is eligible for adoption subsidy if the child has a physical, mental or emotional disability; is a member of a minority race; is an older child; is a member of a sibling group of three or more; or is a member of a sibling group of two, if one meets other special needs criteria. In addition, the child must be under the guardianship of DHS or a licensed private child placing agency. The amount of the maintenance subsidy cannot exceed the amount that DHS would expend monthly for the care of the child in a foster family home.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q. Ask to speak with the income maintenance worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services

CHILD CARE ASSISTANCE

OVERVIEW OF PROGRAM

Child care financial assistance is available to families with income at or below 125% of the federal poverty levels, except for: 1) families with children with special needs; 2) families who have expired Transitional Child Care benefits. Families are eligible for protective day care services without regard to income. Families may or may not be participating in the Family Investment Program* (FIP) to receive child care assistance.

*Formerly Aide to Families with Dependent Children (AFDC)

AGE REQUIREMENTS AND ELIGIBILITY

Families meet the need for service when:

⇒ The parent or parents are in full-time academic or vocational training.

⇒ The parent or parents are employed 28 or more hours per week, or an average of 28 or more hours per week during the month.

⇒ The child is a member of a family with a confirmed case of child abuse or is at risk due to episodes of family or domestic violence or substance abuse which have resulted in a referral to family preservation or family-centered services.

⇒ The parent who normally cares for the child is absent from the home due to hospitalization, physical or mental illness, or death. (Assistance limited to a maximum of one month).

⇒ The parent or parents are looking for employment. (Assistance limited to 30 working days in a 12-month period).

Children are eligible for services up to age 13. Children with special needs are eligible up to age 19.

SERVICES

Child care services are authorized by a DHS Social Worker. Parents may choose child care from a licensed child care center, a facility exempt from licensing, a registered family or group day care home, relative care, or a nonregistered family day care with home or in-home care provider who certifies compliance with basic health and safety requirements.

MANDATED

Not applicable.

COST

A parent co-payment is required based on family size and monthly gross income, except for protective child care which is provided without regard to income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix O. Ask to speak with the DHS Social Worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services

CHILD CARE RESOURCE AND REFERRAL OF IOWA

OVERVIEW OF PROGRAM

The mission of Child Care Resource and Referral of Iowa is to actively respond to community needs for affordable and accessible quality child care by providing resources, education and advocacy for children, parents, child care providers and employers.

Child Care Resource and Referral provides services to:

1. assist parents in choosing child care to meet their priorities;
2. maintain and increase the quality of child care and services;
3. increase community interest in child care and provide a structure for child care planning.

SERVICES

For parents:

⇒ Information about how to choose child care which meets their needs
⇒ Information about types of child care
⇒ Information on available child care (sliding-fee scale to parents based on family income)
⇒ Education on parenting and child care
⇒ Support in working with child care providers
⇒ Information available on child care subsidy

For providers:

⇒ Information on child development, guidance, health and safety, and business procedures
⇒ Access to lending libraries – books, videos, cassettes and toys
⇒ Referral to parents
⇒ Mediation in disputes between provider and parents

For the community:

⇒ Information about current child care
⇒ Information to decision-makers about gaps in child care services
⇒ Information about the need for child care services
⇒ Information for the business community

COST

Sliding-fee scale to parents based on family income.

WHERE TO APPLY

See Appendix P for the agency in your area.

RESPONSIBLE AGENCY

Iowa Department of Human Services

CHILD PROTECTIVE SERVICES
CHILD ABUSE ASSESSMENTS

OVERVIEW OF PROGRAM
Child Protective Services is designed to provide protection for any child who is alleged to be physically abused, mentally injured, sexually abused, or denied critical care by a person responsible for his or her care. Protection is also offered any child who is alleged to have illegal drug present in their body as a direct or foreseeable consequence of acts or omission of the someone caring for the child, and for a child allowed, permitted, or encouraged to engage in prostitution.

Upon receipt of a report of child abuse, the Department provides an assessment and determination about the allegations of the abuse. The staff takes action necessary to safeguard the child. The assessment process tries to engage the child's family in services to enhance family strengths and to address identified needs.

The assessment process allows for use of divergent strategies when responding to a report of child abuse, taking into account the severity of abuse, the functioning of the family, and the resources available within the child's and family's community.

AGE REQUIREMENTS AND ELIGIBILITY
Any child, birth through 17 years of age, is covered by the Child Abuse Law.

SERVICES
The Department of Human Services provides these services regardless of income or other eligibility.

MANDATED SERVICES
These services are required by U.S. Public Law 104-235, and Iowa Code 232.

COST
There is no cost to the family.

WHERE TO APPLY
Anyone who suspects a child is suffering in an abusive situation, should contact the Department of Human Service office, listed in Appendix Q or call the 24 hour Toll-Free Hotline at 1-800-362-2178.

RESPONSIBLE AGENCY
Iowa Department of Human Services

DEVELOPMENT DISABILITY SPECIAL NEEDS GRANTS

PROGRAM DESCRIPTION

Grants are provided to persons or families of persons with a developmental disability. Grants are used to defray special costs associated with enabling the person to remains in their own home and to prevent placement in a group residential setting. Grants are used for durable goods such as adaptive equipment, household accessibility modifications such as lifts and ramps, or for unique service needs such as respite care and transportation. The program assists people to find other resources prior to using the grant money. The grants range from $80 to $800, with an average grant being $575.

LEGAL BASE

Section 17, Senate File 2442, *Acts of the 76 General Assembly*, 1996 session.

FUNDING SOURCE

The State appropriation is supplemented by the administering private agency with privately donated funds. In FY 1996 that supplement was $15,120.

ELIGIBILITY

Grants are limited to individuals or families with members who have a developmental disability.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q. Ask to speak with the income maintenance worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services

EMERGENCY ASSISTANCE

OVERVIEW OF PROGRAM

The goal of the Emergency Assistance program is to provide financial assistance on behalf of needy children and any other members of the household to meet needs that have been caused by an emergency situation and that the family is unable to fulfill.

AGE REQUIREMENTS AND ELIGIBILITY

Low-income households who apply and meet eligibility criteria established by the state, receive up to $500 per year Emergency Assistance. The program first began in the fall of 1990. Once program funds are exhausted, the program is closed down until additional funds become available.

SERVICES

This is currently a 100% state-funded program which provides up to $500 per year in financial assistance to families with children under the age of 18, or with children age 18 who are still in high school. Emergency Assistance is available to a family only during one thirty-day period in any twelve consecutive months. This program insures that maximum resources will be targeted for homeless families as well as to those who are at risk of becoming homeless. Assistance is provided by vendor payment and may include rent, utilities, rent and utility deposits, house payments, and purchase or repair of heating equipment. In order to qualify, a family's income must be at or below the poverty levels of the Office of Management and Budget, and resources cannot exceed $1,000. When program funds are exhausted, the program will be closed down until additional funds become available.

MANDATED SERVICES

1994 Iowa Acts, S.F. 2313
Iowa Administrative Code, Chapter 58

COST

Not applicable

WHERE TO APPLY

Contact a local Department of Human Services office. (see Appendix Q)

RESPONSIBLE AGENCY

Iowa Department of Human Services

FAMILY-CENTERED SERVICES

OVERVIEW OF PROGRAM

Family-centered services address the needs and problems of children within the context of their family. Family-centered services are designed to prevent child abuse/neglect, to prevent or reduce the length of out-of-home placements, or to maintain reunification when children have been returned home.

Family-centered services promote self-sufficiency by providing temporary services that help families in developing their ability to use their own resources and strengths to reduce stress on the child or family. Providing both Department of Human Services and community resources to assist the family is essential to maintaining family function and stability.

Services include:

⇒ Rehabilitative Treatment Services, which include restorative living skills, family skills, and social skills development, therapy and counseling services; and psychosocial evaluations;

⇒ Nonrehabilitative Treatment Services which include family centered treatment services that do not meet the definition of a rehabilitative treatment service either because the child receiving the service, has no identified rehabilitative treatment need, or the service itself is not rehabilitative in nature;

⇒ Supportive Services, which include MR/DD respite care and supervision.

Families are referred to the Department of Human Services for family-centered services as a result of child abuse investigations, referrals from juvenile court, schools or other community agencies or self-referrals from families.

AGE REQUIREMENTS AND ELIGIBILITY

Eligibility for family-centered services is determined without regard to family income or eligibility for Medicaid. Families may be eligible to receive services when the Department of Human Services has determined one of the following situations exists:

⇒ Families with children are experiencing problems they have not been able to alleviate or solve that place one or more of their children in danger of out-of-home placement.

⇒ Families with children are experiencing problems they have not been able to alleviate or solve through their own efforts that place one or more of their children in danger of abuse, neglect, exploitation or delinquency.

⇒ Families have children placed in out-of-home placement, and family reunification is the case plan, and services for the family are necessary to achieve this goal.

⇒ Families have children who have returned home from out-of-home placement, and services are needed to maintain reunification.

⇒ Families must reside in Iowa to apply for services. Not all family members receiving services need to be living in the same residence - recipients of services may include divorced parents, extended family members or other persons with a significant relationship to the children when a need to include them in services is determined.

⇒ Children who receive respite care must meet the definitions of mentally retarded or developmentally disabled and be either at risk of foster family group care placement or require respite services in order to return home from foster family group care. Respite services may be provided with other family-centered services or as the only family-centered service. The need for services is reassessed every six months.

BEST COPY AVAILABLE

SERVICES

Family centered services include rehabilitative and nonrehabilitative treatment and supportive services. Rehabilitative and nonrehabilitative treatment services may include:

1. Restorative living skills development: Services designed to assist the family or individual develop or redevelop skills necessary to function independently in the community on a daily basis, including but not limited to, food planning and preparation, maintenance of living environment, time and money management, and personal hygiene and self-care.

2. Family skill development: Services designed to train or reeducate parents to enable them to meet the needs of their children. Services can include parenting classes, age appropriate discipline classes, techniques for caring for children with special needs, techniques to manage difficult behavior, effective methods of communicating and problem-solving, and education on family leisure and recreation activities.

3. Social skills development: Services designed to enhance an individual's or family's communication and socialization skills. These interventions enhance an individual's ability to solve problems, resolve conflicts and develop more appropriate relationships with others, and develop techniques for controlling anger.

4. Therapy and counseling services: Services designed to halt, control or reverse undue stress and severe social, emotional or behavioral problems that threaten to have negatively impacted family structure and stability.

5. Psychosocial evaluation: Services designed to evaluate the basic strengths of the individual and family, assess their emotional needs, health and safety risks and considerations, and identify goals and the treatment services needed to obtain these goals.

Supportive services:

1. MR/DD Respite Care: Services designed to provide temporary care to children with mental retardation and other developmental disabilities who are at risk of initial or continued foster family or group care placement. Their purpose is to sustain the family by providing time-limited and temporary relief from the ongoing responsibilities of the child's care. These services may be provided in a variety of settings including the family's home, an accredited camp, a licensed foster care home or child care center, or a registered day care home. Eligible children are limited to a maximum of 288 hours (12 days) of respite care services during each six-month period.

2. Supervision: Services designed to provide the structured monitoring needed by a family or one of its members to utilize and benefit from other family-centered services. Supervision services must be provided in combination with treatment services.

MANDATED SERVICES

Not applicable

COST

Services are provided to families without regard to their income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY

Iowa Department of Human Services

FAMILY INVESTMENT PROGRAM (FIP)

(formerly the Aid to Dependant Children - ADC - Program)

OVERVIEW OF PROGRAM

Under federal waivers, Iowa transitioned to the Family Investment Program in state fiscal year 1994. Policy changes in the areas of income incentives, asset limits, and eligibility for two-parent families were implemented October 1, 1993. In January 1994, the use of Family Investment Agreements, social contracts between families and the state, to outline work and training activities of the family through PROMISE JOBS began.

AGE REQUIREMENTS AND ELIGIBILITY

Eligibility factors include both non-financial and financial criteria. An example of a non-financial eligibility factor is that a child must be deprived of parental care or support due to the absence, death, incapacity or unemployment of a parent. Financial factors include income and resource limits.

SERVICES

The Family Investment Program (FIP), formerly known as Aid to Families with Dependent Children (ADC or AFDC), provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs as they take steps towards self-sufficiency.

MANDATED SERVICES

Personal Responsibility and Work Opportunity Reconciliation Act of 1996 Social Security Act, Title IV-A and Section 1115 Code of Iowa, Chapter 239 Iowa Administrative Code, 441–Chapters 7, 40-48, and 92.

COST

There are usually no costs associated with this program.

WHERE TO APPLY

Contact your local Department of Human Services office (see Appendix Q) to direct you to the nearest office.

RESPONSIBLE AGENCY

Iowa Department of Human Services

FAMILY PRESERVATION SERVICES

OVERVIEW OF PROGRAM

Family preservation provides highly intensive in-home service interventions to protect children and to prevent out-of-home placement of children. Services are tailored to meet the individual needs of families in crisis and consist of the following components: family skill development, therapy and counseling, restorative living skills development, social skills development, and psycho-social development.

AGE REQUIREMENTS AND ELIGIBILITY

Services are available without regard to income when the family has a child who is:

⇒ at imminent risk of out-of-home placement; or

⇒ in placement 7 days or less who could return home with highly intensive services.

SERVICES

Family preservation services are designed to complement an existing array of family-centered services and are distinguished by:

⇒ brief (45-day average) service duration;

⇒ caseloads of two to four families per worker;

⇒ 24-hour per day service response capabilities;

⇒ availability of funds that workers can use to purchase "hard" resources such as food, clothing, emergency shelter, and other time-limited assistance when such assistance would directly help prevent placement of the child.

Family preservation services enable DHS to intervene quickly and effectively in the kind of severe family crisis that often result in out-of-home placement.

LEGAL BASE

Chapter 234.6 and 232.71(13), Code of Iowa;
Public Law 96-272 (IV-B); and
Acts of the 1993 Iowa General Assembly.

COST

Not applicable

WHERE TO APPLY

Contact your local Department of Human Services office (see Appendix Q) to direct you to the nearest office.

RESPONSIBLE AGENCY

Iowa Department of Human Services

FAMILY FOSTER CARE

OVERVIEW OF PROGRAM

Family Foster Care provides 24-hour temporary care for children unable to remain in their own homes, while also offering services to families and children in order to implement plans for permanent placement. Permanency goals for children in foster care include reunification with family, placement with a relative or guardian, adoption, independence and long-term care.

AGE REQUIREMENTS AND ELIGIBILITY

Children less than 18 years of age and persons at least 18 years of age but less than 20 years of age who are attending high school, special education or GED classes, and placed in a licensed foster family. Children age 19 are eligible only if the Regional Administrator approves an exception.

The placement must be on the basis of a juvenile court order or a voluntary agreement between the child's parent or guardian (or the child, if age 18 or older) and the Department. Voluntary placements of children under age 18 are limited to 30 days. Eligibility for rehabilitative treatment services is determined by a Clinical Assessment and Consultation Team (CACT).

SERVICES

Family foster care services include counseling and therapy, social skills development, restorative living skills development, family skills development, behavioral management for children in therapeutic foster care, and supervision. Associated activities include social casework, court involvement, licensing and training, payment and recovery. Family foster care services are provided directly by the Department or they are purchased from private agencies. Family foster care includes three levels of care: basic, emergency, and treatment.

COST

Not applicable

WHERE TO APPLY

Contact your local Department of Human Services office (see Appendix Q) to direct you to the nearest office.

RESPONSIBLE AGENCY

Department of Human Services

FAMILY SUPPORT SUBSIDY PROGRAM

OVERVIEW OF PROGRAM

The Family Support Subsidy Program consists of a monthly cash payment made to families who have a child with a disability. The subsidy is meant to help keep families together by defraying some of the special costs of caring for a disabled child at home. As of 7/1/98, the subsidy amount is $329.34.

Examples of services and supports supported with subsidy funds include: respite care, recreation activities, special foods, parent training, transportation, adaptive equipment, insurance, educational toys, home or vehicle modification, camp, counseling. Families determine the needs of their child and access the services and supports to meet their needs.

AGE REQUIREMENTS AND ELIGIBILITY

⇒ The child must be **less than 18 years of age** and, by educational determination, have a moderate, severe, or profound **educational handicap** or **special health care need** or otherwise meet the definition of having a **developmental disability**.

⇒ The child must **live at home with their parent or guardian,** or if in an out-of-home placement, there must be a discharge plan for the child to return home in the next 60 calendar days.

⇒ The family must **live in Iowa**.

⇒ The family's **net (not gross) taxable income** for the calendar year immediately proceeding the date of application **must not exceed $40,000** unless it can be verified that their estimated taxable income for the year in which the application is made will be less than $40,000.

APPLICATION PROCEDURE

Families apply through the local Department of Human Services in the county in which they reside. The application consists of three parts: an application page, verification of disability form signed by the AEA or the child's physician, and income verification via your federal income tax form. The application page can be completed at home and is self-explanatory. However, if you need assistance in completing the application, ask to speak with a DHS social worker. The application must be submitted to the county DHS for eligibility determination and processing.

WAITING LISTS

Because of limited funds, at the present time, if a family is determined to be eligible for the subsidy, their name is placed on a statewide waiting list. Placement on the list is determined by the date the completed application is received in the local DHS office. Currently, 379 children are receiving the subsidy and several hundred children are on the statewide waiting list. *In spite of the lengthy waiting period, families are encouraged to apply to demonstrate the continued need for the subsidy program and increased funding to support all eligible families.*

If you have any questions about the Family Support Subsidy Program contact:

Julie Ingersoll, FSS Program Manager
Iowa Department of Human Services
Division of Adult, Children, and Family Services
Hoover State Office Building
Des Moines, IA 50319

51

Phone: (515) 281-4357 or contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

FOOD STAMP PROGRAM

OVERVIEW OF PROGRAM

The primary purpose of the Federal Food Stamp Program is to promote the general welfare and to safeguard the health and well-being of the Nation's population by raising levels of nutrition among low-income households. Increased use of food in establishing and maintaining adequate levels of nutrition fights hunger and malnutrition among members of low-income households. In addition, increased use of food, through the Food Stamp Program, promotes the distribution of the nation's agricultural abundance and strengthens the Nation's agricultural economy. The Food Stamp Program is operated through a cooperative Federal-State effort.

AGE REQUIREMENTS AND ELIGIBILITY

Eligibility factors include both non-financial and financial criteria. An example of a non-financial eligibility factor is that recipients must be residents of Iowa. Financial factors include income and resource limits.

SERVICES

The Food Stamp Program promotes the distribution of the nation's agricultural abundance and strengthens the Nation's agricultural economy.

MANDATED SERVICES

Personal Responsibility and Work
Opportunity Reconciliation act of 1996
Food Stamp Act of 1977, as amended
Code of Federal Regulations, Title 7
Code of Iowa, Chapter 234
Iowa Administrative Code, 441 – Chapter 65

COST

Usually no cost associated with this program.

WHERE TO APPLY

Local DHS office should be able to direct you to the nearest Food Stamp Office. (see Appendix Q)

RESPONSIBLE AGENCY

Iowa Department of Human Services

THE GOVERNOR'S DEVELOPMENTAL DISABILITIES COUNCIL

OVERVIEW OF PROGRAM

The Governor's Developmental Disabilities Council is a federally funded, independent state agency that advocates for the empowerment of people with developmental disabilities and a system of services and supports that is responsive to individuals and families. Council members develop and adopt positions and set policy for Council activities to plan, coordinate and fund a wide range of systems change initiatives. The Council strives to fulfill its planning and advocacy role in a manner that maximizes the personal power of individuals with developmental disabilities through information, training and support for involvement in the development of policy that affects their lives.

AGE REQUIREMENTS AND ELIGIBILITY

DD Council members are appointed by the Governor. One half of Council members are people with disabilities and family members. Other members represent service providers and state government in the areas of health, education, human rights, aging, healthcare and employment.

SERVICES

No direct services are provided.

MANDATED SERVICES

The Council has a mandate to promote the purpose of the federal DD Assistance and Bill of Rights Act through planning, advocacy, systems change and capacity building. The Council has no direct services mandate.

COST

None

WHERE TO APPLY

For questions or additional information, write or call The Governor's DD Council office, 617 East Second Street, Des Moines, Iowa 50309, (515) 281-9082 or 1-800-452-1936.

RESPONSIBLE AGENCY

Iowa Department of Human Services is the Council's designated state agency.

HEALTH INSURANCE PREMIUM PAYMENT (HIPP) PROGRAM
FOR MEDICAID RECIPIENTS

OVERVIEW OF PROGRAM
The Health Insurance Premium Payment (HIPP) program is a Medicaid (also known as Title XIX) program that pays for the cost of premiums, co-insurance and deductibles, up to the Medicaid reimbursement rate. The program pays for private health insurance for Medicaid-eligible persons when it is determined to be cost effective (i.e., it costs less to buy health insurance to cover medical care than to pay for the care with Medicaid funds). HIPP does not pay co-insurance or deductibles for the members of the household who are not Medicaid eligible.

AGE REQUIREMENTS AND ELIGIBILITY
To be eligible for HIPP, families or households must have a family member who receives Medicaid benefits. Members of the family who are not eligible for Medicaid will be covered under the private health insurance plan when the Department of Human Services (DHS) determines that buying a family plan for the Medicaid-eligible persons is cost-effective. DHS pays for family coverage only when that is the only way the Medicaid-eligible family members - usually children - can be insured. If the employer offers options where the employee can select from various coverage options (i.e., employee only, employee + spouse, employee + children, or family), DHS would not pay the family premium if the goal is to secure only coverage for the children. For that purpose, DHS would pay only for an employee + children option.

DHS establishes the average amount of Medicaid that is spent on a household similar to the family of the Medicaid eligible person. DHS also considers the specific health-related circumstance of the household. The expected Medicaid payments for the household are compared to the services covered under the health insurance policy and the cost of the premiums, co-insurance and deductibles. If the cost of the insurance is less than what DHS would spend in Medicaid for those same services, the insurance policy is cost-effective.

If DHS has determined that the group health insurance available through an employer is cost-effective, employees are required to participate in the plan as a condition of Medicaid eligibility. Failure to enroll in the plan when notified by DHS to do so, or failure to provide information necessary to determine cost effectiveness, may result in cancellation of Medicaid benefits.

Enrollment in a plan that is not a group health insurance plan through an employer is not required. However, if it is determined cost-effective, DHS will pay the cost of premiums, co-insurance and deductibles of non-group health plans, if participation is desired.

DHS will continue to pay for private health insurance as long as recipients are eligible for Medicaid and as long as it is determined to be cost-effective. DHS will regularly review the policy for increases in the cost of premium changes in covered services or changes in members covered under the policy.

SERVICES
HIPP provides payment for private health insurance coverage. DHS will not find health insurance for clients. Health insurance must be available through an employer, an organization of which one is a member, a labor union, a credit union, a church affiliation, or a personal policy in which one wishes to enroll. A family wishing to participate in HIPP must notify DHS of the availability of the insurance.

MANDATED SERVICES
Not applicable

COST
Coverage is provided at no cost to the family

WHERE TO APPLY
Contact the income maintenance worker at the local county office of the Iowa Department of Human Services listed in Appendix Q. An application form is included on the back page of the HIPP brochures.

RESPONSIBLE AGENCY
Iowa Department of Human Services

EPSDT CARE FOR KIDS PROGRAM
EARLY AND PERIODIC SCREENING, DIAGNOSIS AND TREATMENT

OVERVIEW OF PROGRAM

The EPSDT *Care for Kids* program is designed to increase the number of Medicaid eligible children achieving and maintaining optimal health. This program's emphasis is on early and continuous screening, diagnosis and treatment to detect or prevent diseases. Families can receive support from an EPSDT *Care for Kids* care coordinator in their community to deal with the important issues of health care for their children. The care coordinator works with families to see that their children get good preventive health services - screening, diagnosis, and treatment. Care coordinators help families find appropriate community resources, overcome barriers as they negotiate the health care system, monitor each child's progress through the system, and enable families to become more effective health care consumers. Call the Healthy Family Line at 1-800-369-2229 to get the name and telephone number of the care coordinator in your area.

AGE REQUIREMENTS AND ELIGIBILITY

EPSDT *Care for Kids* services are available to persons under the age of 21 who are eligible for Medicaid (see page 64). Parents must be informed about EPSDT *Care for Kids* services within 60 days of a family or child becoming eligible for Medicaid services. All Medicaid eligible children are automatically enrolled in the EPSDT *Care for Kids* program, but the decision to obtain a particular screen is voluntary. The availability of the EPSDT *Care for Kids* program is discussed with the payee for any Medicaid-eligible child under the age of 21 at the time of initial application and periodically thereafter, but no less often than at the time of the regular annual review. Entry into the EPSDT *Care for Kids* program can be at any time the child is eligible for Medicaid.

SERVICES

Screening includes:

- a comprehensive health and developmental history, including assessment of physical and mental development. This will include a developmental assessment and an assessment of nutritional status.
- a comprehensive unclothed physical examination including assessment of physical growth; physical inspection including ear, nose, mouth, throat, teeth, and all organ systems such as pulmonary, cardiac and gastrointestinal systems.
- appropriate immunizations according to age and health history as recommended by the Vaccine for Children Program.
- health education including anticipatory guidance.
- appropriate laboratory tests including hematocrit or hemoglobin; rapid urine screening; blood lead testing for all children ages 12 to 72 months; tuberculin test, when appropriate; hemoglobinopathy screening, when appropriate; serology, when appropriate.
- dental referral for screening of children over 12 months.

Screening may be done at a child health center, by a private physician or by other qualified personnel. Other qualified personnel include family and pediatric nurse practitioners, rural health centers, and federally qualified health centers, clinics and dentists. All physicians in Iowa are currently considered EPSDT *Care for Kids* providers if they accept Medicaid reimbursement. The payee of a Medicaid eligible child may utilize a provider of choice. (Appendix R identifies the recommended ages for screening visits.)

Diagnosis: If the screening indicates a need for further evaluation, a referral for diagnosis is made, and the child receives a complete diagnostic evaluation. Diagnosis may also be a part of the screening process.

Treatment: Needed treatment will be provided by a health care professional which may be a physician, child health center or facility qualified to evaluate, diagnose and treat a child's health problems. Services may be available which are not a benefit under the State's Medicaid program.

MANDATED SERVICES

Every recipient under age 21 is included in the program. The client may choose whether or not to use the program.

COST

There is no cost for EPSDT *Care for Kids* services.

WHERE TO APPLY

To apply for Medicaid, contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY

Iowa Department of Human Services

55

HOME AND COMMUNITY-BASED SERVICES
AIDES/HIV WAIVER

OVERVIEW OF PROGRAM

The AIDS HIV waiver program is a Medicaid (Title IX - program designed to maintain an eligible child in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services to groups of persons with disabilities, the Federal government must "waive" certain Medicaid regulations.

AGE REQUIREMENTS AND ELIGIBILITY

A child who meets the following criteria may be eligible:

- The child has tested positive for HIV or has been diagnosed as having Acquired Immune Deficiency Syndrome (AIDS).
- The child is in need of long-term care services that would otherwise be provided in a hospital or nursing facility.
- The child must be eligible for Medicaid and have individual resources of no more than $2,000 and a monthly income no greater than $1,482.
- The waiver services must also be: (1 necessary; (2 available; and (3 cost-effective, when compared to institutional care.

SERVICES

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home. Waiver services which may be provided include:

Respite: short-term relief in the absence of the family or guardian. Respite care may be provided by a foster care provider, a home health aide agency, a home care agency, camp, or an agency certified to provide respite care under the MR waiver program.

Nursing: in-home medical services provided by licensed nurses.

Home Health Aide: unskilled medical services providing direct or personal care.

Homemaker: includes essential shopping for basic need items such as food, clothing, personal care items or drugs; limited housecleaning and meal preparation.

Homemaker service is not "hands on" personal care.

Consumer - Directed Attendant Care: basic activities of daily living the consumer would do for his/her self if others were able; supervised by parent or guardian. Does not provide child care or supervision.

MANDATED SERVICES

One unit of any service is required per month.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Department of Human Services listed on Appendix Q. How to apply:

1. Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the AIDS HIV waiver program.
2. A physician must confirm a diagnosis of AIDS HIV.
3. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). The child's physician will be asked to prepare a recent medical summary, and the IFMC will also review information from various agencies working with the eligible child. The decision on the level of care is a very important factor affecting eligibility for services.
4. Waiver services must be determined by DHS to be necessary and available.
5. A physician must approve the DHS worker's plan of care for home care with the waiver services.
6. The local DHS Income Maintenance and Social Workers will assist applicants through the eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services

BEST COPY AVAILABLE

HOME AND COMMUNITY-BASED SERVICES
BRAIN INJURY WAVIER

OVERVIEW PROGRAM

The Brain Injury Waiver program is a Medicaid program designed to maintain an eligible child in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services to groups of persons with disabilities; the Federal government must "waive" certain Medicaid regulations.

AGE REQUIREMENTS AND ELIGIBILITY

⇒ age 30 days to adult
⇒ be a resident of a medical facility and have been for a minimum of 30 days at the time of application
⇒ have a diagnosis of brain injury
⇒ be determined by IFMC as in need of ICF/MR skilled nursing or ICF level of care
⇒ be able to have their medically necessary needs met in the community setting at a rate that is cost effective for institutional care
⇒ be eligible for Medicaid and have individual resources of no more than $2,000 and a monthly income of no greater than SI482.

SERVICES

⇒ Case management
⇒ Supported community living
⇒ Respite
⇒ Supported employment
⇒ Home and vehicle modification
⇒ Personal emergency response
⇒ Transportation
⇒ Specialized medical equipment
⇒ Adult day care
⇒ Family counseling and training
⇒ Prevocational services
⇒ Behavioral programming
⇒ Consumer - directed attendant care

MANDATED SERVICES

Case management must be accessed at least once each quarter.

COST

Services provided at no cost to the family. Families will need to contribute any applicable third party payments (insurance) to the cost of waiver services. Medicaid pays only that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local DHS office (Appendix Q). This must be done while the child is a resident of a medical facility (Hospital, ICF/MR, SNF, ICF), and after they have been for 30 days but before the child is discharged from the facility. Child must have a diagnosis of brain injury, must be certified by IFMC at an institutional level of care, and must have a provider willing to serve them on the waiver. Waiver services must be necessary and available. The case management agency for the consumers county of residence will convene an interdisciplinary team meeting and develop with the team a care plan for the consumer.

RESPONSIBLE AGENCY

Iowa Department of Human Services

TITLE XIX HOME AND COMMUNITY-BASED SERVICES (HCBS) ILL AND HANDICAPPED WAIVER

OVERVIEW OF PROGRAM

The Ill and Handicapped waiver program is a Medicaid (Title XIX) program designed to return or maintain an eligible child or adult in his or her home or community. Medicaid is health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services, the federal government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

A child who meets the following criteria may be eligible:

- ⇒ The child is blind or disabled as determined by the regional Social Security office. (The family may request this determination be coordinated by the Department of Human Services.)
- ⇒ The child qualifies for care normally provided in a medical institution (i.e. intermediate care facility for the mentally retarded (ICF-MR), skilled nursing facility(SNF), nursing facility (NF). See Appendix for definitions.)
- ⇒ The child has individual resources of no more than $2,000 and a monthly income no greater than $1,482.
- ⇒ The child is otherwise ineligible for Medicaid because of individual income or resources.
- ⇒ The child is not eligible for SSI because of parents' income or resources.

The waiver services must also be: 1) necessary; 2) available; and 3) cost effective, when compared to institutional care. The Ill and Handicapped Waiver serves 700 slots per waiver year. Individuals who apply are initially put on a waiting list if the slots are full. The waiver year is November 1st to October 31st of each year.

SERVICES

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home. Respite care may be provided by a foster care provider, an agency certified to provide respite care under the MR-waiver program, a Medicare-certified home health agency, an approved home care agency or a camp. The provider must be enrolled with Consultec to provide respite through the Ill and Handicapped Waiver. Waiver services which may be provided include:

1. Homemaker services: essential shopping for basic need items, such as food, clothing personal care items, or drugs; limited housecleaning and meal preparation. Homemaker service is not "hands on" personal care.
2. Respite services: temporary care to a child or adult to provide relief to the usual care giver (parent, spouse, or live-in companion). Respite providers must provide all the care the usual care giver would provide. A unit of respite service is either one 24-hour day for out-of-home respite care, one four-to-eight hour day for in-home respite provided by a home health agency, or one hour provided by an MR-waiver respite provider.
3. Home Health Aide services. Not applicable for children. Home health aide services are available to persons age 20 and under through regular Medicaid or through EPSDT.
4. Consumer directed attendant care (CDAC):

Consumer directed attendant care services are service activities performed by a person to help a consumer with self-care tasks which the consumer would typically do independently if the consumer were otherwise able. The service activities may include helping the consumer with any of the following nonskilled service activities:

- ⇒ Dressing.
- ⇒ Bath, shampoo, hygiene, and grooming.
- ⇒ Access to and from bed or a wheelchair, transferring, ambulation, and mobility in general. It is recommended that the provider receive certification of training and return demonstration for transferring. Certification for this is available through the area community colleges.
- ⇒ Toilet assistance, including bowel, bladder, and catheter assistance. It is recommended that the provider receive certification of training and return demonstration for catheter assistance. Certification for this is available through the area community college.
- ⇒ Meal preparation, cooking, eating and feeding, but not the cost of the meals themselves.
- ⇒ Housekeeping services which are essential to the consumer's health care at home.
- ⇒ Medications ordinarily self-administered, including those ordered by a physician or other qualified health care provider. It is recommended that the provider successfully complete a medication aide course administered by an area community college.
- ⇒ Wound care.
- ⇒ Employment support.
- ⇒ Cognitive assistance with tasks such as handling money and scheduling.
- ⇒ Fostering communication through interpreting and reading services as well as assistive devices for communication.
- ⇒ Transportation essential to the health and welfare of the consumer.

BEST COPY AVAILABLE

(NOTE: If the child has a primary diagnosis of mental retardation, consider applying for the Home and Community-Based Mentally Retarded (HCBS-MR) waiver, also referred to as the "MR waiver" (see page 66-68). The MR waiver does not have a waiting list.)

MANDATED SERVICES

At a minimum, a consumer must receive a unit of homemaker service, or CDAC services, respite service each quarter.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of the waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

How to apply:

1. Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the Ill and Handicapped waiver program. Enrollment in the waiver program is limited to 700 individuals. If a child might qualify, an application should be filled out as soon as possible. The initial application will be rejected if no slots are available. A waiting list is compiled based on the date of application to the local DHS office.
2. Apply to the local Social Security Office for Supplemental Security Income (SSI), if you have not all ready done so (see Appendix U). The blind or disabled might be denied SSI benefits, due to parental or spousal income and resources, but must be determined disabled to be eligible for the waiver program. The denial of SSI benefits must be in writing and sent to the program. The denial of SSI benefits must be in writing and sent to the Department of Human Services. The DHS office will also determine if the child is eligible for Medicaid under any other programs. If the denial of SSI benefits does not include a disability determination, ask the IM worker to submit a request for a disability determination. Because Social Security is allowed 155 days to process a determination, completing the disability determination at this time will speed up the application process.
3. Applicants will be notified when there is an opening in the waiver program for the child, at which time they will be asked to reapply. This second application requires the aid of both an IM worker and a social worker (for service assessment).
4. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). A DHS worker will request the level of care determination be made. The child's physician will be asked to prepare a recent medical summary, and the IFMC will also review information from various agencies working with the eligible child. The decision on the level of care is a very important factor affecting eligibility for services.
5. Waiver services must be determined by DHS to be necessary and available.
6. A physician must approve the home care with the waiver services. The physician approves the waiver services by signing the plan of care provided by the DHS social worker.
7. The local DHS Income Maintenance, Social Workers and Child Health Specialty Clinics will assist applicants through the income maintenance, level of care and services eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services

HOME AND COMMUNITY-BASED SERVICES
MR WAIVER

OVERVIEW OF PROGRAM

The Mentally Retarded waiver, or "MR Waiver" program is a Medicaid (Title XIX) program designed to maintain an eligible individual in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services, the Federal Government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

No age requirement. A person must be 18 years old to get supported employment services. Children may be eligible if:

1. The child has a primary diagnosis of mental retardation.
2. The child does not currently reside in a nursing facility.
3. The child is in need of long-term care services that would otherwise be provided by an Intermediate Care Facility for the Mentally Retarded (ICF-MR).
4. The child must be eligible for Medicaid and have individual resources of no more than $2,000 and a monthly income no greater than three times the current Supplemental Security Income
7. Personal Emergency Response System: an electronic device connected to a 24-hour staffed system which allows the child to access assistance in the event of an emergency.
8. Consumer Directed Attendant Care (CDAC) assistance with self care tasks.

SERVICES

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home. Waiver services which may be provided include:

1. Supported Community Living: services to assist the child with daily living needs including, but not limited to advocacy, community skills, personal needs, transportation and treatment.
2. Respite: short-term relief in the absence of the family or guardian. Respite care may be provided by a foster care provider or an agency certified to provide respite care under the waiver program. A child may receive up to 576 hours of respite per year with a maximum of 336 hours (2 weeks) per month.
3. Supported Employment: Not applicable.
4. Home and Vehicle Modifications: physical modifications to the home and or vehicle to assist with the health, welfare, and safety of the child to increase or maintain independence.
5. Nursing: in-home medical services provided by licensed nurses (beyond coverage provided under *Care for Kids*.)
6. Home Health Aide: unskilled medical services providing direct or personal care (beyond coverage provided under the EPSDT *Care for Kids* program).
7. Personal Emergency Response System: an electronic device connected to a 24-hour staffed system which allows the child to access assistance in the event of an emergency.
8. Consumer Directed Attendant Care (CDAC) assistance with self care tasks.

MANDATED SERVICES

A child eligible for MR waiver services will receive Medicaid Case Management services and will have a services plan developed annually. A child eligible for waiver services must, at a minimum, receive Supported Community Living services, Respite services, or consumer directed attendant care.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q. How to apply:
Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the MR-Waiver program.

1. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). The IFMC will review information from various agencies working with the eligible child. A functional assessment tool is completed for the child. The decision on the level of care is a very important factor affecting eligibility for services.
2. Waiver services must be determined by DHS to be necessary and available.
3. The local DHS Income Maintenance and Social Workers will assist applicants through the eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services

CO

BEST COPY AVAILABLE

LONG-TERM CARE PROGRAM

OVERVIEW OF PROGRAM
Medical institutional care is provided for those children whose parents are unable to keep them at home.

AGE REQUIREMENTS AND ELIGIBILITY
Anyone needing a Medicare-certified Skilled Nursing Facility (SNF) Care or an Intermediate Care Facility for the Mentally Retarded (ICF/MR) and meeting income and resource criteria may qualify. (See Appendix S for definitions of SNF, ICF/MR.)

SERVICES
Eligible persons are placed in a state institution, a community-based ICF/MR, or other medical institution for as long as the child qualifies.

MANDATED SERVICES
Not applicable

COST
There is no parental liability. Clients with income over a certain level contribute to the cost of care.

WHERE TO APPLY
Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY
Iowa Department of Human Services

HOME AND COMMUNITY-BASED SERVICES
MR WAIVER

OVERVIEW OF PROGRAM

The Mentally Retarded waiver, or "MR Waiver" program is a Medicaid (Title XIX) program designed to maintain an eligible individual in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services, the Federal Government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

No age requirement. A person must be 18 years old to get supported employment services. Children may be eligible if:

1. The child has a primary diagnosis of mental retardation.
2. The child does not currently reside in a nursing facility.
3. The child is in need of long-term care services that would otherwise be provided by an Intermediate Care Facility for the Mentally Retarded (ICF-MR).
4. The child must be eligible for Medicaid and have individual resources of no more than $2,000 and a monthly income no greater than three times the current Supplemental Security Income.
7. Personal Emergency Response System: an electronic device connected to a 24-hour staffed system which allows the child to access assistance in the event of an emergency.
8. Consumer Directed Attendant Care (CDAC) assistance with self care tasks.

SERVICES

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home. Waiver services which may be provided include:

1. Supported Community Living: services to assist the child with daily living needs including, but not limited to, advocacy, community skills, personal needs, transportation and treatment.
2. Respite: short-term relief in the absence of the family or guardian. Respite care may be provided by a foster care provider or an agency certified to provide respite care under the waiver program. A child may receive up to 576 hours of respite per year with a maximum of 336 hours (2 weeks) per month.
3. Supported Employment: Not applicable.
4. Home and Vehicle Modifications: physical modifications to the home and or vehicle to assist with the health, welfare, and safety of the child to increase or maintain independence.
5. Nursing: in-home medical services provided by licensed nurses (beyond coverage provided under *Care for Kids*.)
6. Home Health Aide: unskilled medical services providing direct or personal care (beyond coverage provided under the EPSDT *Care for Kids* program).
7. Personal Emergency Response System: an electronic device connected to a 24-hour staffed system which allows the child to access assistance in the event of an emergency.
8. Consumer Directed Attendant Care (CDAC) assistance with self care tasks.

MANDATED SERVICES

A child eligible for MR waiver services will receive Medicaid Case Management services and will have a services plan developed annually. A child eligible for waiver services must, at a minimum, receive Supported Community Living services, Respite services, or consumer directed attendant care.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q. How to apply:
Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the MR-Waiver program.

1. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). The IFMC will review information from various agencies working with the eligible child. A functional assessment tool is completed for the child. The decision on the level of care is a very important factor affecting eligibility for services.
2. Waiver services must be determined by DHS to be necessary and available.
3. The local DHS Income Maintenance and Social Workers will assist applicants through the eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services

BEST COPY AVAILABLE

LONG-TERM CARE PROGRAM

OVERVIEW OF PROGRAM
Medical institutional care is provided for those children whose parents are unable to keep them at home.

AGE REQUIREMENTS AND ELIGIBILITY
Anyone needing a Medicare-certified Skilled Nursing Facility (SNF) Care or an Intermediate Care Facility for the Mentally Retarded (ICF/MR) and meeting income and resource criteria may qualify. (See Appendix S for definitions of SNF, ICF/MR.)

SERVICES
Eligible persons are placed in a state institution, a community-based ICF/MR, or other medical institution for as long as the child qualifies.

MANDATED SERVICES
Not applicable

COST
There is no parental liability. Clients with income over a certain level contribute to the cost of care.

WHERE TO APPLY
Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY
Iowa Department of Human Services

TITLE XIX MEDICAL ASSISTANCE (MEDICAID)

OVERVIEW OF PROGRAM

Medicaid is a federal/state program administered in Iowa by the Department of Human Services. The program pays for covered medical and health-related services. It has been described as an insurance plan for eligible low-income individuals, families, and children in Iowa and is the main source of public financing for eligible, low income health services.

AGE REQUIREMENTS AND ELIGIBILITY

A child or family must qualify for one of the program categories for children listed below to become eligible for Medicaid.

- ⇒ Family Investment Program* (FIP)-Related Medicaid – This coverage area includes various programs with differing financial and non-financial eligibility criteria. These programs provide Medicaid coverage both to children from birth through age 21 and to pregnant women of any age who are ineligible for FIP. *(Formerly Aid to Families with Dependent Children - AFDC) (See page 45 for more information.)
- ⇒ Supplemental Security Income (SSI) – This program provides financial assistance to anyone who has limited income or resources and meets specific disability requirements. (See page 84)
- ⇒ Medically Needy Program – This Medicaid program is for certain persons who are either aged, blind, disabled or have dependent children; or the dependent child who has income or resources too high to qualify for FIP or SSI. Households with incomes over a "Medically Needy Income Level" may be conditionally eligible for benefits after incurring a "spenddown" (deductible). (See page 67 for more information.)
- ⇒ Home and Community-Based Service Programs (HCBS) – The HCBS – The HCBS waiver programs are for people who otherwise must enter or remain in institutions to qualify for Medicaid because they do not meet financial guidelines for Supplemental Security Income (SSI) or other programs that provide Medicaid coverage. (See pages 55 - 62 for more information.)
- ⇒ Foster Care Services – Children placed in a family foster home, group home, residential treatment facility or an independent living situation generally qualify for Medicaid services. (See page 47 for more information.)
- ⇒ Subsidized Adoption – This program provides financial assistance to adoptive parents of children with special needs who otherwise might not be adopted due to their age, race, disability or need to be placed as a sibling group. Children on subsidies are eligible for Medicaid. (See page 37 for more information.)
- ⇒ Long Term Care – A child who meets SSI disability criteria and is placed in a medical institution (i.e., hospital, nursing facility or other specialized treatment facility) can generally become eligible for Medicaid payment regardless of parental income if he or she is institutionalized for at least a full calendar month. (See page 63 for more information.)

Medicaid is a federal-state entitlement program. Each state designs and administers its own Medicaid program within broad federal guidelines. Certain services must be included in a state's Medicaid program and are designated as mandatory services. Other services may be included in the State's Medicaid program and are designated as optional services. Both mandatory and optional services may receive federal funding.

SERVICES

Medicaid recipients have a choice regarding their health care services. They may choose the doctor, dentist, pharmacy or the providers of services. However, the providers of services also may choose

whether or not they wish to participate in the program. For Medicaid to provide payment for services, the Medicaid recipient must access a provider who is enrolled in the Medicaid program. Managed health care is provided in designated counties in Iowa. In those counties, Medicaid recipients choose a Medipass physician or a Health Maintenance Organization (HMO). Medicaid covers the following services or providers:

⇒ ambulance services
⇒ maternal health centers
⇒ ambulatory surgical centers
⇒ medical & osteopathic physicians
⇒ area education agencies
⇒ medical equipment, supplies, and appliances (including hearing aids and orthopedic shoes)
⇒ audiologists
⇒ birth centers
⇒ medical equipment and supply dealers
⇒ certified registered nurse anesthetists
⇒ nurse midwives
⇒ chiropractors
⇒ opticians
⇒ community mental health centers
⇒ optometrists
⇒ dentists
⇒ podiatrists
⇒ family & pediatric nurse practitioners
⇒ prescribed drugs
⇒ family planning clinics
⇒ psychiatric facilities for people age 65 and over and for under age 21*
⇒ federally qualified health centers
⇒ genetic consultation centers
⇒ psychologists & physical therapists practicing independently
⇒ hearing aid dealers
⇒ home health agencies
⇒ rehabilitation screening
⇒ hospitals
⇒ independent laboratories
⇒ intermediate & skilled nursing facilities (not covered for medically needy)
⇒ intermediate care facilities
⇒ intermediate care facilities for mentally retarded

*Persons in psychiatric facilities between age 21 and 65 may be eligible for Medicaid payment for Medicare Premiums, deductible and co-insurance.

COST

Services that are optional (such as dental services and prescription drugs) may require patients to share some of the costs for the service(s) received. This cost-sharing is called a co-payment. Persons under the age of 21 are exempt from the co-payment requirement. When a patient has insurance, Medicaid pays for only that portion of the medical expenses that insurance does not cover. Medically needy program recipients may have a spenddown to meet before Medicaid eligibility is granted. For such recipients, the spenddown amount is their obligation and is not part of the co-payment cost-sharing.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY

Iowa Department of Human Services

MEDICAID FOR MOTHERS AND CHILDREN (MAC)

OVERVIEW OF PROGRAM

This program provides Medicaid coverage to families with income levels below certain federal poverty levels to ensure pregnant women access to adequate prenatal and postpartum care. Additionally, the program works to ensure young children easy access to medical care, including preventive services.

AGE REQUIREMENTS AND ELIGIBILITY

Families may be eligible if they meet one of the following criteria:

1. Pregnant women and infants (under one year of age) whose family income or resources are more than the Family Medical Assistance Program (FMAP) limits, but whose family income does not exceed 185% of the federal poverty level and whose family income or resources do not exceed $10,000.
2. Children, age one through eighteen years, whose family income or resources are more than the FMAP limits but whose family income does not exceed 133% of the federal poverty level and whose family resources do not exceed $10,000.

SERVICES

If one of the above criteria are met, children and pregnant women may be eligible for Medicaid (Title XIX) coverage. (See page 64). Medicaid covered services may be received from any Medicaid provider.

Pregnant women determined Medicaid eligible may remain eligible throughout their pregnancy and may qualify for an additional 60 days of postpartum eligibility. Children may receive Medicaid coverage for as long as the family meets all eligibility criteria.

MANDATED SERVICES

Not applicable

COST

There is no cost to the family for Medicaid covered services.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY

Iowa Department of Human Services

MEDICALLY NEEDY

OVERVIEW OF PROGRAM

The Medically Needy program is designed to provide medical assistance for persons who have income or resources that are too high to qualify for the Family Medical Assistance Program (FMAP) or Supplemental Security Income (SSI) but have income that is not enough to meet their medical expenses.

AGE REQUIREMENTS AND ELIGIBILITY

Anyone under the age of 21 (including unborn children), pregnant women, and adults who care for dependent children under age 18, or 19 if still in school, (a parent, incapacitated step-parent, aunt, uncle, or grandparent) may be eligible if he/she would be eligible for FMAP or child medical assistance except that the family's countable income or resources exceed limits.

Anyone, regardless of age, may be eligible if he/she would be eligible for SSI except that his/her income or resources exceed limits. To qualify for SSI, the person must be over age 65, be blind, or be disabled with a physical or mental impairment which has lasted or is expected to last a continuous period of at least 12 months.

More information may be obtained from the county office of the Iowa Department of Human Services (see Appendix Q). Resources and income must be within certain limits.

SERVICES

Medicaid (Title XIX) coverage for basic health care services is provided (see page 64). The medically needy program does not cover:

- ⇒ care in an intermediate care facility, including those for the mentally retarded;
- ⇒ care in an institution for mental illness;
- ⇒ care in a skilled nursing facility;
- ⇒ rehabilitative treatment services.

MANDATED SERVICES

Not applicable

COST

For those households whose total net countable income exceeds the Medically Needy Income Level (MNIL), a "spenddown" amount is determined. The family's unpaid medical expenses, or medical expenses incurred during the certification period, may be used to meet the spenddown. During the months for which a person is certified, covered medical services other than those medical expenses used to meet the spenddown, will be paid by Medicaid for the portion that third-party insurance does not cover.

A small part (co-payment) of the provider's service charge may be charged to the family. Except for the spenddown obligation, if applicable, and co-payments, there is no additional charge to the family.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q.

RESPONSIBLE AGENCY

Iowa Department of Human Services

67

PRESUMPTIVE MEDICAID ELIGIBILITY

OVERVIEW OF PROGRAM

Presumptive Medicaid Eligibility is a program designed to allow pregnant women to receive Medicaid coverage for ambulatory medical care while a formal Medicaid eligibility determination is being made by the Department of Human Services (DHS).

AGE REQUIREMENTS AND ELIGIBILITY

Pregnant women, regardless of age, with net countable income at or below 185% of the Federal poverty level and countable resources of less than $10,000 may be eligible.

Note: If the individual fails to file a formal Medicaid application, coverage is discontinued on the last day of the month following the month presumptive eligibility was determined.

SERVICES

Pregnant women who have been determined to be presumptively eligible for Medicaid are eligible for ambulatory medical services. Inpatient hospital services and services associated with delivery of the baby are not covered until the pregnant woman has been formally determined Medicaid eligible by DHS.

MANDATED SERVICES

Not applicable

COST

There is no cost to recipients for services provided.

WHERE TO APPLY

Presumptive Medicaid eligibility is determined by selected medical providers who meet federal requirements and who are authorized by the DHS. In Iowa, authorized providers are primarily Maternal and Child Health Centers (MCHC). To locate the nearest MCHC call 1-800-383-386 or see Appendix K.

RESPONSIBLE AGENCY

Iowa Department of Human Services

PROMISE JOBS AND THE FAMILY INVESTMENT AGREEMENT (FIA)

OVERVIEW OF PROGRAM

PROMISE JOBS was implemented on July 1, 1989. The goal of the program is to increase the availability of employment and training activities which take into account the families' needs and the participants' skills, experience and goals, while resulting in the family attaining long-term economic self-sufficiency in the shortest possible length of time.

AGE REQUIREMENTS AND ELIGIBILITY

FIP participants are eligible for PROMISE JOBS, FaDSS and Enterpreneurial Training. Food Stamp program participants, not receiving FIP, are eligible for FSET.

SERVICES

PROMISE JOBS provides for or allows the following service components and activities:

- ⇒ Assessment
- ⇒ Job Club
- ⇒ Work Experience
- ⇒ High School Completion
- ⇒ Adult Basic Education (ABE)
- ⇒ English as a Second Language (ESL)
- ⇒ Post-Secondary Classroom Training
- ⇒ Mentor Program Pilot
- ⇒ Individual Job Search
- ⇒ Unpaid Community Service
- ⇒ Full-time or Part-time Employment
- ⇒ Parenting Classes
- ⇒ On-the-job Training
- ⇒ Family Development
- ⇒ Family Planning Counseling Services

MANDATED SERVICES

Social Security Act, Titles IV-A and Section 1115
Code of Federal Regulations, Title 45
Code of Iowa, Chapter 217.11 - 217.12 and 249C
Iowa Administrative Code, Chapters 41, 42, 93 and 165

COST

There is usually no cost associated with this program.

WHERE TO APPLY

Your local Department of Human Services office (see Appendix Q) to direct you to the nearest office of the Iowa Workforce Development.

RESPONSIBLE AGENCY

Iowa Department of Human Services

69

TRANSITIONAL CHILD CARE

OVERVIEW OF PROGRAM

Child care financial assistance is provided to families who are no longer receiving benefits under the Family Investment Program (FIP)*.

*Formerly Aid to Families with Dependant Children (AFDC).

AGE REQUIREMENTS AND ELIGIBILITY

Families are eligible when they have lost FIP due to increased income from employment, receipt of child support, or voluntary cessation of FIP benefits. Families are eligible without regard to income. Eligibility is for 24 months. Children up to age 13 are eligible for services. Children with special needs are eligible up to age 19.

SERVICES

Child care services are authorized by a DHS Income Maintenance Worker. Parents may choose from a licensed child care center, a facility exempt from licensing, a registered family or group day-care home, relative care, or a nonregistered family day-care home or in-home care provider who certifies compliance with basic health and safety requirements.

MANDATED SERVICES

Transitional Child Care is an entitlement program.

COST

A parent fee is required based on family size and monthly gross income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix Q. Ask to speak with the Income Maintenance Worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services

insurance

INSURANCE

Until major health concerns arise, few individuals are aware of the coverage they have under their current health care insurance plan. To receive maximum benefits from health care coverage, policy holders should become knowledgeable concerning services covered under their current policy. Insurance is a contract established between the purchaser (either an individual or an employer on a group basis) and the insurance company. The policy stipulates the agreement reached on provision of services and guarantees the coverage. Policy holders have a certain responsibility to uphold their part of the agreement as does the insurer to respond efficiently and effectively to any claims received by its claims center. The State Insurance Commissioners Office is responsible for monitoring all contracts written or sold within the state. Before making a job change, employees need to become aware of the different types of insurance programs and the services they provide.

Policy holders need to learn the identity of their insurance agent or employee benefits representative.

⇒ Know the policy number and enrollment code and include them with any inquiry.

⇒ Read the current policy or the policy under consideration.

⇒ Get information in writing from the insurance agent about the insurance policy. (see Appendix T & U)

⇒ Keep a record of all phone calls, including date, time, person, and content of the conversation.

To describe all the different plans and policies which are available is impossible. Some will have the maximum coverage possible while others are very minimal.

To determine if one's current policy or a policy under consideration is adequate to meet the needs of specific children and families, a description of terms and plans (private insurance, self-purchased insurance, self-insured or self-funded insurance, Health Maintenance Organizations (HMO's), Preferred Provider Organizations (PPO's) and the Iowa Comprehensive Health Plan, appear on the following pages to give an overview of what is available. The Principal Financial Group and Wellmark, (i.e. Blue Cross/Blue Shield of Iowa) provide specific programs which also may be available to those who carry their insurance plan.

INSURANCE TERMS

Policy holders need to understand the following insurance terms when evaluating their current policy or considering changing policies.

Riders – A rider may be attached to an insurance policy determining which services will or will not be covered. A policy with a rider may increase premiums, but it can also increase the coverage for a special health needs child. Riders are usually added if the child was not insured during the time of open enrollment or is on a self-purchased individual policy. Riders are written to protect insurance companies from high risk individuals. Be certain that you understand whether a rider means your coverage has been increased or whether coverage for the special condition has been excluded.

Benefit Limitations - Some policies have a limit on the amount the insurance company will pay. When the limit (cap) on a policy has been reached, the individual may be dropped from insurance coverage. Certain services may also be limited as to the amount of coverage. Since, in most cases, coverage is provided and usually chosen by the employer and union, employers and union representatives must be informed of the future needs of an employee's child/family.

Prior Authorization - Some policies require prior authorization for services which are not considered an emergency. Policy holders may be responsible for paying the total amount for the service if they do not receive prior authorization. Insurance companies provide information on prior authorization when they issue a policy. An employer or health care provider can contact the insurance company to support a request.

Cost Sharing - Every policy has a premium which is paid by an employer or individual. In most instances, a deductible amount must be paid by the individual before the insurance company begins to help cover the cost for medical care. Co-payments are made by the insured person and the insurance company. This may be 20 percent paid by the insured person and 80 percent by the insurance company. Each policy is different and pays differently for outpatient and in-patient services. Outpatient services for health care may include physician visits or clinic visits. In-patient services are provided in a hospital.

Pre-existing Condition - When individuals apply for coverage, any health problem they or a family member may have is considered to be a pre-existing condition. Under recent insurance reforms, individuals have new rights when transferring from one insurance plan to another. In some cases, a condition may not be used to prevent coverage or to require an insured to wait out a new waiting period. This concept is called "portability."

Medically Necessary - Claims may be denied if the insurance company does not feel the service is necessary. The policy will provide information concerning medical necessity.

Third Party - A policy may contain a third party liability clause which means that the company pays after other insurance coverage the policy holder may have pays. Most public programs, however, are the true "payor of last resort."

The Iowa Insurance Division can be contacted for questions or complaints regarding insurance companies dealing with claims. The complaint should be in writing and include copies of all bills or correspondence regarding the complaint. The office address is:

Iowa Insurance Division
Consumer and Legal Affairs
330 East Maple
Des Moines, Iowa 50319

73

Consumers with questions/complaints regarding health insurance may call (515) 281-5705.

MAJOR GROUP HEALTH INSURANCE PLAN

OVERVIEW

A group policy which may or may not cover dependents is purchased by an employer for employees. This is considered a fringe benefit for an employee and may be a part of contract negotiations. Employees must inform their representatives about their child and family's health care needs.

A probationary period may delay the date coverage will begin (usually 30 to 60 days). Under such a policy, an insurer may cover 100 percent of cost of covered services. However, most plans today cover only 80 percent with the employee then being responsible for the remaining 20 percent of the cost of services. Also, there may be a deductible or co-payment provision for the insured which means the employee must pay a certain dollar amount (i.e. $2,000). Beyond that, any cost is paid by the policy 100 percent.

Major Medical Coverage may also be a part of health insurance plan. This pays for high medical costs incurred in hospital care. Some plans do allow for Major Medical Coverage to be applied to home care treatments if the total cost of the care can be reduced by providing the same procedures in an alternative setting (home rather than hospital). More information on such options is available from the insurer upon request.

ELIGIBILITY

Each employee and family may or may not have to meet certain conditions to be insured.

COST

Premium payments are paid by the employer and/or employee to the insurance company on a monthly, quarterly, bi-annual or annual basis.

HOW TO APPLY

Usually a limited "open enrollment" period is set during which employees can apply for coverage. After this time, the employee may need to prove medical insurability to qualify (and may not be able to insure a child with special health needs).

SAFEGUARDS

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) (P.L. 99-272) is a federal law providing safeguards for health insurance coverage to employees who have been terminated or switched from full-time to part-time employment. Family members receiving coverage under the same policy are also protected under this law.

The law generally requires all employers with twenty or more employees to offer continuation of coverage under an existing group policy at group rates for up to 18 months (in some cases the 18- month period can be extended) to employees and their family members previously covered. Iowa also has a State law on insurance continuation privileges for employees with less than 20 employees. If you think you may be eligible for state continuation privileges, ask your employer. For additional information, contact the Iowa Insurance Division. Terminated employees must be notified by the employer of availability of continuation of coverage. Employees generally are responsible for premium costs during this period. The premiums for a continuation program may seem high, but the benefits are the same as a group plan.

Consumers with complaints about access to insurance through COBRA should contact COBRA at (314)539-2691. To exercise some rights created under state insurance reforms, a consumer must first participate in either the COBRA or state continuations program.

The Iowa Insurance Division can be contacted for questions or complaints regarding insurance companies dealing with claims. The complaint should be in writing and include copies of all bills or correspondence regarding the complaints. The office address is:

Iowa Insurance Division
Consumer & Legal Affairs
330 East Maple
Des Moines, Iowa 50319

THE CARING FOUNDATION OF BC/BS

OVERVIEW OF PROGRAM
This foundation provides health care benefits for eligible children who do not qualify for government medical assistance (like Title XIX) and cannot afford health insurance. Benefits include office visits, immunizations, routine physicals and preventive care, outpatient emergency medical care and some dental services.

AGE REQUIREMENTS AND ELIGIBILITY
Serves children, birth to 18 years of age, who do not qualify for government health insurance and can not afford private health insurance.

MANDATED SERVICES
Not applicable

RESPONSIBLE AGENCY
The Caring Foundation of BC/BS

WHERE TO APPLY
The Caring Foundation of BC/BS
Station 150 636 Grand Avenue
Des Moines, IA 50309
(800) 223-5437 (main)
(515) 245-4693 (additional number)

HEALTH MAINTENANCE ORGANIZATIONS (HMO'S)

OVERVIEW
Health Maintenance Organizations (HMOs) provide routine medical care and preventive medical care under contract with physicians and other health care providers to provide services to individuals covered by their policies. The employee must choose the physicians or health care providers under contract with the HMO for health care needs. The HMO will make referrals if an individual wants the HMO to pay for health services. Prior approval must be secured before obtaining services from a provider who is not a member of the HMO. An appropriate provider must be sought to provide services if an office does not have a provider under contract with the HMO. Providers may be very limited for a child with special health care needs.

COST
Fixed prepaid premiums are usually paid by the employer or employee to the HMO on a monthly basis. Many HMO's do not require a deductible. The member usually pays a co-payment (a certain fee for a specific service) and does not have to file a claim for services.

IOWA COMPREHENSIVE HEALTH PLAN (ICHP)

OVERVIEW

The Iowa Comprehensive Health Plan is designed to provide health insurance to Iowa residents who are unable to find adequate health care insurance coverage in the private market due to a mental or physical condition.

AGE REQUIREMENTS AND ELIGIBILITY

Coverage is available to persons who:

(a) are and continue to be residents of the State of Iowa; and

(b) have received from one or more health insurers:

  (1) notice of rejection for substantially similar health insurance dated within the last nine months; or

  (2) notice of benefit reduction or specific condition exclusion; or

  (3) notice of premium increase for in-force or applied for insurance exceeding the rate for this coverage; and

(c) do not have other insurance which is similar to this plan;

(d) are not on Medical Assistance;

(e) are not eligible for public programs for which medical care is provided; or

(f) are not inmates of a public institution.

COST

See Appendix V for monthly premium charges.

WHERE TO APPLY

Information may be obtained or application made to any agent licensed to sell health insurance in the State of Iowa, or send for information or an application to:

State of Iowa Comprehensive Health Association Administrator
Acordia Healthcare Solutions
PO Box 781045
Indianapolis, IN 46278-8045
(800) 877-5156

PREFERRED PROVIDER ORGANIZATIONS (PPO'S)

OVERVIEW

Health care providers contract with employers, insurance companies, or organizations (third party), to deliver specific services at a lower price to PPO members. The group contracting with the PPO must provide a guaranteed number of patients and make payments promptly. A health care provider under this plan provides services at no charge to members. A co-payment is used to obtain health care services for health care providers not in the Preferred Provider Organization. Providers may be limited for a child with special health care needs.

COST

Premiums are usually paid by employees or other third party organizations.

SELF-INSURED OR SELF-FUNDED PLANS

OVERVIEW

Self-insured and self-funded plans are an option larger companies now have in providing health care coverage. The employer provides the employee with an insurance policy which explains what is provided in the plan. This policy is not regulated under the State Insurance Commission but must meet requirements specified by federal law. This can mean a reduction in mandated benefits. Because the plan may be administered by an insurance company, employees need to determine if they are covered under a "traditional" insurance plan or self-refunded plan. Employers are able to explain if coverage is self-insured or with an insurance company.

COST

The employer pays the premiums to a trust fund.

SAFEGUARDS

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) (P.L. 99-272) is a federal law providing safeguards for health insurance coverage to employees who have been terminated or switched from full-time to part-time employment. Family members receiving coverage under the same policy are also protected under this law.

The law generally requires all employers with twenty or more employees to offer continuation of coverage under an existing group policy at group rates for up to 18 months to employees and their family members preciously covered. Terminated employees must be notified by the employer of availability of continuation of coverage. Employees generally are responsible for premiums costs during this period.

There is no Iowa continuation program for self-funded plans.

Consumers with complaints about access to insurance through COBRA should contact COBRA at (314) 539-2691. To exercise some right created under state insurance reforms, a consumer must first participate in either the COBRA or state continuations program.

The Iowa Insurance Division can be contacted for questions or complaints regarding insurance companies dealing with claims. The complaint should be in writing and include copies of all bills or correspondence regarding the complaints. The office address is:
Iowa Insurance Division
Consumer & Legal Affairs
330 East Maple
Des Moines, Iowa 50319

BEST COPY AVAILABLE

SELF-PURCHASED INDIVIDUAL HEALTH INSURANCE

OVERVIEW

This policy is purchased by an individual and may cover an entire family. Individual and insurance policies usually require proof of medical insurability. Assurances of continued coverage is vital for families with a child with special health needs. Under a guaranteed renewable policy, a policy cannot be discontinued due to multiple claims or high cost claims as long as premiums are paid on time.

ELIGIBILITY

Individual insurance policies usually require proof of medical insurability.

COST

Premium payments are paid by the individual purchasing the policy to the insurance company on a monthly, quarterly, semi-annual or annual basis.

HOW TO APPLY

Numerous health care insurance companies are available in Iowa. To find the policy which will meet the needs of a specific child and family may require "shopping around."

social security

MEDICARE

OVERVIEW OF PROGRAM
Medicare (Title XVIII) is a federal health insurance program for the aged (age 65 and over) and certain disabled persons.

AGE REQUIREMENTS AND ELIGIBILITY
Most persons, regardless of age, with chronic renal disease are eligible for Medicare coverage. One who has experienced kidney failure and is in need of a kidney dialysis or a kidney transplant is entitled to a special coverage under Medicare if they, or their parents or spouse, are insured through contributions to the Social Security Program.

SERVICES
Not applicable

MANDATED SERVICES
Not applicable

COST
Not applicable

WHERE TO APPLY
Local Social Security Office (see Appendix W).

RESPONSIBLE AGENCY
Federal Social Security Administration
Administering Agency: Blue Cross/Blue Shield of Iowa

SUPPLEMENTAL SECURITY INCOME (SSI)

OVERVIEW OF PROGRAM

Supplemental Security Income (SSI) is a federal program administered by the Social Security Administration that makes cash payments to persons who meet income/resource and disability eligibility requirements or those who are over age 65 and meet income/resource requirements.

AGE REQUIREMENTS AND ELIGIBILITY

Anyone with limited income and/or resources can qualify for disability, but a person must be 65 to qualify as an aged individual. Strict income/resource criteria and disability criteria must be met to qualify as either a blind or disabled person.

For a child living in the home to qualify, the parents must provide their income and resource information and meet eligibility guidelines. (Part of their income is then "deemed" to belong to their child/children, and that must fall at or below allowable levels.) If the child has been hospitalized or institutionalized for an entire calendar month, that child would qualify as an independent not living in the home as long as he or she had no other resources available, (i.e., life insurance policy, bank accounts, stocks and bonds, etc.). Disability criteria still must be met.

Social Security's definition of disability is that a person must be disabled for at least twelve months or have a disability that is expected to end in death. In other words, if the disability will be resolved in less than a year, an application will likely be denied. A letter from the child's physician stating clearly the child's problem and length of anticipated need for services should accompany an application. If it is still denied, the case may be appealed.

APPEALS

Appeals can be made in one of two ways:

1. In a Case Review, the applicant has the right to review the facts in his/her file. Facts may be added to the file. Another decision will be made; however, the applicant will not meet with the person who decides the case.
2. In an Informal Conference, the applicant can meet with the person who decides the case. The applicant may explain his/her stand, giving more facts to help support his/her case. Others may accompany the applicant to this conference to support the case. These individuals may include friends, lawyers, physicians, etc.

MANDATED SERVICES

Supplemental Security Income provides a minimum guaranteed monthly income for persons who qualify. In Iowa, those who are SSI eligible are also eligible for Medicaid (see page 64). They may also be eligible for additional benefits such as food stamps, transportation, cost reimbursement or other social services. Be sure to check with a local count office of the Iowa Department of Human Services for these additional programs (see Appendix Q).

COST

There is no cost to families. Cash payments are made to persons who meet eligibility requirements.

WHERE TO APPLY

Call the nearest Social Security Office (Appendix W). When applying, applicants should be sure to bring income tax information for the last year, current paycheck stubs, resource information including real estate (other than their home and its land), savings and checking accounts, cash, stocks, bonds, a car - if it is worth more than $4,500 or if used for anything other than transportation (e.g., farm truck, business car).

RESPONSIBLE AGENCIES

Department of Human Services

Social Security Administration (see Appendix W)

STATE SUPPLEMENTAL ASSISTANCE (SSA)

OVERVIEW OF PROGRAM

State Supplemental Assistance (SSA) was designed to provide funds to persons who receive SSI (Supplemental Security Income) or who would be eligible for SSI benefits if their income were not too high. They must be in need of one of four categories of services provided under the SSA program. (The SSA program has five payment categories; however, only four apply to children).

AGE REQUIREMENTS AND ELIGIBILITY

A person must be either aged (65 or older), blind, or disabled (as defined by the Social Security Administration) to qualify for SSA. Additionally, strict income/resource criteria must be met.

For a child living in the home to qualify, the parents must provide their income and resource information. Part of their income and resources is then "deemed" to belong to their child/children, and that must fall at or below allowable levels.

If the child has been hospitalized or institutionalized for an entire calendar month, the parent's income and resources will no longer be counted and only the child's resources (i.e., life insurance policy, bank accounts, stocks and bonds, etc.) are counted. Disability criteria still must be met.

Social Security's definition of disability is that a person must be disabled for at least twelve months or have a disability that is expected to end in death. In other words, if the disability will be resolved in less than a year, an application will likely be denied. A letter from the child's physician stating clearly the child's problem and length of anticipated need for services should accompany an application. If still denied, the case may be appealed.

SERVICES

- Special Blind Allowance – A special blind allowance of up to $22.00 a month may be added to a blind person's SSI benefit. Apply to the Social Security Office (Appendix W).
- Residential Care – Residential care applies to those individuals in a licensed residential care facility whose physician has verified the need for residential care, excluding nursing care. Those eligible may keep a portion of their monthly income to meet personal needs. The balance then goes to the cost of care in the facility. The Department of Human Services issues a State Supplemental Assistance payment to cover the balance of the cost of care. The payment comes to the applicant who, in turn, must pay the facility. Apply to the local county office of the Iowa Department of Human Services (see Appendix Q).
- Dependent Relative – (as it applies to children) – If a person is aged, blind, or disabled and has a dependent relative (parent) living with in his/her home, he/she may be eligible for a dependent person's allowance. This additional payment is received as part of his/her SSI payment. Eligibility is determined by the local Department of Human Services and payment is made through the Social Security Administration as part of the SSI payment. Apply to the local county office of the Iowa Department of Human Services (see Appendix Q).
- In-Home Health Related Care – This program offers assistance to enable a parent or his/her child to remain at home as long as possible rather than live in an institution. Application is made to the local DHS office and payment goes directly to the applicant who pays the provider. Often times this is coordinated through the local Department of Health. There is a maximum monthly benefit rate. However, there isn't a capped spending appropriation in which benefits would stop if exceeded. Apply to local county office of the Iowa Department of Human Services (see Appendix Q).

MANDATED SERVICES

Not applicable

COST

Not applicable

WHERE TO APPLY

Contact the nearest Social Security Office (see Appendix W) or the local county office of the Iowa Department of Human Services (see Appendix Q). When applying, applicants should be sure to bring income tax information for the last year, current paycheck stubs, resource information including real estate (other than their home and its land), savings and checking accounts, cash, stocks, bonds, a car – if it is worth more than $4,500 or if used for anything other than transportation (e.g., farm truck, business car).

RESPONSIBLE AGENCIES

Department of Health and Human Services
Social Security Administration

BEST COPY AVAILABLE

other supports

For Financial Assistance and Support

CAMP COURAGEOUS OF IOWA RESPITE CARE

OVERVIEW OF PROGRAM

Respite Care is short-term care of an individual with a disability and living at home. The Respite Care Program at Camp Courageous of Iowa provides a weekend full of fun and adventure for any person with a physical or mental disability. Respite Care arrival time is 7:00 p.m. on Friday, departure time is 1:00 p.m. on Sunday. Emergency Respite Care is provided in the event of death, serious illness or extreme emotional trauma of the primary care giver.

AGE REQUIREMENTS AND ELIGIBILITY

Respite care is open to any physically or mentally disabled individual who is living at home. Age is no restriction.

SERVICES

Respite weekends are scheduled throughout the year with activities that may include:

Arts and Crafts
Swimming
Sensory Awareness
Sledding
Adventure Activities
Outdoor Cooking/Camping
Gym Activities
Pony Rides
Canoeing
and many more

Emergency respite care is available 24 hours a day, 7 days a week, 365 days a year. Medical professionals provide everything from medication disbursements to treatments and therapy.

MANDATED SERVICES

Not applicable

COST

Families of campers are asked to pay what they can but no one is ever turned away for lack of funds.

WHERE TO APPLY

Dina Grant
Respite Care Coordinator
P.O. Box 455
Monticello, Iowa 52310-0455
(319)465-5916 ext. 204
(319)465-5919 fax
email: DinaGrant@campcourageous.ovg.

RESPONSIBLE AGENCY

Camp Courageous of Iowa

CAMP COURAGEOUS OF IOWA
WEEK LONG CAMPS

OVERVIEW OF PROGRAM

Camp Courageous of Iowa is a recreational and Respite Care facility for persons with disabilities. It first served campers during the summer of 1974 with 211 campers. In 1997 nearly 4,000 campers were served. The camp's philosophy is that all people, regardless of ability level have the right to opportunities found in the world around them. The Week-Long Camps at Camp Courageous provide a week of fun and adventure for children and adults who have physical and mental disabilities.

AGE REQUIREMENTS AND ELIGIBILITY

All children and adults with disabilities are eligible. The age range is one year to 100 years of age. Each camper must call first to reserve a week. Campers must fill out an application and have a physical examination before coming to camp.

SERVICES

Services are provided at Camp Courageous of Iowa. In the summer, the programs run from Sunday - Friday, and in the fall the programs run Monday - Friday. The length of service is dependent upon length of stay. The average stay is one week per season. A professionally trained staff works with the campers, including a registered nurse who dispenses medication and does all treatments.

MANDATED SERVICES

Not applicable

COST

No one is turned away for lack of funds; families are asked to pay what they can. Summer Week-Long Camps - $250. Fall Week-Long Camps - $200.

WHERE TO APPLY

Stephen Fasnacht, Assistant Program Director
Camp Courageous of Iowa
P.O.Box 418
Monticello, IA 52310-0557
(319)465-5916

RESPONSIBLE AGENCY

Camp Courageous of Iowa

COMMUNITY LIVING PROGRAM

OVERVIEW OF PROGRAM

The Community Living Program provides special needs grants on a statewide basis to individuals with developmental disabilities and their families to defray costs for specialized goods and modifications. Grants are intended to support the individual's ability to live with a family or independently. Examples of grant uses include purchase or repair of adaptive equipment, wheelchairs, bath seats, ramps, lifts, hospital beds, braces, communications devices, door and bathroom modifications, car controls, and van modifications. Grants are limited to $800 and awarded on a quarterly basis. Applicants may receive one special needs grant within a twelve-month period.

AGE REQUIIREMENTS AND ELIGIBILITY

This agency serves children or adults who have a developmental disability that began before 22 years of age, and who live independently or with a family.

MANDATED SERVICES

Not applicable

COST

No cost to families.

WHERE TO APPLY

Assistive Solutions
5295 Merle Hay Road
Johnston, IA 50131
800-485-7761 (main number)
(515) 253-9611 (additional number)
FAX (515) 253-9423

RESPONSIBLE AGENCY

Convalescent Home for Children Inc.

EASTER SEALS CAMP SUNNYSIDE

OVERVIEW OF PROGRAM

Camp Sunnyside is a recreation and camping program for children and adults who have a disability. The camp also serves some people who do not have a disability.

AGE REQUIREMENTS AND ELIGIBILITY

Day Camp - Children ages 4-12
Resident Camp and Adventure Camp - Ages 5 and up
Retreat Groups - Any organization
Respite Services - All ages

SERVICES

Services are provided by the Camp Sunnyside staff. Resident Camp and Adventure Camp stays are 5 day sessions, respite sessions are 2-5 day sessions.

MANDATED SERVICES

None

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost. Campships are available.

WHERE TO APPLY

Easter Seals Camp Sunnyside
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933 ext 207

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS EMERGENCY RESPITE

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Services can be provided only if staff and space are available. The situation requiring respite care must be defined as an emergency by the Respite Coordinator.

Services are provided by on-call staff and volunteers who meet requirements. Up to two weeks of 24-hour care may be available, but is dependent on staff availability. Easter Seals Camp Sunnyside is located just north of Des Moines, IA. Transportation is provided to the day program in the Des Moines area.

MANDATED SERVICES

Not applicable

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
PO Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS RESPITE
WEEKENDS AT CAMP ABE LINCOLN

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 a.m. Saturday and run until 11:00 a.m. Sunday (26 hours) at YMCA Camp Abe Lincoln at Blue Grass, IA (near Davenport, IA).

MANDATED SERVICES

Not applicable

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1938 ext 226

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS RESPITE
WEEKENDS AT CAMP ALDERSGATE

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families w. o care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/campers ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 a.m. Saturday and run until 11:00 a.m. Sunday (26 hours) at Camp Aldersgate United Methodist Camp, Villisca, IA (near Red Oak, IA).

MANDATED SERVICES

Not applicable

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(319) 289-1933 ext 226

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS RESPITE
CEDAR SPRINGS CAMP

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 a.m. Friday and run until 11:00 a.m. Sunday (26 hours) at Cedar Springs Camp, Floyd, IA (near Mason City).

MANDATED SERVICES

Not applicable

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, Iowa 50333
(515) 289-1933 ext 226

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS WEEKEND CAMPS AT OKOBOJI

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends being at 9:00 a.m. Saturday and run until 11:00 a.m. Sunday (26 hours) at Camp Okoboji near Milford, IA (affiliated with the Lutheran Church Missouri Synod).

MANDATED SERVICES

Not applicable

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current cost program information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(319)289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS RESPITE WEEKENDS AT CAMP SUNNYSIDE

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limted funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 6:30 p.m. on Friday and run until 1:30 p.m. Sunday (16 hours) at Camp Sunnyside just north of Des Moines, IA.

MANDATED SERVICES

Not applicable

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, Iowa 50333
(515) 289-1933 ext 226

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

EASTER SEALS RESPITE
WEEKENDS AT FOREST LAKE BAPTIST CAMP

OVERVIEW OF PROGRAM

Since 1979, Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a close staff/camper ratio to ensure appropriate supervision.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICES

Applications are reviewed to determine the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend, an experienced supervisor and registered nurse are on staff.

Weekends being at 9:00 a.m. Saturday and run until 11:00 a.m. Sunday (26 hours) at Forest Lake Baptist Camp, Bloomfield, IA (near Ottumwa).

MANDATED SERVICES

Not applicable

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933 ext 226

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa

PARENT TRAINING & INFORMATION CENTER

OVERVIEW OF PROGRAM

The Parent Training and Information Center (PTI) is a federally funded grant from the U.S. Department of Education. The Parent Training and Information Center in Iowa is in the process of reorganization.

AGE REQUIREMENTS AND ELIGIBILITY

Parents of children age 0-21, professionals, and interested community members.

SERVICES

SEEK Parent Center can provide parents with

- ⇒ information about their children's disabilities
- ⇒ access to information about the Individuals with Disabilities Education Act (IDEA), including understanding their rights under Federal and State law, as well as information about other laws that affect men, women, and children with disabilities;
- ⇒ the skills to communicate and participate effectively with professionals as equal team members in the planning, decision-making, and follow-up process in their children's education;
- ⇒ support and assistance through Parent Mentors and training opportunities, including referrals to other organizations that assist families;
- ⇒ information about specific disabilities, related issues, advocacy, and resources available to families through a newsletter, training handouts, books and videos.

COST

Most information and training is provided free to parents. There may be a minimal cost for services to professionals and others.

WHERE TO APPLY

For more information contact the State Parent-Educator Connection at (515) 271-3936 or the Iowa Protection and Advocacy Program at (515) 278-2502. There will be an 800 number available for families by the end of October 1998.

THE ARC OF IOWA
(FORMERLY THE ASSOCIATION FOR RETARDED CITIZENS)

OVERVIEW OF PROGRAM

The Arc of Iowa is a private, non-profit advocacy organization, established to represent all children and adults with mental retardation and their families throughout the State of Iowa. The Arc has advanced from a few people seeking fundamental rights and services for their own children, to become the leading organization advocating and offering support to one out of ten Iowa families that are affected by mental retardation. Through a volunteer network of 45 county-wide chapters, The Arc has remained steadfast in its mission to "secure for all persons with mental retardation and related disabilities the options and opportunities to choose and realize their own goals."

AGE REQUIREMENTS AND ELIGIBILITY

Any person is able to become a member of the organization for an annual fee of $25.00. Membership is open to any family or individual of any age with an interest in a person or persons with mental retardation.

SERVICES

Support Services, including individual case advocacy, education and training, are available to any one person or family requiring them. Information and referral are provided by the agency. Communication and coordination are offered for the local chapters and volunteers.

MANDATED SERVICES

Not applicable

COST

There is no charge for services.

WHERE TO APPLY

The Arc of Iowa
715 East Locust
Des Moines, IA 50309
(800) 362-2927

IOWA PROTECTION AND ADVOCACY (P & A) SERVICES, INC.

OVERVIEW OF PROGRAM

Iowa Protection and Advocacy is a private, non profit corporation that exists to protect and advocate for the human and legal rights of people with developmental disabilities, mental illness and other disabilities. It was created by three federal laws that require each state to provide a Protection and Advocacy Service.

AGE REQUIREMENTS AND ELIGIBILITY

The program's services are available statewide for people of any age who have a disability or mental illness diagnosis.

SERVICES

The following services are provided by Protection and Advocacy staff as long as the issue relates to disability, agency priorities and all resources permit:

- Information/Referral – Information is provided on the rights of persons with a developmental disability. If the issue or problem can be more appropriately handled by another agency, a referral will be made.
- Individual Advocacy – This includes direct investigation, administrative intervention and/or negotiation with agencies on behalf of individuals with disabilities.
- Legal Representation – P & A is empowered with the authority to provide individual and class action legal representation of clients if rights have been violated or if the problem has a legal basis and cannot be resolved through negotiations.
- P & A Newsletter – P & A publishes an informative newsletter, the "P & A Bulletin," which updates events, laws, policies, and trends affecting rights and services.
- Resource Library – The agency maintains a resource library for use by the general public. Many booklets, pamphlets, articles and films are available on loan for research and information purposes.
- Training/Education – Iowa Protection and Advocacy staff can provide or help arrange inservice training, workshops and presentations regarding self advocacy services, due process or legal rights of persons with disabilities, and many other service topics.
- Systems Advocacy – This service monitors legislation, administrative rules and polices of agencies influencing services for people with disabilities. Any individual, program, organization or agency that has questions or concerns regarding the right of children, youth and adults with disabilities may contact Protection and Advocacy for assistance. Confidential referrals are accepted.
- Clients' cases are accepted based upon the priority of the problem or issue and the availability of staff time and other agency resources.

MANDATED SERVICES

Not applicable

COST

There is no cost for Protection and Advocacy Services.

WHERE TO APPLY

Iowa Protection and Advocacy Services, Inc.
3015 Merle Hay Road, Suite 6
Des Moines, Iowa 50310
(515) 278-2502
(800)779-2502 (Client referrals as needed)
(515) 278-0571 (TTY)
(515)278-0539 (fax)
email: hn5317@earthlink.net.
Client or client referrals may call collect

BEST COPY AVAILABLE

RESPONSIBLE AGENCY

U.S. Federal Health and Human Services Department Administration on Developmental Disabilities
U.S. Department of Education - Rehabilitative Services Administration
Department of Health and Human Services - Public Health Services

97

IOWA COMPASS

OVERVIEW OF PROGRAM
Iowa COMPASS is Iowa's information and referral service for Iowans with disabilities as well as family members, service providers and other members of the community.

AGE REQUIREMENTS AND ELIGIBILITY
Iowa COMPASS serves people of all ages and with all types of disabilities.

SERVICES
Information Specialists provide information about supports and services throughout the State of Iowa. Information may be provided over the telephone, through the mail or on audio cassette. This information will include the following:

- ⇒ Contact persons, addresses, and telephone numbers of agencies providing specific services.
- ⇒ Who is served by the agency.
- ⇒ Services provided by the agency.
- ⇒ Area the agency serves - city, county, region, or statewide
- ⇒ Licensing or accreditation of agency.

All calls are confidential.

MANDATED SERVICES
Not applicable

COST
All information and informational materials are free to Iowa COMPASS callers.

WHERE TO APPLY
Information Specialist on duty
Iowa COMPASS
S277 HS
100 Hawkins Drive
Iowa City, IA 52242-1011
(319) 353-8777
or
Iowa COMPASS toll free number is 1-800-779-2001 (voice or TTY) or (319)353-8777

RESPONSIBLE AGENCIES
Iowa COMPASS is funded by:

- ⇒ Iowa Department of Education
- ⇒ Iowa Governor's Planning Council for Developmental Disabilities
- ⇒ Iowa Department of Human Services
- ⇒ Iowa Mobile and Regional Child Health Specialty Clinics
- ⇒ The Iowa University Affiliated Program

appendices

IOWA'S SYSTEM OF EARLY INTERVENTION SERVICES
State Coordinator, Technical Assistants and Early Intervention Regional Coordinators

Early Intervention Services State Technical Assistants
Lynda Pletcher, Part C Coordinator
Grimes State Office Building
Des Moines, IA 50319
(515) 281-7145
FAX: (515) 242-6019

Julie Curry
Iowa Department of Education
Grimes State Office Building
Des Moines, IA 50319
(515) 281-5437
FAX (515) 242-6019

Dawn Gentsch
Iowa Department of Public Health
Family and Community Health
Lucas State Office Building
Des Moines, IA 50319
(515) 281-3079 or 800-383-3826
FAX: (515) 242-6384

John Hoffman
Iowa Department of Human Services
Division of ACFS
Hoover State Office Bldg., 5th floor
Des Moines, IA 50319
(515) 281-4522
FAX: (515) 281-4597

Sheila Hourigan
Resource Center/Family Organizations
Drake University
2507 University Avenue
Des Moines, IA 50311
(515) 271-1823
FAX: (515) 271-4185

Barbara Khal
Child Health Specialty Clinics
239 University Hospital School
Iowa City, IA 52242
(319) 356-6917
FAX: (319) 356-3715

Iowa Early Intervention Regional Coordinators

Joan Amick
Keystone AEA 1
1400 2nd Street NW
Elkader, IA 52043-9564
(319) 245-1480 or 800-632-5918
FAX: (319) 245-1484

Margie Jensen
Northern Trails AEA 2
700 South Main St., Suite A
Charles City, IA 50616
(515) 228-2536
FAX: (515) 228-2783

SueAnne Deitering
Lakeland AEA 3
PO Box 38
Cylinder, IA 50528
(712) 424-3720 or 800-242-5100
FAX: (712) 424-3314

Joyce Davis
AEA 4
1382 4th Ave NE
Sioux Center, IA 51250
(712) 722-4378 or 800-572-5073
FAX: (712) 722-1643

Rae Miller
Arrowhead AEA 5
824 Flindt Dr., Suite 105
Storm Lake, IA 50588
(712) 732-2257 or 800-840-7733
FAX: 712-732-7654

Jeannine Heng
AEA 6
909 South 12th St.
Marshalltown, IA 50158
(515) 753-3564
FAX: (515) 752-0075

Gina Greene
AEA 7
760 Ansborough
Waterloo, IA 50704
(319) 232-6671
FAX: (319) 232-0453

Kathy Cameron
Mississippi Bend AEA 9
729 21st St.
Bettendorf, IA 52722
(319) 359-1371
FAX: (319) 359-5967

Susan Salter
Grant Wood AEA 10
4401 6th St., SW
Cedar Rapids, IA 52404
(319) 399-6700 or 800-332-8488
FAX: (319) 399-6457

Cindy Reitz
Heartland AEA 11
6500 Corporate Drive
Johnston, IA 50131
(515) 270-9030 or 800-362-2720
FAX: (515) 270-5383

Terresa Hobbs
Western Hills AEA 12
1520 Morningside Ave
Sioux City, IA 51106
(712) 274-6000 or 800-352-9040
FAX: (712) 274-6115

Cathy Reba
Loess Hills AEA 13
Peterson Center
PO Box 188
Council Bluffs, IA 51502
(712) 322-7354 or 800-432-5804

Deb Katzer
Green Valley AEA 14
1405 N Lincoln
Creston, IA 50801
(515) 782-8443 or 800-362-1864
FAX: (515) 782-4298

Deb House-Deere
Southern Prairie AEA 15
2814 N Court
Ottumwa, IA 52501
(515) 682-8591 or 800-622-0027
FAX: (515) 682-9083

Carole Boyd
Great River AEA 16
1200 University, PO Box 1065
Burlington, IA 52601
(319) 753-6561 or 800-382-8970
FAX: 9319) 753-1527

100 BEST COPY AVAILABLE

Appendix B

Iowa Contact Persons for Early Childhood Special Education
ECSE Leadership Network 1998

Dee Gethmann
ECSE Consultant
Department of Education
Grimes State Office Building
Des Moines, Iowa 50319
(515) 281-5502
dgethma@ed.state.ia.us

Penny Milburn
ECSE Consultant
ISU Extension Office
DMACC
2020 DMACC Boulevard
Ankeny, Iowa 50021
(515) 965-9355
x1milbrn@exnet.iastate.edu

Mary Schertz
ECSE Consultant
Department of Education
Grimes State Office Building
Des Moines, Iowa 50319
(515) 281-5433
mschert@ed.state.ia.edu

Harold Blatt
Keystone AEA 1
2310 Chaney Rd
Dubuque, IA 52001
(319) 556-3310 or 800-942-4668
FAX: (319) 556-3310
hblatt@aea1.k12.ia.us

Lynn Helmke
Dubuque Community School District
2300 Chaney Rd
Dubuque, IA 52201
(319) 588-5112

Joan Amick
Keystone AEA 1
1400 Second St. NW
Elkader, IA 52043
(319) 245-1480 or 800-632-5918
FAX: (319) 245-1484
jamick@aeal.k12.ia.us

Margaret Jensen
Northern Trails AEA 2
700A South Main
Charles City, IA 50616
(515) 228-2536 or 800-645-3019
FAX: (515) 228-2783
mjensen@is2.aea2.k12.ia.us

Pam Lang
Northern Trails AEA 2
700A South Main
Charles City, IA 50616
(515) 228-2536 or 800-645-3019
FAX: (515) 228-2783

Melissa Rucker
Lakeland AEA 3
PO Box 88
Cylinder, IA 50528
(712) 424-3720 or 800-242-5100
FAX: (712) 424-3314
mrucker@aea3.k12.ia.us

Joyce Davis
Area Education Agency 4
1382 4th Avenue NE
Sioux City, IA 51250
(712) 722-4378 or 800-572-5073
FAX: 712-722-1643
jdavis@aea4.k12.ia.us

Gary Petersen
Arrowhead AEA 5
824 Flindt Drive Suite 105
Storm Lake, IA 50588
(712) 732-2257 or 800-840-7733
FAX: (712) 732-7654
gpetersen@aea5.k12.ia.us

Deb Shelton
Arrowhead AEA 5
1235 5th Avenue S
Fort Dodge, IA 50501
(515) 574-5400 x5448
FAX: (515) 574-5508
dshelton@aea5.k12.ia.us

Mary Stevens
Area Education Agency 6
909 South 12th St.
Marshalltown, IA 50158
(515) 753-3564 x193
FAX: (515) 752-0075
mstevens@aea6.k12.ia.us

Rich Rebouche
AEA 7
1720 Maynard St.
Waterloo, IA 50701
(319) 232-4529
FAX: (319) 235-9608
chillaea7@aol.com

101

Joyce Shaul Leavell
Mississippi Bend AEA 9
729 21st Street
Bettendorf, IA 52722
(319) 357-1371
FAX: (319) 359-5967
joyce_leavell@qmail.
aea9.k12.ia.us

Vickie Parker
Grant Wood AEA 10
4401 6th St. SW
Cedar Rapids, IA 52404
(319) 399-6573 or 800-332-8488
FAX: (319) 399-6457
vparker@aea10.k12.ia.us

Mike Bigley
Grant Wood AEA 10
4401 6th St. SW
Cedar Rapids, IA 52404
(319) 399-6573 or 800-332-8488
FAX: (319) 399-6457
mbigley@aea10.k12.ia.us

Bill Landers
Grant Wood AEA 10
200 Holiday Rd
Coralville, IA 52241
(319) 351-2510

Sue Thuma-Rew
Grant Wood AEA 10
200 Holiday Rd
Coralville, IA 52241
(319) 351-2510

Cheryl Kiburz
Cedar Rapids Community Schools
Ed Services Center
346 2nd Ave. SW
Cedar Rapids, IA 52404
(319) 398-2575
FAX: (319) 398-2224
ckiburz@mail.cedar-rapids.
k12.ia.us

Margaret Grace
Heartland AEA 11
6500 Corporate Dr.
Johnston, IA 50131
(515) 270-9030 or 800-362-2720
FAX: (515) 270-5383
mgrace@aea11.k12.ia.us

Jane Happe
Western Hills AEA 12
1520 Morningside Ave
Sioux City, IA 51106
(712) 275-6000 or 800-352-9040
FAX: (712) 274-6115
email: jappe@aea12.k12.ia.us

Terri Bush
Loess Hills AEA 13
Glenwood Extension Office
PO Box 8
Glenwood, IA 51534
(712) 527-5261 or 800-886-5261
FAX: (712) 527-5263
email: tbush@aea13.k12.ia.us

Stacy McWilliams
Green Valley AEA 14
Clarke County AEA Office
209 W. Washington
Osceola, IA 50213
(515) 342-4816
FAX: (515) 342-4816
smcwilliams@aea14.k12.ia.us

Karie Martindale
Southern Prairie AEA 15
2814 North Court Street
Ottumwa, IA 52501
(515) 682-8591 or 800-622-0027
FAX: (515) 682-9083
martindalek@aea15.k12.ia.us

Chip Marquard
Great River AEA 16
1200 University
PO Box 1065
Burlington, IA 52601
(319) 753-6561 or 800-382-8970
FAX: (319) 753-1527
cmarquar@aea16.k12.ia.us

Des Moines Public Schools
Judi Marks
Smouse Opportunity Center
2820 Center St.
Des Moines, IA 50312
(515) 242-8213
FAX: (515) 242-8219

Appendix C

Parent and Educator Coordinators for Parent-Educator Connection 1997-1998

Jerry Carspecken
Educator Coordinator
201 Claiborne Drive
Keystone AEA 1
Decorah, IA 52101
(319) 382-2870 Wk
(319) 382-6091 FAX
jcarspecken@aea1.k12.ia.us

Debra Gleason
Parent Coordinator
1400 2nd Street NW
Keystone AEA 1
Elkader, IA 52043-9564
(319) 245-1480 Wk
(800 632-5918 Wk
(319) 245-1484 FAX
dgleason@aea1.k12.ia.us

Gloria Klinefelter
Parent Coordinator
2310 Chaney Road
Keystone AEA 1
Dubuque, IA 52001-3090
(800) 942-4668 Wk
(319) 556-3310 FAX
gklinefelter@aea1.k12.ia.us

Roberta Kraft-Abrahamson
Educator Coordinator
Northern Trails AEA 2
Box 253
Forest City, IA 50436
(515) 582-3382 Wk
(800) 645-4582 (800)392-6640 x 2279
(515) 582-4900 FAX
rkraft@aea2.k12.ia.us

Sandy Kraschel
Parent Coordinator
Northern Trails AEA 2
Box M
Clear Lake, IA 50428
(515) 357-6125 Wk
(800) 392-6640 x 2291 Voice Mail
(515) 357-3201 FAX
skraschel@aea2.k12.ia.us

Peg Baehr
Educator Coordinator
23 East 7th Street
Lakeland AEA 3
Spencer, IA 51301-4026
(712) 262-4704 Wk
(712) 262-5114 FAX
pbaehr@aea3.k12.ia.us

Marcia Vrankin
Parent Coordinator
900 A 20th Street
Lakeland AEA 3
Spirit Lake, IA 51360
(712) 336-1331 (Spirit Lake)
(800) 242-5100 (Cylinder)
(712) 336-1494 FAX
mvrankin@aea.3.k12.ia.us

Marge Beernink
Parent Coordinator
Area Education Agency 4
1382 4th Avenue NE
Sioux Center, IA 51250
(712) 722-4378 Wk
(800) 572-5073 Wk
(712) 722-1643 FAX
Gmiller@aea4.k12.ia.us

Larry Biehl
Educator Coordinator
AEA 4
1382 4th Avenue NE
Sioux Center, IA 51250
(712) 722-4378 Wk
(800) 572-5073 Wk
(712) 722-1643 FAX
lbiehl@aea4.k12.ia.us

Meg Otto
Educator Coordinator
AEA 4
1382 4th Avenue NE
Sioux Center, IA 51250
(712) 722-4378 Wk
(800) 572-5073 Wk
(712) 722-1643 FAX
Mwinchell@aea4.k12.ia.us

Shanda Foust
Parent Coordinator
1235 5th Avenue South
Arrowhead AEA 5
Fort Dodge, IA 50501
(515) 574-5423 Wk
(800) 669-2325 x 5423 Wk
(515) 574-5508 FAX
sfoust@aea5.k12.ia.us

Connie Skisted
Educator Coordinator
824 Flindt Drive, Suite 105
Arrowhead AEA 5
Storm Lake, IA 50588
(712) 732-2257 Wk
(712) 732-7654 FAX

Nancy Adams Castle
Educator Coordinator
AEA 6
909 South 12th Street
Marshalltown, IA 50158
(515) 753-3564 x 168 Wk
(515) 752-0075 FAX
NancAC@aol.com

Nita Fagerlund
Parent Coordinator
AEA 6
909 South 12th Street
Marshalltown, IA 50158
(515) 753-3564 x 198 Wk
(515) 752-0075 FAX
nfagerlund@po-1.aea6.k12.ia.us

Tricia Elmer
Educator Coordinator
AEA 7
3706 Cedar Heights Drive
Cedar Falls, IA 50613
(319) 273-8267 Wk
(319) 273-8275 FAX
telmer@aea7.k12.ia.us

Donna Hansen
Parent Coordinator
AEA 7
3709 Cedar Heights Drive
Cedar Falls, IA 50613
(319) 273-8267 Wk
(319) 273-8275 FAX
dhansen@aea7.k12.ia.us

Kathy Anson
Parent Coordinator
Mississippi Bend AEA 9
Clinton Service Center
1421 South Bluff
Clinton, IA 52732
(319) 242-6554 Wk
(800) 947-2329 Wk
(319) 242-6468 FAX
clinton@qmail.aea9.k12.ia.uGranGrant

Mardi Deluhery
Parent Coordinator
Mississippi Bend AEA 9
729 - 21st Street
Bettendorf, IA 52722
(319) 359-1371 Wk
(800) 947-2329 Wk (319 area code)
(319) 359-5967 FAX
mardi deluhery@qmail.aea9.k12.ia.us

103 BEST COPY AVAILABLE

Cindy Laughead
Parent Coordinator
Mississippi Bend AEA 9
1422 Houser Street
Muscatine, IA 52761
(319) 263-8476 Wk
(800) 947-2329 Wk (319 area code)
(319) 263-1562 FAX
cindy_laughead@qmail.aea9.k12.ia.us

Joan Martilla
Educator Coordinator
Mississippi Bend AEA 9
729-21st Street
Bettendorf, IA 52722
(319) 359-1371 Secretary
(319) 344-6275 Direct
(800) 947-2329 Wk (319 area code)
(319) 359-5967 FAX
joan_martilla@qmail.aea9.k12.ia.us

Susan Curtland
Parent Coordinator
Grant Wood AEA 10
4401 6th Street SW
Cedar Rapids, IA 52404
(800) 332-8488 x 807 Wk
(319) 399-6457 FAX

John Nietupski
Educator Coordinator
Grant Wood AEA 10
4401 6th Street SW
Cedar Rapids, IA 52404
(800) 332-8488 x 442 Wk
(319) 399-6457 FAX
jnietupski@aea10.k12.ia.us

Geri Pettitt
Parent Coordinator
Grant Wood AEA 10
4401 6th Street SW
Cedar Rapids, IA 52404
(800) 332-8488 x 702 Wk
(319) 399-6457 FAX
gpettitt@aea10.k12.ia.us

Sheryl Brown
Parent Coordinator
Heartland AEA 11
413 West 2nd Street, P.O. Box 249
Glidden, IA 51443
(712) 659-3815 Wk
(800) 362-2720 Wk
sbrown@aea11.k12.ia.us

Barb Crawford
Parent Coordinator
Heartland AEA 11
1672 Rio Valley Drive
Clive, IA 50325
(515) 270-0405 x 4491 Wk
(800) 362-2720 Wk
(515) 270-5383 FAX

Kathy Davis
Parent Coordinator
Heartland AEA 11
12930 NW 127th Court
Des Moines, IA 50325
(515)242-7556 Phone Mail
(800)362-2720 Wk
(515)270-6181 FAX

Jim Doyle
Educator Coordinator
Heartland AEA 11
6500 Corporate Drive
Johnston, IA 50131-1603
(515) 270-9030 Wk
(800) 362-2720 Wk
(515)270-5383 FAX
jdoyle@aea11.k12.ia.us

Jane Guy
Parent Coordinator
Heartland AEA 11
3408 West 28th Street North
Newton, IA 50208
(515) 792-4870 Wk
(800) 362-2720 Wk
(515) 792-4883 FAX

LeAnne Krell
Parent Coordinator
Heartland AEA 11
1622 SE Creston
Des Moines, IA 50320
(515) 242-7556 VM Wk
(800) 362-2720

Jan Mackey
Parent Coordinator
Heartland AEA 11
8217 Sutton Drive
Urbandale, IA 50322
(515) 242-7556 Wk Voice Mail
(800) 362-2720 Wk

Terry Mendell
Parent Coordinator
Heartland AEA 11
120 East Ninth Street
Pella, IA 50219
(515) 842-2719 Wk
(800) 362-2720 Wk
(515) 842-3092 FAX

Tom Mitchell
Educator Coordinator
Heartland AEA 11
1800 Grand Avenue
Des Moines, IA 50307
(515) 242-7714 Wk
(800) 362-2720 Wk
(515) 242-8286 FAX

Elizabeth Nygaard
Parent Coordinator
Heartland AEA 11
4342 West 190th
Ames, IA 50014
(515) 232-7583 Wk
(800) 362-2720 Wk

Vicki Patterson Scott
Parent Coordinator
Heartland AEA 11
608 Green
Adel, IA 50003
(515) 993-4596 Wk
(800) 362-2720 Wk
(515) 993-4598 FAX

Brenda Rieken
Parent Coordinator
Heartland AEA 11
1408 Garst
Boone, IA 50036
(515)232-7583 Wk Fri
(515)432-9967 M Th Wk
800-362-2720 WK

Beth Rydberg
Parent Coordinator
Heartland AEA 11
6500 Corporate Drive
Heartland AEA 11
Johnston, IA 50131-1603
(515) 270-0405 x 4491 Wk
(515) 278-4980 Hm
(800) 362-2720 Wk
(515) 270-5383 FAX

Stephanie Steveson
Parent Coordinator
Heartland AEA 11
113 West Salem
Indianola, IA 50125
(515) 961-8191
(800) 362-2720 Wk
(515) 961-8193 FAX

Joanne Struve
Parent Coordinator
Heartland AEA 11
226 NE 15th Street
Ankeny, IA 50021
(515) 289-4575 Wk x 231 VM
(800) 362-2720 Wk
(515) 289-4579 FAX
jostruve@aol.com

Mary Watkins
Parent Coordinator
Heartland AEA 11
1267 16th Street
West Des Moines, IA 50265
(515) 270-0405 x 4492 Wk
(800) 362-2720 Wk
(515) 270-5383 FAX

Linda Appleby
Parent Coordinator
Western Hills AEA 12
1520 Morningside Avenue
Sioux City, IA 51106
(712) 274-6014 Wk
(800) 352-9040 Wk
(712) 274-6115 FAX
lappleby@aea12.k12.ia.us

BEST COPY AVAILABLE

Mark Monson
Educator Coordinator
Western Hills AEA 12
1520 Morningside Avenue
Sioux City, IA 51106
(712) 274-6040 Wk
(800) 352-9040 Wk
(712) 274-6115 FAX
mmonson@aea12.k12.ia.us

Marlene Pietz
Parent Coordinator
Western Hills AEA 12
1520 Morningside Avenue
Sioux City, IA 51106
(712) 274-0640 Wk
(800) 352-9040 Wk
(712) 274-6115 FAX
mmonson@ada12.k12.ia.us

Theresa Coenen
Educator Coordinator
Loess Hills AEA 13
Atlantic Extension Office
510 Poplar
Atlantic, IA 50022
(712) 243-1480 Wk
(800) 886-1480 Wk
(712) 243-1494 FAX

Nancy Larson
Parent Coordinator
Loess Hills AEA 13
1213 5th Avenue
Shenandoah, IA 51601
(712) 246-1716 Wk
(800) 886-1716 Wk
(712) 246-1743 FAX

Betty Lusk
Parent Coordinator
Loess Hills AEA 13
2802-2 12th Street
Harlan, IA 51537
(712) 755-3896 Wk
(712) 755-7455 FAX
blusk@aea13.k12.ia.us

Cindy Miller
Parent Coordinator
Loess Hills AEA 13
Atlantic Extension Office
510 Poplar
Atlantic, IA 50022
(712) 243-1480 Wk
(800) 886-1480 Wk
(712) 243-1494 FAX or (712)361-3431
cmiller@aea13.k12.ia.us

Harold Connolly
Educator Coordinator
Green Valley AEA 14
1405 North Lincoln
Creston, IA 50801
(515) 782-8443 Wk
(800) 362-1864 Wk
(515) 782-4298 FAX
jide@aea14.k12.ia.us or
jwilliams@aea14.k12.ia.us

Susie Strait
Parent Coordinator
Green Valley AEA 14
Box 11
Corning, IA 50841
(515) 322-4489 Wk
(515) 782-4298 FAX
sstrait@aea14.k12.ia.us

Julie Askren
Parent Coordinator
Southern Prairie AEA 15
1527 Roland
Chariton, IA 50049
(515) 872-1167 Wk
(515) 774-8212 FAX

Donald Bramschreiber
Educator Coordinator
Southern Prairie AEA 15
2814 North Court Street
Ottumwa, IA 52501
(515) 682-8591 x 235 Wk
(800) 622-0027 Wk
(515) 682-9083 FAX

Lori Cunningham
Parent Coordinator
Southern Prairie AEA 15
2814 North Court Street
Ottumwa, IA 52501
(515) 682-8591 Wk
(800) 622-0027 Wk
(515) 682-9083 FAX

Lisa Evans
Parent Coordinator
Southern Prairie AEA 15
Mahaska County
410 South 11th Street
Oskaloosa, IA 52577
(515) 672-2546 Wk
(515) 672-2547 Wk
(515) 672-1823 FAX

Nancy Sayres
Parent Coordinator
Southern Prairie AEA 15
519 Drake Avenue
Centerville, IA 52544
(515) 856-6102 Wk
(515) 856-3035 FAX

Ronald Dente
Educator Coordinator
Great River AEA 16
P.O. Box 1065
Burlington, IA 52601
(319) 753-6561 Wk
(800) 382-8970 Wk
(319) 753-1527 FAX
rdente@aea16.k12.ia.us

Cory Menke
Parent Coordinator
Great River AEA 16
P.O. Box 1065
Burlington, IA 52601
(319) 753-6561 x 270 Wk
(800) 382-8970 Wk
(319) 753-1527 FAX
cmenke@aea16.k12.ia.us

State Educator Contact
Karen Martens
State Educator Contact
Resource Center For Issues in Special Education
Drake University
2507 University Avenue
Des Moines, IA 50311
(515) 271-3936 Wk
(515) 271-4185 FAX
karen.martens@drake.ed

State Parent Contact
Deb Samson
State Parent Contact
Resource Center For Issues in Special Education
Drake University
2507 University Avenue
Des Moines, IA 50311
(515) 271-3936 Wk
(515) 271-4185 FAX
deb.samson@drake.edu

BEST COPY AVAILABLE

Iowa Head Start Programs

Mid Sioux Opportunity, Inc.
Jim Jacobsen, Director
418 Marlon
Remsen, IA 50150
(712) 786-2001
FAX: (712) 786-3250

Upper Des Moines Opportunities
Mary Jo Madvig, Director
101 Robins Ave., Box 519
Graettinger, IA 51342
(712) 859-3885
FAX: (712) 859-3892

North Iowa Community
Action Organization
Dianne Casto, Director
300 15th St., NE, PO Box 1627
Mason City, IA 50401
(515) 423-5406
FAX: (515) 423-0994

Northeast Iowa Community
Action Organization
Dianne Halverson, Director
PO Box 487
Decorah, IA 52101
(319) 382-8436
FAX: (319) 382-9854

Woodbury County Community
Action Agency
Arlene TePoel, Director
2700 Leech Avenue
Sioux City, IA 51106
(712) 274-1610
FAX: (712) 274-0368

Community Opportunities, Inc.
Kathy Schlitz, Director
603 West 8th Street
Carroll, IA 51401
(712) 792-9268
FAX: (712) 792-5723

Your Own United Resources, Inc.
Kathy Zarghami, Director
3611 Maple Drive
Fort Dodge, IA 50510
(515) 573-2882
FAX: (515) 955-6994

Tri-County Head Start
Kimberly Young-Kent, Director
PO Box 3338
Evansdale, IA 50707
(319) 235-0383
FAX: (319) 235-0384

Operation New View Head Start
Joanne Wurtz, Director
1473 Central
Dubuque, IA 52001
(319) 556-5130
FAX: (319) 556-4402

West Central Development Corp.
Janice Nielsen, Director
204 Oak St., PO Box 128
Moorhead, IA 51558
(712) 886-5218
FAX: (712) 886-5460

Drake University Head Start
Georgia Sheriff, Director
3206 University
Des Moines, IA 50311
(515) 271-1854
FAX: (515) 271-2199

Mid-Iowa Community Action, Inc.
Kathie Readout, Director
1001 S. 18th Avenue
Marshalltown, IA 50158
(515) 752-7162
FAX: (515) 752-9724

Hawkeye Area Comm. Act. Prog.
Inc.
Dianne Krumbholz, Director
5560 6th Street SW
PO Box 789
Cedar Rapids, IA 52406
(319) 366-7631
FAX: (319) 366-0776

IA East Central Train
Gitl Fatholahl, Director
2804 East Avenue
Davenport, IA 52803
(319) 324-3236
FAX: (319) 324-9552

Matura Action Corporation
Rod Tostenson, Director
203 West Adams Street
Creston, IA 50801
(515) 782-8431
FAX: (515) 782-6287

South Central Iowa
Community Action Agency
Dianne Riley, Director
1403 NW Church
Leon, IA 50144
(515) 446-4155
FAX: (515) 446-3392

Southern Iowa Economic Dev. Assoc.
Ruth Guy, Director
226 W. Main, Box 658
Ottumwa, IA 52501
(515) 682-8741
FAX: (515) 682-2026

Southeast Iowa Community
Action Agency
Marcia Munford, Director
2850 Mt. Pleasant St, Ste 108
Burlington, IA 52601-2001
(319) 752-2719
FAX: (319) 753-0667

Iowa Department of Education
Ms. Anita Varme, Coordinator
Head Start Collaboration Project
Grimes State Office Building
Des Moines, IA 50319-0146
(515) 242-6024
FAX: (515) 242-6025

BEST COPY AVAILABLE

Appendix E

CHILD HEALTH SPECIALTY CLINICS (CHSC)

Burlington, IA 52601
Kathy Schneider, R.N., BSN, A.R.N.P.
Child Health Specialty Clinics
Mercy Professional Building
610 North Fourth
(319)752-6313

Carroll, IA 51401
Jan Oswald, R.N., B.S.N.
Child Health Specialty Clinics
603 North Adams
(712)792-5530

Council Bluffs, IA 51503
Judy Anderson, R.N., B.S.N., A.R.N.P.
Child Health Specialty Clinics
Doctor's Building
201 Ridge St., Suite 204
(712)328-6798 or 800-798-6798

Creston, IA 50801
Lori Morrell, R.N., B.S.N., A.R.N.P.
Child Health Specialty Clinics
1700 West Townline Road
(515)782-3838

Davenport, IA 52804-1769
Peg Macek, R.N. B.S.N., A.R.N.P.
Child Health Specialty Clinics
1401 West Central Park Avenue
(319)421-2141 (no collect calls)

Des Moines, IA 50314
Rita Engels, R.N., B.S.N.
Area Comprehensive Evaluation Service (ACES)
Children's Health Center
1212 Pleasant Street; 3rd Floor
(515)241-8718 (no collect calls)

Dubuque, IA 52002
Mary Frueh, R.N., B.S.N.
Child Health Specialty Clinics
2255 JFK Road, Lower Level
(319)588-0981

Fort Dodge, IA 50501
Kieran Einwalter, R.N., B.A.,A.R.N.P.
Child Health Specialty Clinics
1235 Fifth Avenue, South
(515)955-8326

Mason City, IA 50401
Jean Westendorf, R.N., A.R.N.P.
Child Health Specialty Clinics
910 North Eisenhower
(515)424-7388 or
800-433-3883 ext.7388

Ottumwa, IA 52501
Cheryll Jones, R.N., B.S.N., A.R.N.P.
Child Health Specialty Clinics
317 Vanness Avenue
(515)682-8145

Sioux City, IA 51104
Sue Sorenson, R.N., M.S.N.
Child Health Specialty Clinics
St. Luke's Medical Center
2720 Stone Park Blvd.
(712)279-3411 or
800-352-4660 ext. 3411

Spencer, IA 51301
Sharon Thee, R.N., M.S.N.
Child Health Specialty Clinics
1200 First Avenue East
(712)264-6362 or 6363
(no collect calls)

Waterloo, IA 50702
Jane Sieleman, R.N., B.S.N., A.R.N.P.
Child Health Specialty Clinics
2101 Kimball Avenue, Suite 101
(319)272-2315

EPSDT - Nurse Consultants

Eastern Iowa:
Kathy Bowers, R.N., M.A.
Iowa City, IA 52242-1011
University Hospital School
100 Hawkins Drive, Rm. 246
(319)356-1469

Western Iowa:
Jan Oswald R.N., B.S.N.
Child Health Specialty Clinics
603 North Adams
(712)792-5530

BEST COPY AVAILABLE

CHILD HEALTH SPECIALTY CLINICS (CHSC)
Parent Consultants by Regional Center

Burlington
(319) 752-6313*
Janelle McGuire
1126 Hagemann Avenue
Burlington, IA 52601
(319) 754-5776 (H)

Cory Menke
806 - 34th Street
Fort Madison, IA 52627
(319) 753-6561, Ext.270 (W)
800-382-8970

Carroll
(712) 792-5530*
Julie Frischmeyer
25585 - 180th Street
Carroll, IA 51401-8611
(712) 822-5338 (H)

Council Bluffs
(712) 328-6798*
Terri Lippert
236 Pickardy Lane
Council Bluffs, IA 51503-5007
(712) 322-5218 (H)

Nancy A. Larson
604 Maple
Shenandoah, IA 51601
(H) (712) 246-6452

Betty Lusk
1406 Willow Street
Harlan, IA 51537
(H) (712) 755-7349

Creston
(515) 782-6435*
Annette Clark
400 14th Street
Corning, IA 50841
(515) 322-4950 (H)

Davenport
(319) 421-2141*
Georgene Myers
18906 - 110th Avenue
Davenport, IA 52806
(319) 386-7287 (H)

Sharon K. Bower
315 North Tenth Street
Clinton, IA 52732
(319) 243-6770 (H)

Des Moines
(515) 246-8405*
Paula S. Connolly
1107 W. Woodland Park Dr.
West Des Moines, IA 50266
(515) 223-6711 (H)

Dubuque
(319) 589-8899*
Jeanne Patterson
1649 Hickson Street
Dubuque, IA 52001
(319) 557-7529 (H)

Jill M. Fohey
205 South Monroe; P.O. Box 14
Monona, IA 52159
(319) 539-4238 (H)

Fort Dodge
(515) 955-8326*
Marilyn Walker
609 Walnut Street
Webster City, IA 50595
(515) 832-2171 (H)

Mason City
(515) 424-7388*
Vacancy

Ottumwa
(515) 682-8145*
Deb Pumphrey
13042 - 80th Avenue
Ottumwa, IA 52501-9038
(515) 934-5408 (H)

Julie Askren
1527 Roland
Chariton, IA 50049
(515) 774-2198 (H)

Sioux City
(712) 279-3411*
Linda Nicolaisen
1721 Pocahontas Avenue
Correctionville, IA 51016
712:372-4325 (H)

Spencer
(712) 264-6362*
Diane Lavender
702 - 21st Avenue North
Estherville, IA 51334
712:362-4120 (H)

Waterloo
(319) 236-4560*
Vacancy

Central Office
(319) 356-8391
Jeanne Stump
201 S. Booth Street
Anamosa, IA 52205-1921
319: 462-3450 (H)

Mary Auwerda
2256 - 14th Street
Coralville, IA 52241
(H) (319) 339-7513

PCN Coordinator
Darrell Bolender
239 University Hospital School
Iowa City, IA

*Regional Center Phone Number

Appendix E

CHILD HEALTH SPECIALTY CLINICS (CHSC) CENTRAL OFFICE STAFF

Director
Jeffrey G. Lobas, M.D., MPA
(319) 356-1118

Autism Services
Sue Baker, MS, Consultant
(319) 356-4619

Community Support Services
Judith Amundson, MS, RD/LD, FAAMR
Assistant Director
(319) 356-1455

EPSDT Program
Northeastern Iowa
Brenda Moore, RN, MA, ARNP, Coordinator
(319) 353-6172

Southeastern Iowa
Kathy Bowers, RN, MA, Nurse Consultant,
(319) 356-1035

Western Iowa
Janis Oswarld, RN, BSN
Carroll Regional Office
712) 792-5530

Hemoglobinopathy Program
Sue Abel, RN, MPH, Nurse Consultant
(319) 356-4328

Sharon McMillan, RN, Nurse Coordinator
(319) 356-1400

High Risk Infant Follow-up Program
Katie Breitbach, RN, ARNP, MS, Nurse Consultant
(319) 356-1329

Diane Eastman, RN, ARNP, MS, Coordinator
(319) 356-1328

Lee Lutz, BS, Research Assistant
(319) 356-1332

Home and Community Care Planning
Brenda Moore, RN, MA, ARNP, Coordinator
(319) 353-6172

Kathy Bowers, RN, MA, Nurse Consultant
(319) 356-1035

H.I. and Handicapped Waiver
Brenda Moore, RN, MA, ARNP, Coordinator
(319) 353-6172

Kathy Bowers, RN, MA, Nurse Consultant
(319) 356-1035

Sharon McMillan, RN, Program Assistant
(319) 356-1400

Infant and Toddler Program
Jane Holland, MSW, Consultant
(319) 356-4606

Barbara Khal, Part H Technical Assistant
(319) 353-6917

Information and Analysis
Andrew Penziner, MD, Program Associate
(319) 356-1456

Parent Consultant Network
Darrell Bolender
MS, Coordinator
(319) 356-8391

Patient Care Services
Dorothy Doolittle, RN, MSN, ARNP
Assistant Director
(319) 356-0886

Jeanne Liston, RN, MA, ARNP
Nurse Coordinator
Mobile Clinics
(319) 356-1472

Annette Meyer, MA
Clinic Planner
(319) 353-6188

Regional Programs Consultant
Barbara Khal
(319) 353-6917

CHILD HEALTH SPECIALTY CLINICS (CHSC) NUTRITION CONSULTANTS AND STAFF

Richard P. Nelson, MD, Director
Child Health Specialty Clinics
100 Hawkins Drive; Rm. 247B HS
Iowa City, IA 52242-1011
(319) 356-1118

Jody Kealey, RD, Nutrition Consultant
Child Health Specialty Clinics
100 Hawkins Drive; Rm. 247HS
Iowa City, IA 52242-1011
c/o (319) 356-1455

Burlington
ATTN: Chris O'Brien, RD
WIC Program
2850 Mt. Pleasant St; Suite 108
Burlington, IA 52601
319-753-0193

Carroll
Lora Reever, RD
St. Anthony Regional Hospital
South Clark Street
Carroll, IA 51401
712-792-3581

Clinton/DeWitt
Cindy Kaczinski, RD
Susan Boardson, MPH, RD
WIC Program
PO Box 666
215 Sixth Avenue South
Clinton, IA 52732
319-243-9329

Council Bluffs
Marianne G. Campbell, RD/LD
451 Frank Street
Council Bluffs, IA 51503-4551
712-322-7605

Creston
Virginia Lents, RD
Greater Community Hospital
1700 West Townline Road
Creston, IA 50801
515-782-3526

Davenport
Jody Kealey, RD
2806 Volquardsen
Davenport, IA 52804 319-421-2141/391-7783

Decorah
Deborah Edwards, MS, RD
702 Park Street
Decorah, IA 52101
319-382-4676

Des Moines
Terri Murray, RD
Central Iowa Health System
1212 Pleasant Street
Des Moines, IA 50309
515-241-6212

Dubuque
Diana Davis, RD
Nutrition Office
Mercy Health Center
200 Mercy Drive
Dubuque, IA 52001
319-589-9644

Fort Dodge
Rachel Dunn, RD
Trinity Regional Hospital
South Kenyon Road
Fort Dodge, IA 50501
515-573-3101/switchboard

Marshalltown
Kristine Wood, MS, RD
Mid Iowa Community Action Program
1001 South 18th Avenue
Marshalltown, IA 50158
515-752-7162

Mason City
Edna Oakley, RD
1817 Northshore Drive
Clear Lake, IA 50428
515-357-7837

Ottumwa
Cindy Canady-Meiners\
American Home Finding
317 Vanness Avenue
Ottumwa, IA 52501
515-682-8784

Sioux City
Sharon Schroeder, RD
St. Luke's Reg. Medical Center
2720 Stone Park Boulevard
Sioux City, IA 51104
712-279-3180

Spencer
Sharla Kuyper, RD/LD
5728 - 500th Street
West Bend, IA 50597
515-887-3456

Waterloo
Cindy Dostal, RD
1614 East Ridgewood
Cedar Falls, IA 50613
(H) 319-277-7648
(W-CHSC office: 319-272-2316)

Appendix F

ADMISSION CRITERIA FOR IOWA HIGH RISK INFANT FOLLOW-UP PROGRAM

⇒ Birth weight less than 1500 grams.

⇒ Respiratory distress syndrome (RDS) requiring mechanical ventilation for two hours or more.

⇒ Other forms of respiratory distress requiring mechanical ventilation for two hours or more.

⇒ Clinical diagnosis of CNS infection.

⇒ Asphyxia neonatorum as indicated by a five-minute Apgar of 6 or less.

⇒ Hypoglycemia as proven by two consecutive blood glucose levels of 40 mgm percent or less.

⇒ Neonatal seizures, as documented by physician observation with concurrence of staff neonatologist in Iowa City, or attending pediatrician in Level II centers.

⇒ Infants demonstrating hypotonia on discharge examination.

⇒ Polycythemia: Central hematocrit of 65 or higher or 60 - 64 with signs and partial exchange transfusion, with resolution of signs occurring within the first 24 hours of life.

⇒ Maternal substance abuse during pregnancy.

⇒ Other: Infants not included in criteria one through ten but felt to be at risk by attending physician(s).

Examples include:

A. Sepsis
B. SGA
C. Hyperbilirubinemia (requiring exchange transfusion)
D. Interventricular hemorrhage
E. Sibling meets criteria (from same delivery)
F. Intrauterine transfusion
G. Those who will be entering living environments which present severe psychosocial concerns.
H. Other: Infants moving into Iowa from other states are accepted if on or more of the above criteria occurred within the neonatal period.

BEST COPY AVAILABLE

TITLE X FAMILY PLANNING SERVICES IN IOWA

Funded by the U.S. Department of Health & Human Services
Sponsored by the Family Planning Council of Iowa
and the Iowa Department of Public Health Family Planning Program

Community Opportunities
603 W. 8th St., Box 427
Carroll, IA 51401
(712) 792-9266 or 1-800-642-6330

Village Clinic
204 Idaho St.
Glidden, IA 51443
800-642-6330

Dallas County Clinic
Dallas County Hospital
10th & Iowa Streets
Perry, IA 50220
800-642-6330

Guthrie County Hospital
Guthrie Center, IA 50115
800-642-6330

Jefferson Clinic
100 N. Grimmel
Jefferson, IA 50129
800-642-6330

Crawford County Home Health
Agency, HCCMS
1202 Broadway, PO Box 275
Denison, IA 51442
(712) 263-3303

Denison Clinic
115 N. 14th St.
Denison, IA 51442
(712) 263-2314

Harlan Clinic
Mytue Memorial Hospital
Home and Public Health
1220 Chatburn Avenue
Harlan, IA 51537
(712) 644-2220

Onawa Clinic
610 Iowa Street
Onawa, IA 51040
(712) 423-1773

Atlantic Clinic
Cass County Memorial Hospital
1501 E. 10th Street
Atlantic, IA 50022
(712) 243-8006

Planned Parenthood of
Omaha/Council Bluffs
4610 Dodge Street
Omaha, NE 68132
(402) 554-1045

Council Bluffs Clinic
1604 Second Avenue
Council Bluffs, IA 51501
(712) 322-6650

Broadlawns Family Planning
Family Health Center
18th & Hickman Road
Des Moines, IA 50314
(515) 282-2340

South Side Center
2353 SE 14th St.
Des Moines, IA 50320
(515) 282-2340

Women's Health and
Education Center
704 May Street
PO Box 1146
Marshalltown, IA 50158
(515) 752-7159

Grinnell Clinic
717 - 5th Avenue, Suite 4
Grinnell, IA 50112
(515) 236-7787

North Iowa Community Action
300 - 15th St., NE, PO Box 1627
Mason City, IA 50401
(515) 423-5044/800-657-5856

Garner Clinic
Garner Area Ed. Center
325 W. 8th
Garner, IA 50438
(515) 423-5044/800-657-5856

Algona Clinic
First Lutheran Church
226 N. Putnam
Algona, IA 50511
(515) 423-5044/800-657-5856

Charles City Clinic
Congregational Church
502 N. Jackson
Charles City, IA 50616
(515) 423-5044/800-657-5856

Forest City Clinic
Forest City Regional
Medical Center
Highway 9 East
Forest City, IA 50436
(515) 423-5044/800-657-5856

Hampton Clinic
St. Paul's Lutheran Church
2nd & 1st Avenue NE
Hampton, IA 50441
(515) 423-5044/800-657-5856

Northwood Clinic
United Methodist Church
1000 1st Avenue North
Northwood, IA 50456
(515) 423-5044/800-657-5856

Osage Clinic
Municipal Utilities Bldg.
720 Chestnut
Osage, IA 50461
(515) 423-5044/800-657-5856

Allison Clinic
Trinity Reformed Church
614 Cherry Street
Allison, IA 50602
(515) 423-5044/800-657-5856

Planned Parenthood of
Greater Iowa
851 - 19th Street
Des Moines, IA 50314
(515) 280-7000

Ames Clinic
2530 Chamberlain
Ames, IA 50010
(515) 292-5340

Creston Clinic
907 West Townline
Creston, IA 50801
(515) 782-8244

Fort Dodge Clinic
310 - 2nd Avenue South
Fort Dodge, IA 50501
(515) 573-8131

Indianola Clinic
108 W. Clinton
Indianola, IA 50125
(515) 961-0541

Knoxville Clinic
100 - 1st Street
Knoxville, IA 50138
(515) 842-5460

Newton Clinic
109 S. 3rd Avenue West
Newton, IA 50208
(515) 792-1012

South Des Moines Clinic
500 Army Post Road
Suite 17
Des Moines, IA 50315
(515) 285-6500

LeMars Clinic
27 Plymouth Street NW
LeMars, IA 51031
(712) 546-4030

Red Oak Clinic
422 Reed, Box 443
Red Oak, IA 51566
(712) 623-5522

Sioux City Clinic
4700 Gordon Drive
Sioux City, IA 51106
(712) 276-6290

Spencer Clinic
1900 Grand, Box 372
Gateway North Mall
Spencer, IA 51301
(712) 262-1545

Storm Lake Clinic
720 Erie Street
Storm Lake, IA 50588
(712) 732-7931

West Des Moines Clinic
10534 New York Avenue
Urbandale, IA 50322
(515) 276-8005

Southern Iowa Family
Planning Clinic, Inc.
228 East Second Street
Ottumwa, IA 52501
(515) 682-9955/800-452-3365

BEST COPY AVAILABLE

Bloomfield Clinic
Neighborhood Center
108 N. Washington
Bloomfield, IA 52537
(515) 664-1911

Centerville Clinic
200 South Main
Centerville, IA 52544
(515) 856-8554

Fairfield Clinic
114 North Main
Fairfield, IA 52556
(515) 472-1575

Oskaloosa Clinic
114 N. Market
Oskaloosa, IA 52577
(515) 673-8758

Sigourney Clinic
Public Health Nursing
Courthouse
Sigourney, IA 52591
(515) 622-3575

Keosauqua Clinic
Public Health Nursing
RR 2, Box 122C, Hwy 1 N
Keosauqua, IA 52565
(319) 293-3431

Allen Memorial Hospital
Women's Health Center
233 Vold Drive
Waterloo, IA 50703
(319) 235-5090

Community Medical Services
1616 Cedar Street
Muscatine, IA 52761
(319) 263-0122

Hillcrest Family Services
2005 Asbury Road, Box 1160
Dubuque, IA 52004-1160
(319) 583-7357

Manchester Clinic
Delaware County Public Hospital
Manchester, IA 52057
(319) 927-3232

Iowa City Family Planning
University of Iowa Hospitals
242 Westlawn
Iowa City, IA 52242
(319) 856-2539

Maternal Health Center
Bettendorf Bank Building
Suite 400, 4th Floor
852 Middle Road
Bettendorf, IA 52722
(319) 359-6633

Friendly House
1221 Myrtle Street
Davenport, IA 52803
(319) 322-8381

Northeast Iowa
Community Action
305 Montgomery
PO Box 487
Decorah, IA 52101
(319) 382-8436

Cresco Clinic
Howard Co. Public Health
8th Avenue West
Cresco, IA 52136
(319) 382-8436

Elkader Clinic
Clayton County Office Bldg.
111 High NE
Elkader, IA 52043
(319) 382-8436

Fayette Clinic/Gunderson Clinic
King Street
Fayette, IA 52142
(319) 382-8436

New Hampton Clinic
Courthouse
New Hampton, IA 50659
(515) 382-8436

Postville Clinic
St. Paul's Lutheran Church
Postville, IA 52162
(319) 382-8436

Waukon Clinic
St. John's Lutheran Church
5th Street SW
Waukon, IA 52172
(319) 382-8436

West Union Clinic
Courthouse
West Union, IA 52175
(319) 382-8436

Oelwein Clinic
Zion Lutheran Church
E. Charles
Oelwein, IA 50662
(319) 382-8436

Planned Parenthood
Southeast Iowa
305 N. 3rd, Suite 413
Burlington, IA 52601
(319) 753-6209

Fort Madison Clinic
1821 Ave. O, Suite 2
Fort Madison, IA 52627
(319) 372-1130

Keokuk Clinic
206 North 7th
Keokuk, IA 52632
(319) 524-2759

Mount Pleasant Clinic
114 E. Monroe
Mount Pleasant, IA 52641
(319) 385-4132

Washington Clinic
McCreedy Drive & 4th St.
Washington, IA 52353
(319) 653-3525

St. Luke's Family Health Center
855 A Avenue NE
Suite 1, Lower Level
Cedar Rapids, IA 52402
(319) 369-7397

Anamosa Clinic
Jones County WIC/Well Child
St. Paul's Lutheran Church
Education Building
103 East Cedar
Anamosa, IA 52205
(319) 369-7397

Monticello Clinic
J. McDonald Hospital
W. First St.
Monticello, IA 52310
(319) 369-7397

Vinton Clinic
Benton County WIC/Well Child
Virginia Gay Hospital
502 N. 9th Avenue
Vinton, IA 52349
(319) 369-7397

Women's Health Services
215 6th Avenue South
Clinton, IA 52732
(319) 243-1413

Maquoketa Clinic
210 W. Platt
Maquoketa, IA 52060
(319) 652-3749

DeWitt Clinic
1021 - 11th St.
DeWitt, IA 52742
(319) 243-1413

BEST COPY AVAILABLE

HEALTHY FAMILIES IOWA DIRECTORY

Director: Rosalie Rose
Agency: Home Care Iowa Inc.
Address:
Visiting Nurse Association
R. Plaza 485 Hwy 1 West
Iowa City, Iowa 52246
Phone: 319-337-9686
Fax: 319-337-5566

State Program Manager: Joyce Poore Berkenes
Address:
Hopes-HFI
1111 9th Street
Box 9
Des Moines, Iowa 50314
Phone: 515-243-0599
Emergency: 515-237-8161 (Healthy Start at VNS)
Fax: 515-288-0437

BLACK HAWK COUNTY
Director: Melody Couch
Address:
LSS of Iowa
1510 Logan
Waterloo, Iowa 50703
Phone: 319-291-6659
Fax: 319-233-6250 (Back up fax: 319-233-6569)

BUCHANAN COUNTY
Director: Brenda Ristvedt
Address:
Buchanan Volunteer Co-op
309 First St., East
Independence, Iowa 50644
Phone: 319-334-4218
Fax: 319-334-6979

CLINTON COUNTY
Director: Carol Machael
Address:
Women's Health Services
215 6th Avenue South
Clinton, Iowa 52732
Phone: 319-243-1113 Ext. 118
Fax: 319-242-9922
Other Phone: 319-659-2389

HAMILTON COUNTY
Director: Jackie Butler
Address:
Hamilton County Public Health Department
821 Seneca
Webster City, Iowa 50595
Phone: 515-832-9565
Fax: 515-832-9660

LEE COUNTY
Director: Theresa O'Brien
Address:
Lee County Public Health Department
2218 Avenue H.
Fort Madison, IA 52627
Phone: 319-372-5225
Fax: 319-372-4374

MUSCATINE COUNTY
Director: Kristi Crafton
Address:
LSS of Iowa
115 W. 15th Street
Davenport, Iowa 52803
Phone: 319-322-7119
Fax: 319-322-5339

POLK COUNTY
Director: Marc Bloomingdale or Donna Richard Langer
Address:
LSS of Iowa
3125 Cottage Grove
Des Moines, Iowa 50311
Phone: 515-274-4946 or 515-271-7474
Fax: 515-271-7450

Director: Bery Engbretsen
Address:
Broadlawns Medical Center
1801 Hickman Road
Des Moines, Iowa 50314
Phone: 515-282-5749 or 515-282-2435 or 515-282-5604
Fax: 515-282-5616

SCOTT COUNTY
Director: Kristi Crafton
Address:
LSS of Iowa
115 W. 15th Street
Davenport, Iowa 52803
Phone: 319-322-7119
Fax: 319-322-5339

Director: Sharon Meister
Address:
Genesis Visiting Nurse Association
1225 E. River Drive
Davenport, Iowa 52803
Phone: 319-421-5500
Fax: 319-421-5202

WAPELLO COUNTY
Director: Lynelle Diers
Address:
Wapello County Public Health Department
108 E. Main
Ottumwa, Iowa 52501
Phone: 515-682-5434
Fax: 515-682-2245

WOODBURY COUNTY
Director: Mary Bennett
Address:
LSS of Iowa
4240 Hickory Lane, Suite 100
Sioux City, Iowa 52206
Phone: 712-276-1073
Fax: 712-274-1936

Director: M.G. Hittie
Address:
Crittenton Center
1105 28th Street
P.O. Box 295
Sioux City, Iowa 51106
Phone: 712-255-4321
Fax: 712-255-4477

Director: Stephen Quirk
Address:
Siouxland District Health Department
205 Fifth Street
Sioux City, Iowa 51101
Phone: 712-279-6119
Fax: 712-279-6198

Iowa Department of Health Contract
Karen Fread, BSN, MBA
Chief Community Service Bureau
Lucas State Office Building, 3rd Floor
321 E. 12th Street
Des Moines, Iowa 50319-0075
Phone: 515-281-3104
Fax: 515-242-6384
Secretary: 515-281-3932

BEST COPY AVAILABLE

Appendix I

COUNTY PUBLIC HEALTH NURSING SERVICE AND HOME CARE AGENCIES

ADAIR COUNTY
ADAIR COUNTY HOME CARE
117 NW HAYES
GREENFIELD IA 50849

ADAMS COUNTY
ALEGENT HEALTH FAMILY HOME CARE
PO BOX 344
CORNING IA 50841-0344

ALLAMAKEE COUNTY
VA MEMORIAL HOSPITAL
COMMUNITY & HOME CARE
110 ALLAMAKEE STREET
WAUKON IA 52172-1700

APPANOOSE COUNTY
APPANOOSE COUNTY PUBLIC HEALTH NURSING SERVICE
COURTHOUSE
201 N 12TH ST
CENTERVILLE IA 52544

APPANOOSE COMMUNITY CARE SERVICE
1 st JOSEPH'S DRIVE
CENTERVILLE IA 52544

AUDUBON COUNTY
AUDUBON COUNTY PUBLIC HEALTH NURSING SERVICE
COURTHOUSE
381 LEROY #10
AUDUBON IA 50025

BENTON COUNTY
VIRGINIA GAY HOSPITAL
HOME HEALTH
502 N 9TH AVE
VINTON IA 52349

BLACK HAWK COUNTY
BLACK HAWK COUNTY HEALTH
1407 INDEPENDENCE AVE 5TH FLOOR
WATERLOO IA 50703

BOONE COUNTY
HOME CARE SERVICES OF BOONE COUNTY HOSPITAL
105 S MARSHALL ST
BOONE IA 50036

BREMER COUNTY
BREMER COUNTY HOME CARE
COURTHOUSE
415 BREMER
WAVERLY IA 50677

WATERLOO VISITING NURSING ASSOCIATION
2530 UNIVERSITY AVE STE 3
WATERLOO IA 50701

BUCHANAN COUNTY
PEOPLE'S MEMORIAL HOSPITAL
COMMUNITY CARE
1600 FIRST ST EAST
INDEPENDENCE IA 50644-3155

BUENA VISTA COUNTY
BUENA VISTA COUNTY PUBLIC HEALTH NURSING SERVICE
PO BOX 663
STORM LAKE IA 50588

HOMEMAKER HOME CARE AGENCY
PO BOX 663
STORM LAKE IA 50588

BUTLER COUNTY
BUTLER COUNTY
PUBLIC HEALTH
COURTHOUSE
BOX 325
ALLISON IA 50602

CALHOUN COUNTY
CALHOUN COUNTY
DEPARTMENT OF HEALTH
PO BOX 71
ROCKWELL CITY IA 50579

CARROLL COUNTY
ST ANTHONY HOME HEALTH
318 S MAPLE STE 3
CARROLL IA 51401

CARROLL COUNTY HOME CARE AGENCY SERVICE
603 N ADAMS
CARROLL IA 51401

CASS COUNTY
CASS COUNTY HOME CARE/HOSPICE
1500 E 10TH STREET
ATLANTIC IA 50022

CEDAR COUNTY
CEDAR COUNTY PUBLIC HEALTH NURSING SERVICE
COURTHOUSE
400 CEDAR ST
TIPTON IA 52772-1752

CERRO GORDO COUNTY
CERRO GORDO COUNTY
DEPARTMENT OF
PUBLIC HEALTH
22 N GEORGIA AVE 3RD FLOOR
MASON CITY IA 50401

CHEROKEE COUNTY
CHEROKEE COMMUNITY HEALTH & HOME CARE
520 WEST MAIN BOX B
CHEROKEE IA 51012

CHICKASAW COUNTY
CHICKASAW COUNTY PUBLIC HEALTH NURSING SERVICE
PO BOX 355
NEW HAMPTON IA 50659

CHICKASAW COUNTY
HOMEMAKER HOME HEALTH
PO BOX 125
NEW HAMPTON IA 50659

CLARKE COUNTY
CLARKE COUNTY
PUBLIC HEALTH
100 S MAIN ST
OSCEOLA IA 50213

CLARKE COUNTY HOME CARE AGENCY SERVICE INC
PO BOX 384
OSCEOLA IA 50213

CLAY COUNTY
COMMUNITY HEALTH SERVICE
1200 FIRST AVENUE EAST
SPENCER IA 51301

CLAYTON COUNTY
CLAYTON COUNTY VISITING NURSING ASSOCIATION
PO BOX 522
ELKADER IA 52043

CLINTON COUNTY
VISITING NURSING ASSOCIATION
242 N BLUFF BLVD
CLINTON IA 52732

CRAWFORD COUNTY
CRAWFORD COUNTY HOME HEALTH AGENCY
BOX 275
105 N MAIN
DENISON IA 51442

DALLAS COUNTY
DALLAS COUNTY PUBLIC HEALTH NURSING SERVICE
2423 WILLIS
PERRY IA 50220

HOMECARE SERVICES INC
907 MAIN STREET
ADEL IA 50003

BEST COPY AVAILABLE

DAVIS COUNTY
DAVIS COUNTY HOSPITAL HOME & COMMUNITY HEALTH
105 SOUTH PINE ST
BLOOMFIELD IA 52537

DECATUR COUNTY
DECATUR COUNTY PUBLICE HEALTH & HOME CARE
1405 NW CHURCH ST
LEON IA 50144

SCICAP HOME HEALTH CARE
1403 NW CHURCH STREET
LEON IA 50144

DELAWARE COUNTY
DELAWARE COUNTY COMMUNITY HEALTH
PO BOX 359
MANCHESTER IA 52057

DES MOINES COUNTY
DES MOINES COUNTY HEALTH DEPARTMENT
522 N THIRD ST
BURLINGTON IA 52601

HOME CARING SERVICE INC
520 JEFFERSON
BURLINGTON IA 52601

DICKINSON COUNTY
DICKINSON CO MEMORIAL HOSPITAL COMMUNITY HEALTH SERVICE
PO BOX AB
SPIRIT LAKE IA 51360

DUBUQUE COUNTY
DUBUQUE CITY BOH
1300 MAIN STREET
DUBUQUE IA 52001

DUBUQUE VISITING NURSING ASSOCIATION
PO BOX 359
DUBUQUE IA 52004-0359

EMMET COUNTY
EMMET COUNTY PUBLIC HEALTH NURSING SERVICE
609 1ST AVE NORTH
ESTHERVILLE IA 51334
FAYETTE COUNTY

PALMER HOME CARE SERVICE
112 JEFFERSON ST
WEST UNION IA 52175

FLOYD COUNTY
FLOYD COUNTY COMMUNITY NURSING
800 11TH ST
CHARLES CITY IA 50616

FLOYD COUNTY HOME HEALTH CARE AGENCY
1206 S MAIN ST
CHARLES CITY IA 50616

FRANKLIN COUNTY
FRANKLIN COUNTY PUBLIC HEALTH NURSING SERVICE
1 SECOND AVE NW
HAMPTON IA 50441

FRANKLIN COUNTY HOME CARE SERVICE
PO BOX 211
HAMPTON IA 50441

FREMONT COUNTY
SOUTHWEST IOWA HOME HEALTH SERVICE
BOX 357
SIDNEY IA 51652

GREENE COUNTY
GREENE COUNTY MEDICAL CENTER PUBLIC HEALTH
1000 W LINCOLN WAY
JEFFERSON IA 50129

GRUNDY COUNTY
GRUNDY COUNTY PUBLIC HEALTH NURSING SERVICE
103 EAST J AVE
GRUNDY CENTER IA 50638

GUTHRIE COUNTY
GUTHRIE COUNTY PUBLIC HEALTH NURSING SERVICE
102 S 4TH ST
GUTHRIE CENTER IA 50115

HAMILTON COUNTY
HAMILTON COUNTY PUBLIC HEALTH NURSING SERVICE
821 SENECA ST
WEBSTER CITY IA 50595

HANCOCK COUNTY
HANCOCK COUNTY NURSING SERVICE
545 STATE ST
GARNER IA 50438-1455

HANCOCK COUNTY HOME CARE AIDE SERVICE
545 STATE ST
GARNER IA 50438-1455

HARDIN COUNTY
HARDIN COUNTY COMMUNITY NURSING SERVICE
1201 11TH AVE
ELDORA IA 50627

HARDIN COUNTY HOMEMAKER HEALTH AIDE SERVICE
1201 11TH AVE
ELDORA IA 50627

HARRISON COUNTY
HARRISON COUNTY PUBLIC HEALTH COURTHOUSE
111 N 2ND AVE
LOGAN IA 51546

HARRISON COUNTY HOMEMAKER AGENCY
COURTHOUSE
111 N 2ND AVE
LOGAN IA 51546

HENRY COUNTY
HENRY COUNTY HOME CARE
407 S WHITE ST
MOUNT PLEASANT IA 52641-2299

HOME CARING SERVICE INC
520 JEFFERSON ST
BURLINGTON IA 52601

HOWARD COUNTY
HOWARD COUNTY REGIONAL HEALTH SERVICE
327 8TH AVE WEST
CRESCO IA 52136-1064

HUMBOLDT COUNTY
HUMBOLDT COUNTY HOME CARE CONNECTION
1012 N 15TH ST
HUMBOLDT IA 50548

IDA COUNTY
IDA COUNTY PUBLIC HEALTH COURT HOUSE
401 MOOREHEAD
IDA GROVE IA 51445

IOWA COUNTY
IOWA COUNTY HEALTH DEPARTMENT
2229 225TH ST
WILLIAMSBURG IA 52361

JACKSON COUNTY
JACKSON COUNTY HOME COMMUNITY HEALTH
700 WEST GROVE
MAQUOKETA IA 52060

JASPER COUNTY
JASPER COUNTY PUBLIC HEALTH NURSING SERVICE
204 N 4TH AVE
NEWTON IA 50208

JASPER COUNTY HOMEMAKER PROGRAM
5245 LIBERTY AVE
NEWTON IA 50208

JEFFERSON COUNTY
JEFFERSON COUNTY PUBLIC HEALTH HOME CARE AGENCY
2200 W JEFFERSON
FAIRFIELD IA 52556

BEST COPY AVAILABLE

JOHNSON COUNTY
JOHNSON COUNTY HEALTH DEPARTMENT
1105 GILBERT COURT
IOWA CITY IA 52240

VISITING NURSING ASSOCIATION OF JOHNSON COUNTY
R PLAZA
485 HWY 1 WEST
IOWA CITY IA 52246

JONES COUNTY
COMMUNITY HEALTH OF JONES COUNTY
101 BROADWAY PLACE
ANAMOSA IA 52205

KEOKUK COUNTY
KEOKUK COUNTY PUBLIC HEALTH
COURTHOUSE
101 S MAIN
SIGOURNEY IA 52591

KOSSUTH COUNTY
COMMUNITY HEALTH KOSSUTH REGIONAL HEALTH CENTER
1515 S PHILLIPS
ALGONA IA 50511

LEE COUNTY
LEE COUNTY HEALTH DEPARTMENT COMMUNITY NURSING
2218 AVENUE H SUITE A
FORT MADISON IA 52627

LINN COUNTY
LINN COUNTY DEPARTMENT OF HEALTH
501 13TH ST NW
CEDAR RAPIDS IA 52405

VISITING NURSING ASSOCIATION OF LINN COUNTY
1201 THIRD AVE SE
CEDAR RAPIDS IA 52403

LINN COUNTY HOME HEALTH
3100 E AVE NW STE 103
CEDAR RAPIDS IA 52405

LOUISA COUNTY
LOUISA COUNTY PUBLIC HEALTH NURSING SERVICE
107 WASHINGTON
WAPELLO IA 52653

LUCAS COUNTY
LUCAS COUNTY PUBLIC HEALTH NURSING SERVICE
123 S GRAND BOX 852
CHARITON IA 50049

LYON COUNTY
HEALTH SERVICE OF LYON COUNTY
803 S GREENE STE 1
ROCK RAPIDS IA 51246

MADISON COUNTY
EARLHAM HOME HEALTH CARE
PO BOX 69
WINTERSET IA 50273

MAHASKA COUNTY
MAHASKA COUNTY COMMUNITY HEALTH
1308 17TH AVE EAST
OSKALOOSA IA 52577

MARION COUNTY
COMMUNITY HEALTH SERVICE OF MARION COUNTY
PO BOX 152
KNOXVILLE IA 50138

MARSHALL COUNTY
COMMUNITY NURSING SERVICE
PO BOX 1202
MARSHALLTOWN IA 50158

MMSC HOME CARE PLUS
3 SOUTH 4TH AVE
MARSHALLTOWN IA 50158

MILLS COUNTY
MILLS COUNTY PUBLIC HEALTH NURSING SERVICE
PO BOX 209
GLENWOOD IA 51534

MITCHELL COUNTY
MITCHELL COUNTY HOME HEALTH CARE
616 N EIGHTH ST
OSAGE IA 50461-1198

MONONA COUNTY
MONONA COUNTY PUBLIC HEALTH NURSING SERVICE
610 IOWA STREET
ONAWA IA 51040

MONROE COUNTY
MONROE COUNTY PUBLIC HEALTH NURSING SERVICE
COURTHOUSE
10 BENTON AVE E
ALBIA IA 52531-2070

MONTGOMERY COUNTY
MONTGOMERY COUNTY PUBLIC HEALTH NURSING SERVICE
1109 HIGHLAND AVE
RED OAK IA 51566

MUSCATINE COUNTY
COMMUNITY HEALTH RESOURCES
1609 CEDAR STREET
MUSCATINE IA 52761

O'BRIEN COUNTY
O'BRIEN COUNTY PUBLIC HEALTH
PO BOX 525
PRIMGHAR IA 51245

HOME CARE SELECT
PO BOX 250
PRINGHAR IA 51245

OSCEOLA COUNTY
OSCEOLA COMMUNITY HEALTH SERVICE
110 CEDAR LANE
SIBLEY IA 51249

PAGE COUNTY
PAGE HOME CARE & PUBLIC HEALTH
822 S 17TH STREET
CLARINDA IA 51632

PALA ALTO COUNTY
PALO ALTO COUNTY COMMUNITY HEALTH SERVICE
3201 WEST 1ST ST
EMMETSBURG IA 50536

PLYMOUTH COUNTY
FLOYD VALLEY COMMUNITY HEALTH SERVICE
PO BOX 10
LE MARS IA 51031

POCAHONTAS COUNTY
POCAHONTAS COUNTY NURSING & HEALTH COURTHOUSE
99 COURT SQUARE
POCAHONTAS IA 50574

POCAHONTAS COUNTY HOME CARE AGENCY
23 THIRD AVE NE BOX F
POCAHONTAS IA 50574-0806

POLK COUNTY
POLK COUNTY HEALTH DEPARTMENT
1907 CARPENTER AVE
DES MOINES IA 50314

VISITING NURSE SERVICE
PO BOX 4985
DES MOINES IA 50306-4985

GENERATIONS INC
PO BOX 7192
DES MOINES IA 50309

POTTAWATTAMIE COUNTY
COUNCIL BLUFFS CITY HEALTH DEPT
209 PEARL
COUNCIL BLUFFS IA 51503

VISITING NURSE ASSOCIATION OF POTTAWATTAMIE COUNTY
300 W BROADWAY STE 10
COUNCIL BLUFFS IA 51503

BEST COPY AVAILABLE

POWESHIEK COUNTY
GRINNELL REGIONAL HOME CARE
210 FOURTH AVE
GRINNELL IA 50112

RINGGOLD COUNTY
RINGGOLD COUNTY PUBLIC HEALTH NURSING AGENCY
107 E ADAMS
MOUNT AYR IA 50854

SAC COUNTY
SAC COUNTY PUBLIC HEALTH NURSING
COURTHOUSE ANNEX
116 S STATE ST STE A
SAC CITY IA 50583-2340

SCOTT COUNTY
GENESIS VISITING NURSE ASSOCIATION
1225 EAST RIVER DR
DAVENPORT IA 52803-5764

SCOTT COUNTY HEALTH DEPARTMENT
428 WESTERN AVE
DAVENPORT IA 52801

SHELBY COUNTY
MYRTUE HOSPITAL HOME & PUBLIC HEALTH
1213 GARFIELD AVE
HARLAN IA 51537

SIOUX COUNTY
PUBLIC HEALTH HOME CARE SIOUX COUNTY
211 CENTRAL AVE SE
ORANGE CITY IA 51041

STORY COUNTY
HOMEWARD
MARY GREELEY
MEDICAL CENTER
1606 S DUFF STE 400
AMES IA 50010-8026

TAMA COUNTY
TAMA COUNTY HEALTH SERVICE
129 W HIGH ST
TOLEDO IA 52342-1319

TAYLOR COUNTY
TAYLOR COUNTY
PUBLIC HEALTH AGENCY
405 JEFFERSON ST
BEDFORD IA 50833

UNION COUNTY
GREATER COMMUNITY
HOSPITAL HOME CARE
1700 W TOWNLINE
CRESTON IA 50801

VAN BUREN COUNTY
VAN BUREN COUNTY PUBLIC HEALTH NURSING
PO BOX 511
KEOSAUQUA IA 52565-0511

WAPELLO COUNTY
WAPELLO COUNTY
PUBLIC HEALTH
108 E MAIN ST
OTTUMWA IA 52501-2910

WARREN COUNTY
WARREN COUNTY HEALTH SERVICE
PO BOX 345
INDIANOLA IA 50125

WASHINGTON COUNTY
WASHINGTON COUNTY PUBLIC HEALTH & HOME CARE
314 MCCREEDY DR
WASHINGTON IA 52353

WAYNE COUNTY
WAYNE COUNTY PUBLIC HEALTH
PO BOX 102
CORYDON IA 50060

WAYNE COUNTY HOME CARE AGENCY
PO BOX 25
CORYDON IA 50060

WEBSTER COUNTY
WEBSTER COUNTY PUBLIC HEALTH AGENCY
330 1ST AVE NORTH
FORT DODGE IA 50501-3712

NORTH CENTRAL HOME CARE
602 3RD AVE NORTH
FORT DODGE IA 50501

WINNEBAGO COUNTY
WINNEBAGO COUNTY PUBLIC HEALTH NURSING SERVICE
216 S CLARK ST
FOREST CITY IA 50436

WINNESHIEK COUNTY
WINNESHIEK COUNTY PUBLIC HEALTH NURSING SERVICE
305 MONTGOMERY STE 3
DECORAH IA 52101

WOODBURY COUNTY
SIOUXLAND DISTRICT HEALTH DEPARTMENT
205 FIFTH STREET
SIOUX CITY IA 51101

HOME CARE SERVICES
3441 JONES STREET
SIOUX CITY IA 51104

WORTH COUNTY
WORTH COUNTY
PUBLIC HEALTH
849 CENTRAL AVE
NORTHWOOD IA 50459-1319

WRIGHT COUNTY
WRIGHT COUNTY PUBLIC HEALTH NURSING SERVICE
115 FIRST ST SE
CLARION IA 50525

BEST COPY AVAILABLE

Appendix J

MATERNAL CHILD HEALTH (MCH) FEDERAL POVERTY GUIDELINES

Eligibility for subsidized care is based upon annual family income and family size. Following are the income guidelines for MCH effective March 4, 1998.

Family Size	100%	133%	150%	185%	250%	300%
1	$8,050	10,707	12,075	14,893	20,125	24,150
2	10,850	14,431	16,275	20,073	27,125	32,550
3	13,650	18,155	20,475	25,253	34,125	40,950
4	16,450	21,879	24,675	30,433	41,125	49,350
5	19,250	25,063	28,875	35,613	48,125	57,750
6	22,050	29,327	33,075	40,793	55,125	66,150
7	24,850	33,051	37,275	45,973	62,125	74,550
8	27,650	36,775	41,475	51,153	69,125	82,950

These figures have been rounded to the nearest dollar.
For family units with more than 8 members, add $2,800 for each additional member at 100% of poverty.

LOCATIONS OF CHILD AND ADOLESCENT HEALTH SERVICES

CHILD AND ADOLESCENT HEALTH SERVICES FUNDED BY THE IOWA DEPARTMENT OF PUBLIC HEALTH

AMERICAN HOME FINDING ASSOCIATION*
Family Health Center
317 Vanness Avenue
Ottumwa, IA 52501
(515) 682-8784 or 800-452-1098

BLACK HAWK COUNTY CHILD HEALTH CENTER*
403 Sycamore, Suite 3
Waterloo, IA 50703
(319) 291-2732

COMMUNITY HEALTH OF JONES COUNTY
104 Broadway Place
Anamosa, IA 52205
(319) 462-6131 ext. 332

COMMUNITY HEALTH SERVICES OF MARION COUNTY
104 South Sixth Street, Box 152
Knoxville, IA 50138
(515) 828-2238

COMMUNITY HEALTH RESOURCES
1609 Cedar Street
Muscatine, IA 52761
(319) 263-0122

COMMUNITY OPPORTUNITIES, INC.
603 W. 8th Street
Carroll, IA 51401
(712) 792-9266 or 800-642-6330

CRAWFORD COUNTY HOME HEALTH AGENCY
HCCMS
1202 Broadway, PO Box 275
Denison, IA 51442
(712) 263-3303

DES MOINES COUNTY HEALTH DEPARTMENT
522 N. 3rd Street
Burlington, IA 52601
(319) 753-8215

GRINNELL REGIONAL MEDICAL CENTER
210 - 4th Avenue
Grinnell, IA 50112
(515) 236-2273

HAWKEYE AREA COMMUNITY ACTION PROGRAM, INC.
5560 - 6th Street, SW
PO Box 789
Cedar Rapids, IA 52404
(319) 366-7875

JOHNSON COUNTY DEPARTMENT OF PUBLIC HEALTH
1105 Gilbert Court
Iowa City, IA 52240
(319) 356-6045

MARSHALLTOWN MEDICAL AND SURGICAL CENTER
3 South 4th Avenue
Marshalltown, IA 50158
(515) 752-4524

MATERNAL HEALTH CENTER
852 Middle Road, #11369
Bettendorf, IA 52722
(319) 359-6633

MATURA ACTION CORPORATION
203 W. Adams Street
Creston, IA 50801
(515) 782-8431

MID-IOWA COMMUNITY ACTION, INC.
1001 South 18th Avenue
Marshalltown, IA 50158
(515) 752-7162
Story Co.: (515) 292-1944

MID-SIOUX OPPORTUNITY, INC.
418 Marion Street
Remsen, IA 51050
(712) 786-2001 or 800-859-2025

NORTH IOWA COMMUNITY ACTION ORGANIZATION
300 - 15th Street NE, Box 1627
Mason City, IA 50401
(515) 423-5406 or 800-657-5856

SIOUXLAND COMMUNITY HEALTH CENTER
PO Box 2118
Sioux City, IA 51104-0118
(712) 252-2477

TAYLOR COUNTY PUBLIC HEALTH
MCH Center of Southwest Iowa
407 Jefferson
Bedford, IA 50833
(712) 523-3405

UPPER DES MOINES OPPORTUNITIES, INC.
101 Robbins Avenue, Box 519
Graettinger, IA 51342
(712) 859-3885

VISITING NURSE ASSOCIATION
1454 Iowa Street PO Box 359
Dubuque, IA 52004
(319) 556-6200

VNA OF POTTAWATTAMIE COUNTY
300 W. Broadway, Suite 10
Council Bluffs, IA 51503
(712) 328-2636

VISITING NURSE SERVICES
1111 - 9th Street, PO Box 4985
Des Moines, IA 50306-4985
(515) 288-1516

WASHINGTON COUNTY PHN SERVICE
314 McCreedy Drive
Washington, IA 52353
(319) 653-7758

WEBSTER COUNTY PUBLIC HEALTH
330 First Avenue, North
Fort Dodge, IA 50501
(515) 573-4107

BEST COPY AVAILABLE

Appendix K

LOCATIONS OF MATERNAL HEALTH SERVICES

MATERNAL HEALTH SERVICES
FUNDED BY THE IOWA DEPARTMENT OF PUBLIC HEALTH

Allen Memorial Hospital
Women's Health Center
233 Vold Drive
Waterloo, IA 50703
(319) 235-5090

American Home Finding
Family Health Center
317 Vanness Avenue
Ottumwa, IA 52501
(515) 682-8784 or 800-452-1098

Community Health Services
of Marion County
104 S. 6th Street, PO Box 152
Knoxville, IA 50138
(515) 828-2238

Community Health Resources
1609 Cedar Street, 2nd floor
Muscatine, IA 52761
(319) 263-0122

Community Opportunities, Inc.
603 W. 8th Street
Carroll, IA 51401
(712) 792-9266 or 800-642-6330

Crawford County Home Health Agency
HCCMS
1202 Broadway, PO Box 275
Denison, IA 51442
(712) 263-3303

Crittenton Center
1105 - 28th Street, PO Box 295
Sioux City, IA 51102-0295
(712) 255-4321

Des Moines County Health Department
522 North 3rd Street
Burlington, IA 52601
(319) 753-8215

Grinnell Regional Medical Center
210 4th Avenue
Grinnell, IA 50112
(515) 236-2273

Hawkeye Area Community Action Program, Inc.
5560 6th Street SW
PO Box 789
Cedar Rapids, IA 52404
(319) 366-7875

Hillcrest Family Services
Hillcrest-Mercy Maternal Health Clinic
102 Professional Arts, Mercy Drive
Dubuque, IA 52001
(319) 589-8595

Johnson County Department of Public Health
1105 Gilbert Court
Iowa City, IA 52240
(319) 356-6045

Marshalltown Medical &
Surgical Center
3 South 4th Avenue
Marshalltown, IA 50158
(515) 752-1521

Maternal Health Center
852 Middle Road, #11369
Bettendorf, IA 52722
(319) 359-6633

Matua Action Corporation
203 W. Adams Street
Creston, IA 50801
(515) 782-8431

Mid Iowa Community Action Inc.
1001 South 18th Avenue
Marshalltown, IA 50158
(515) 752-7162
Story Co.: (515) 292-1944

Mid Sioux Opportunity Inc.
418 Marion Street
Remsen, IA 51050
(712) 786-2001 or 800-859-2025

North Iowa Community
Action Organization
300 15th Street NE, PO Box 1627
Mason City, IA 50401
(515) 432-5044 or 800-657-5856

Taylor County Public Health
MCH Center of Southwest Iowa
407 Jefferson
Bedford, IA 50833
(712) 523-3405

Upper Des Moines Opportunity Inc.
101 Robbins Avenue, PO Box 519
Graettinger, IA 51342
(712) 859-3885

Visiting Nurse Association
1454 Iowa Street
PO Box 359
Dubuque, IA 52004
(319) 556-6200

VNA of Pottawatamie County
300 West Broadway, Suite 10
Council Bluffs, IA 51503
(712) 328-2636

Visiting Nurse Services
1111 - 9th Street, PO Box 4985
Des Moines, IA 50306-4985
(515) 288-1516

Washington County PHN Service
314 McCreedy Drive
Washington, IA 52353
(319) 653-7758

Webster County Public Health
330 - 1st Avenue North
Ford Dodge, IA 50501
(515) 573-4107

Women's Health Services
215 - 6th Avenue South
Clinton, IA 52732
(319) 243-1413

BEST COPY AVAILABLE

WOMEN, INFANTS AND CHILDREN (WIC)

COMMON FACTORS WHICH PRODUCE NUTRITIONAL RISK

Abnormal growth

- weight or height <5th or> 95th percentile
- inadequate gestational weight gain
- birth weight <2500 grams

Low Hematocrit

- <33% – pregnant women, children 2-5 years
- <36%–breast feeding women
- <33%–6-12 month infant
- <34%–1-5-year old child

Health Conditions

- previous reproductive history of high parity, toxemia, premature delivery, multiple birth (at conception) and <18 or >35
- chronic conditions, as diagnosed by a physician, which are influenced by inappropriate diet, e.g., hypertension, diabetes, renal disease, and malabsorption.

Abnormal Dietary Patterns

- inadequate intake of foods
- excessive alcohol intake
- pica

Eligibility for the program is determined very 6 months for children.

Appendix M

WOMEN, INFANT AND CHILDREN (WIC)
FEDERAL POVERTY GUIDELINES

Women who are pregnant and those who have a child under five years of age may receive nutritious foods such as milk, eggs, cereal, juice, and infant formula at no cost through the Iowa WIC program. They will also receive nutritional advice from trained professionals. A call to 1-800-242-1579, toll free, will make an appointment. At a local clinic, their gross income will be compared with the guidelines below, and they will have a simple health exam.

WIC Income Guidelines – April 1, 1998- March 31, 1999

Household Size Income	Annual Income	Monthly Income	Weekly Income
1	$14,893	1,242	287
2	20,073	1,673	387
3	25,253	2,105	486
4	30,433	2,537	586
5	35,613	2,968	685
6	40,793	3,500	785
7	45,973	3,832	885
8	51,153	4,263	984

The special Supplemental Food Program for Women, Infants and Children (WIC) is open to all eligible persons. Persons seeking to file discrimination complaints based on race, color, national origin, age, sex, or handicap may write to the Secretary of Agriculture, Washington, D.C., 20250

WOMEN INFANT AND CHILDREN (WIC)

Agency Locations – April 1, 1998

BROADLAWNS MEDICAL CENTER
1801 Hickman Rd.
Des Moines, IA 50314

COMMUNITY OPPORTUNITIES
603 West 8th St.
Carroll, IA 51401

HAWKEYE AREA COMMUNITY
ACTION PROGRAM
1328 2nd Ave. SE
Cedar Rapids, IA 52406

HILLCREST FAMILY SERVICES
2005 Asbury Rd.
Box 1160
Dubuque, IA 52001

JOHNSON COUNTY PUBLIC HEALTH
1105 Gilbert Court
Health Center
Iowa City, IA 52240

MATERNAL HEALTH CENTER
Bettendorf Bank Building
Duck Creek Plaza #220
852 Middle Rd.
Bettendorf, IA 52722

MATURA ACTION CORPORATION
203 West Adams
Creston, IA 50801

NORTH IOWA COMMUNITY ACTION
202 1st St. SE
P.O. Box 1627
Mason City, IA 50402

NE IOWA COMMUNITY ACTION
305 Montgomery
P.O. Box 487
Decorah, IA 52101

OPERATION THRESHOLD
300 West 3rd St.
Waterloo, IA 50701

POTTAWATTAMIE COUNTY
Suite 9, Omni Center
300 W. Broadway
Council Bluffs, IA 51501

SE IOWA COMMUNITY ACTION
2850 Mt. Pleasant St.
Suite 108
Burlington, IA 52601

UPPER DES MOINES OPPORTUNITY
101 Robbins Ave., P.O. Box 519
Graettinger, IA 51342

WEST CENTRAL DEVELOPMENT
1108 8th St., Box 709
Harlan, IA 51537

MID-IOWA COMMUNITY ACTION
1001 South 18th Ave.
Marshalltown, IA 50158

MID-SIOUX OPPORTUNITIES
418 Marion St.
Remsen, IA 51050

AMERICAN HOME FINDING
Family Health Center
317 East Vanness
Ottumwa, IA 52501

SIOUXLAND WIC
504 11th St.
Sioux City, IA 51105

WEBSTER COUNTY PUBLIC HEALTH
330 1st. Ave. North
Ford Dodge, IA 50501

Appendix O

CHILD CARE ASSISTANCE INCOME GUIDELINES

Monthly Income Increment Levels According to Family Size											
Income Levels	1	2	3	4	5	6	7	8	9	10	Half-Day Fee
A	638	860	1082	1303	1525	1747	1968	2190	2412	2633	.00
B	672	905	1139	1372	1605	1829	2072	2305	2539	2772	.50
C	710	956	1203	1449	1695	1942	2188	2434	2681	2927	1.00
D	749	1009	1270	1530	1790	2051	2311	2570	2831	3091	1.50
E	791	1066	1341	1616	1890	2166	2440	2714	2990	3264	2.00
F	836	1125	1416	1706	1996	2287	2577	2866	3157	3447	2.50
G	882	1188	1496	1802	2108	2415	2721	3027	3334	3640	3.00
H	932	1255	1579	1903	2226	2550	2873	3196	3521	3844	3.50
I	984	1325	1668	2009	2350	2693	3034	3375	3718	4059	4.00
J	1039	1399	1761	2122	2482	2844	3204	3564	3926	4287	4.50
K	1097	1478	1860	2240	2621	3003	3383	3764	4146	4527	5.00
L	1159	1561	1964	2366	2768	3171	3573	3975	4378	4780	5.50
M	1224	1648	2074	2498	2923	3349	3773	4197	4623	5048	6.00

To use the sliding fee schedule:

1. Move across the monthly income table to the column headed by the number of persons in the family that was used in determining service eligibility.

2. Move down that column to the first row with an amount greater than the monthly family income. Use the row above that row to determine the fee. (Example: Income at or above level B but less than level C is level B fee, $.50 per half day.)

3. When a family has more than 10 members, find the income levels by multiplying the figures in the 4-member column by 0.03. Round the answers to the nearest dollar and multiply by the number in the family in excess of 10. Add the result of the amount in the 10-member column

Include documentation in the case file to support the fee.

CHILD CARE RESOURCE AND REFERRAL

NORTHWEST IOWA
Mid Sioux Opportunity, Inc.
418 Marion Street, PO Box 390
Remsen, IA 51050
(712) 786-2001
800-859-2025
FAX: (712) 786-3250
Counties Served: Buena Vista, Cherokee, IDA, Lyon, Plymouth, Sioux and Woodbury

Upper Des Moines Opportunity, Inc.
101 Robbins Ave., PO Box 519
Graettinger, IA 51342
(712) 859-3885
800-245-6451
FAX: (712) 859-3892
Counties Served: Clay, Dickinson, Emmet, Humbolt, Kossuth, Osceola, O'Brien, Palo Alto, Pocahontas and Wright

Family Resource Center
102 West 6th Street
Carroll, IA 51401
(712) 792-6440
800-999-5101
FAX: (712) 792-3904
Counties Served: Calhoun, Crawford, Hamilton, Sac and Webster

NORTHEAST IOWA
Exceptional Persons, Inc.
760 Ansborough Venue, PO Box 4090
Waterloo, IA 50704
(319) 233-0804
800-475-0804
FAX: (319) 232-0453
Counties Served: Black Hawks, Bremer, Buchanan, Butler, Chickasaw, Fayette and Grundy

Project Concern, Inc.
2013 Central Avenue, Suite 200
Dubuque, IA 52001
(319) 557-1628
FAX: (319) 588-3982
Counties Served: Clayton, Delaware and Dubuque

North Iowa Community Action Organization
PO Box 1627
Mason City, IA 50401
(515) 424-0559
FAX: (319) 588-3982
Counties Served: Cerro Gordo, Floyd, Franklin, Hancock, Mitchell, Winnebago and Worth

SOUTHWEST AND SOUTH CENTRAL IOWA
West Central Development Corp.
611 Court Street, PO Box 709
Harlan, IA 51537
(712) 755-7381
800-945-9778
FAX: (712) 755-7828
Counties Served: Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page and Shelby

Volunteer Bureau of Council Bluffs
Child Care Resource Center
523 Sixth Avenue
Council Bluffs, IA 51503
(712) 322-6431
FAX: (712) 322-4797
Counties Served: Pottawattamie

MATURA Action Corporation
Child Care Resource Center
203 West Adams
Creston, IA 50801
(515) 782-8431
FAX: (515) 782-4797
Counties Served: Adair, Adams, Guthrie, Ringgold, Taylor and Union

Family Resource Center
102 West 6th Street
Carroll, IA 51401
(712) 792-6440
800-999-5101
FAX: (712) 792-3904
Counties Served: Audubon, Carroll and Greene

South Central Iowa Community Action Program
1403 NW Church Street
Leon, IA 50144
(515) 446-4155
FAX: (515) 446-3392
Counties Served: Clarke, Decatur and Wayne

CENTRAL IOWA
Polk County Child Care Resource Center
1200 University, Suite H
City View Plaza
Des Moines, IA 50314
(515) 286-3536
800-722-7619
FAX: (515) 283-9293
Counties Served: Dallas, Jasper, Marion and Polk (Parent Services Only), Madison and Warren

Center for Child Care Resources, Inc.
1038 Pammel Court
Ames, IA 50014
(515) 294-8833
800-437-8509
FAX: (515) 294-1049
Counties Served: Boone, Hardin, Marshall and Story

Warren County ISU Extension
909 E. 2nd Ave., Ste. E
Indianola, IA 50125
(515) 961-5067
FAX: (515) 961-6017
Counties Served: (Provider Services Only) Madison and Warren

SOUTHEAST IOWA
Iowa East Central T.R.A.I.N.
Community Child Resource and Referral Center
2804 Eastern Avenue
Davenport, IA 52803
(319) 324-1302
800-369-3778
FAX: (319) 324-7736
Counties Served: Cedar, Clinton, Muscatine and Scott

Hawkeye Area Community Action Program, Inc., HACAP
PO Box 789, 320 - 11th Ave., S.E.
Cedar Rapids, IA 52401
(319) 366-0054
800-233-0054
FAX: (319) 366-8936
Counties Served: Benton, Iowa, Jackson, Jones and Linn

4C's - Community Coordinated Child Care
1500 Sycamore Street
Iowa City, IA 52240
(319) 338-7684
FAX: (319) 338-9139
Counties Served: Johnson and Washington

Southeast Iowa Community Action Organization
2850 Mt. Pleasant, Suite 108
Burlington, IA 52601
(319) 753-0193
FAX: (319) 753-0687
Counties Served: Des Moines, Henry, Lee and Louisa

Mahaksa County Ext. Office
113 A. Avenue West
Oskaloosa, IA 52577
(515) 673-5841
515) 673-0559
Counties Served: Appanoose, Davis, Jefferson, Keokuk, Mahaska, Powesheik, Tama, VanBuren and Wapello

South Central Iowa Community Action Agency
1403 N.W. Church Street
Leon, IA 50144
(515) 446-4155
FAX: (515) 446-3392
Counties Served: Lucas and Monroe

BEST COPY AVAILABLE

Appendix Q

DEPARTMENT OF HUMAN SERVICES COUNTY OFFICES

COUNTY	#	OFFICE ADDRESS	PHONE	COUNTY	#	OFFICE ADDRESS	PHONE
ADAIR (CP Region) (Union Cluster)	01	Terry Hutchinson 132 S.E. Court Dr. Greenfield, IA 50849	(515) 743-2119	BUENA VISTA (SC Region) (Buena Vista Cluster) FAX (712) 749-2569	11	Lyle Fleshner 311 E. 5th Street Storm Lake, IA 50588	(712) 749-2536
ADAMS (CB Region) (Union Cluster) FAX (515) 322-3986	02	Terry Hutchinson Courthouse Corning, IA 50841	(515) 322-4031	BUTLER (WAT Region) (Butler Cluster) FAX (Court House) (319) 267-2625	12	Deb Huisinga 415 North Main PO Box 306 Allison, IA 50602	(319) 267-2594
ALLAMAKEE (WAT Region) (Winneshiek Cluster) FAX: (319) 568-4936	03	Melanie Tietz Courthouse Waukon, IA 52172	(319) 568-4583	CALHOUN (SC Region) (Webster Cluster) FAX (712) 297-5309	13	Ronald D. Waltod 315 Court Street PO Box 71 Rockwell City, IA 50579	(712) 297-8524
APPANOOSE (CR Region) (Appanoose Cluster) FAX: (515) 437-4089	04	Jean Sprouse 209 East Jackson PO Box 488 Centerville, IA 52544	(515) 437-4450	CARROLL (CB Region) (Carroll Cluster) FAX (712) 792-1516	14	Jack Slauson 515 N. Main Street Carroll, IA 51401-2346	(712) 792-4301
AUDUBON (CB Region) (Carroll Cluster) FAX (712) 563-3414	05	Jack Slauson 210 North Market Audubon, IA 50025-1255	(712) 563-4259	CASS (CB Region) (Cass Cluster) FAX (319) 886-6039	15	Carol L. Gutchewsky Courthouse Atlantic, IA 50022	(712) 243-4101
BENTON (CR Region) (Benton Cluster) FAX: (319) 472-4451	06	Sandra Teich 111 E. 4th Street PO Box 454 Vinton, IA 52349	(319) 472-4746	CEDAR (CR Region) (Muscatine Cluster) FAX (319) 886-6039	16	Gary Hoxmeier 101 Lynn Street Tipton, IA 52772	(319) 886-6036
BLACK HAWK (WAT Region) (Black Hawk Cluster) FAX: (319) 291-2619	07	Evan Klenk 1407 Independence Avenue PO Box 7500 Waterloo IA 50701-7500	(319) 291-2441	CERRO GORDO (WAT Region) (Cerro Gordo Cluster) FAX (515) 424-1759	17	Allen L. Grooters Mohawk Square 22 N. George Ave. Mason City, IA 50401	(515) 424-8041
BOONE (DM Region) (Boone Cluster) FAX CDS (515) 432-2480	08	John Grush 900 W. Mamie Eisenhower Boone, IA 50036	(515) 433-0593	CHEROKEE (SC Region) (Sioux Cluster) FAX (712) 225-6726	18	Dennis Sassman 239 West Maple Cherokee, IA 51012	(712) 225-6723
BREMER (WAT Region) (Butler Cluster) FAX (319) 352-3471	09	Deb Huisinga 1803 Horton Road Waverly, IA 50677	(319) 352-4233	CHICKASAW (WAT Region) (Floyd Cluster) FAX (515) 394-3202	19	Lori Nettleton 910 East Main New Hampton, IA 50659	(515) 394-4315
BUCHANAN (WAT Region) (Buchanan Cluster) FAX (319) 334-2063	10	Art Finnigan 1113 1st St. West PO Box 108 Independence, IA 50644	(319) 334-6091	CLARKE (CB Region) (Decatur Cluster) FAX (515) 342-3371	20	Terry Hutchinson 115 North Main PO Box 377 Osceola, IA 50213	(515) 342-6516

BEST COPY AVAILABLE

COUNTY	#	OFFICE ADDRESS	PHONE	COUNTY	#	OFFICE ADDRESS	PHONE
CLAY (SC Region) (Clay Cluster) FAX (712) 262-3621	21	Paula Heckenlively 215 W. 4th Street PO Box 7977 Spencer, IA 51301	(712) 262-3586	**EMMET** (SC Region) (Kossuth Cluster) FAX (712) 362-7239	32	Kathryn Lucas 220 S. 1st Street Estherville, IA 51334	(712) 362-7237
CLAYTON (WAT Region) (Winneshiek Cluster) FAX (319) 245-2571	22	Melanie Tietz Clayton County Office Building 100 Sandpit Road Elkader, IA 52043	(319) 245-1766	**FAYETTE** (WAT Region) Buchanan Cluster) FAX (319) 422-5636	33	Art Finnigan 129 A North Vine PO Box 476 West Union, IA 52175	(319) 422-5634
CLINTON (CR Region) (Clinton Cluster) FAX (319) 242-5079	23	Delbert Crews PO Box 1180 121 6th Avenue S. Clinton, IA 52732	(319) 242-0573	**FLOYD** (WAT Region) Floyd Cluster) FAX/CIDS (515) 228-6439	34	Lori Nettleton 1206 South Main PO Box 158 Charles City, IA 50616	(515) 228-5713
CRAWFORD (SC Region) Buena Vista Cluster) FAX (712) 263-4754	24	Lyle Fleshner 107 S. Main Street Denison, IA 51442	712) 263-5668	**FRANKLIN** (WATRegion) Franklin Cluster) FAX (515) 456-2852	35	Deb Husinga 19 - 2nd Ave., N.W. PO Box 58 Hampton, IA 50441	(515) 456-4763
DALLAS (DM Region) Appanoose Cluster) FAX (515) 664-3182	25	John Grush 210 N. 10th Street PO Box 8 Adel, IA 50003	(515) 993-5817 or 800-397-3232	**FREMONT** (CB Region) Page Cluster) FAX (712) 374-2312	36	Steve Hoegh 114 Clay Street PO Box 419 Sidney, IA 51652	(712) 374-2312
DAVIS (CR Region) Appanoose Cluster) FAX (515) 664-3182	26	Jean Sprouse 203 S. Madison PO Box 107 Bloomfield, IA 52537	(515) 664-2239	**GREENE** (CB Region) Carroll Cluster) FAX (515) 386-3602	37	Jack Slauson Courthouse 114 North Chestnut Jefferson, IA 50129	(515) 386-2143
DECATUR (CB Region) Decatur Cluster) FAX (515) 446-4362	27	Terry Hutchinson 210 N. Main Street Leon, IA 50144	(515) 446-4312	**GRUNDY** (Less than full time office) (WAT Region) (Butler Cluster)	38	Deb Husinga 315 North Main PO Box 306 Allison, IA 50602	(319) 267-2594
DELAWARE (WAT Region) Buchanan Cluster) FAX (319) 927-4389	28	Art Finnigan 721 S. 5th Street PO Box 500 Manchester, IA 52057	(319) 927-4512	**GUTHRIE** (CB Region) (Carroll Cluster) FAX (515) 747-3398	39	Jack Slauson Courthouse 200 N. 5th Street Guthrie Center, IA 50115	(515) 747-2293
DES MOINES (CR Region) Des Moines Cluster) FAX (319) 754-4628	29	Sally O' Riley 409 North Fourth Burlington, IA 52601	(319) 754-4622	**HAMILTON** (SC Region) (Webster Cluster) FAX (515) 832-9560	40	Doug Kooms 2300 Superior Street Webster, IA 50595	(515) 832-9555
DICKINSON (SC Region) (Clay Cluster) FAX (712) 336-2558	30	Paula Heckenlively 901 - 20th Street Suite 3 Spirit Lake, IA 51360	(712) 336-2555	**HANCOCK** (WAT Region) Cerro Gordon Cluster) FAX (515) 923-3758	41	Allen L. Grooters 120 E. 8th Street Courthouse Annex Garner, IA 50438	(515) 923-3758
DUBUQUE (WAT Region) Dubuque Cluster) FAX (319) 557-9177	31	Gary Lippe Town Clock Plaza Nesler Centre, Suite 410 Box 87 Dubuque, IA 52001	(319) 557-8251	**HARDIN** (DM Region) (Marshall Cluster) FAX/CIDS (515) 858-3465	42	Lee Bergen 1201 - 14th Avenue Eldora, IA 50627	(515) 858-3461 or 800-859-3048

BEST COPY AVAILABLE

HARRISON CB Region Harrison Cluster FAX (712) 644-3393	43	John Mock 204 E. 6th Street PO Box 189 Logan, IA 51546	(712) 644-2460	JONES CR Region Linn Cluster FAX (319) 462-4248	53	Marc Baty 500 W. Main Street Anamosa, IA 52205	(319) 462-4557
HENRY CR Region Des Moines Cluster FAX (319) 385-8512	44	Sally O'Riley 202 North Jackson Mt. Pleasant, IA 52641	(319) 986-5457	KEOKUK CR Region Jefferson Cluster FAX (515) 622-3743	54	Mike Hodoly Route 1 PO Box 308 Sigourney, IA 52591	(515) 622-2980
HOWARD WAT Region Winneshiek County FAX (319) 547-3117	45	Melanie Tietz 205 East Second Cresco, IA 52136	(319) 547-2860	KOSSUTH SC Region Kossuth Cluster FAX (515) 295-3263	55	Kathryn Lucas 109 West State Street Algona, IA 50511	(515) 295-7771
HUMBOLDT SC Region Hamilton Cluster FAX (515) 332-4025	46	Doug Koons Courthouse Dakota City, IA 50529	(515) 332-3383	LEE - NORTH CR Region Lee Cluster FAX (319) 372-8921	56	Sue Erice 933 Avenue H PO Box 188 Fort Madison, IA 52627	(319) 372-3631
IDA SC Region Buena Vista Cluster FAX (712) 364-4166	47	Lyle Fleshner Courthouse IDA Grove, IA 51445	(712) 364-2631	LEE - SOUTH CR Region Lee Cluster FAX (319) 524-6518	56	Sue Erice 107 Bank Street PO Box 937 Keokuk, IA 52632	(319) 524-1052
IOWA CR Region Benton Cluster FAX (319) 642-7757	48	Sandra Teich 1061 Court Avenue Box 147 Marengo, IA 52301	(319) 642-5573	LINN CR Region Linn Cluster FAX (319) 398-3543	57	Marc Baty Service Unit 411 3rd Street SE Suite 400 Cedar Rapids, IA 52401 Income Maintenance Unit 411 Third Street SE Suite 400 Cedar Rapids, IA 52401	(319) 398-3950 (319) 398-3525
JACKSON CR Region Clinton Cluster FAX (319) 652-6615	49	Delbert Crews 700 West Quarry Maquoketa, IA 52060	(319) 652-4000 or 800-247-0089	LOUISA CR Region Des Moines Cluster FAX/Sheriff (319) 523-4373	58	Sally O'Riley 317 Van Buren Wapello, IA 52653	(319) 523-6351
JASPER DM Region Jasper Cluster FAX (515) 792-5830	50	Jerry Sawin 120 First Street N Suite 500 Newton, IA 50208	(515) 792-1955	LUCAS CR Region Appanoose Cluster FAX (515) 774-8038	59	Jean Sprouse 125 South Grand PO Box 745 Chariton, IA 50049	(515) 774-5071
JEFFERSON CR Region Jefferson Cluster FAX (515) 472-4519	51	Mike Hodoly 51 West Hempstead PO Box 987 Fairfield, IA 52556	(515) 472-5011	LYON SC Region Sioux Cluster FAX (712) 472-3878	60	Dennis Sassman 803 S. Greene, Ste. 2 PO Box 148 Rock Rapids, IA 51246	(712) 472-4744
JOHNSON CR Region Johnson Cluster FAX (319) 337-2705	52	Cheryl Whitney 911 North Governor Iowa City, IA 52240	(319) 356-6050	MADISON DM Region Warren Cluster FAX/CIDS (515) 462-3067	61	Dale Carter 209 E. Madison R.R. #1 Winterset, IA 50273	(515) 462-2831

BEST COPY AVAILABLE

COUNTY	#	OFFICE ADDRESS	PHONE
MAHASKA (CR Region) (Wapello Cluster) FAX (515) 673-5467	62	Rick Johnson Heartland Square Mall 1703 3rd Ave., East PO Box 290 Oskaloosa, IA 52577	(515) 673-3496
MARION (DM Region) (Newton Cluster) FAX (515) 842-6883	63	Jerry Sawin Old Hwy 92 East Knoxville, IA 50138	(515) 842-5087
MARSHALL (DM Region Marshall Cluster) FAX (515) 752-6746	64	Lee Bergen 206 W. State Street Marshalltown, IA 50158	(515) 752-6741
MILLS (CR Region) (Cass Cluster) FAX/CIDS (712) 527-3941	65	Carol L. Gutchewsky 711 S. Vine Street PO Box 469 Glenwood, IA 51534	(712) 527-4803
MITCHELL (Less than full time office) (WAT Region) (Charles City Cluster)	66	Lori Nettleton 1206 South Main PO Box 158 Charles City, IA 50616	(515) 228-5713
MONONA (CR Region) (Logan Cluster) FAX (712) 423-9503	67	John Mock Courthouse 610 Iowa Avenue PO Box 58 Onawa, IA 51040	(712) 423-1921
MONROE (CR Region) Centerville Cluster FAX (515) 932-2114	68	Jean Sprouse 103 South Clinton PO Box 176 Albia, IA 52531	(515) 932-5187
MONTGOMERY (CB Region) (Cass Cluster) FAX (712) 623-3569	69	Carol L. Gutchewsky 1109 Highland PO Box 525 Red Oak, IA 51566	(712) 623-4838
MUSCATINE (CR Region) Muscatine Cluster) FAX (319) 262-8614	70	Gary Hoxmeier 120 E. 3rd Street 4th Floor Muscatine, IA 52761	(319) 263-9302
O'BRIEN (SC Region) Clay Cluster) FAX (712) 575-5155	71	Paula Heckenlively 160 - 2nd Street SE PO Box 400 Primghar, IA 51245	(712) 757-5135
OSCEOLA SC Region) Clay Cluster) FAX (712) 754-3623	72	Paula Heckenlively 230 Ninth Street Sibley, IA 51249	(712) 754-3622
PAGE (CB Region) (Page Cluster) FAX (712) 542-4659	73	Steve Hoegh 1212 S. 15th, Suite C PO Box 178 Clarinda, IA 51632	(712) 542-5111 (Clarinda) (712) 246-4167 (Shenandoah)
PALO ALTO (SC Region) (Kossuth Cluster) FAX (712) 852-3524	74	Kathryn Lucas 2105 Main Emmetsburg, IA 50536	(712) 852-3524
PLYMOUTH (SC Region) (Sioux Cluster) FAX (712) 548-4041	75	Dennis Sassman 19 - 2nd Ave., N.W. LeMars, IA 51041	(712) 546-8877
POCAHONTAS (SC Region) (Webster Cluster) FAX (712) 335-3929	76	Ronald D. Walrod 23 - 3rd Ave., N.E. PO Box F Pocahontas, IA 50574	(712) 335-3565
POLK (DM Region) (Des Moines Cluster) FAX (515) 283-9040	77	Ken Riedel Administrative Offices City View Plaza 1200 University Ave. Des Moines, IA 50314 2330	(515) 283-9238
CENTRAL FAX (515) 285-2132		1900 Carpenter Des Moines, IA 50314- 1309	(515) 286-3555
EAST FAX (515) 286-3383		1740 Garfield Des Moines, IA 50316- 2646	(515) 286-3270
PIONEER COLUMBUS FAX (515) 288-8419		2100 SE Fifth Des Moines, IA 50315- 1552	(515) 288-9333
POTTAWATTAMIE (CB Region) (Pottawattamie Cluster) FAX (712) 328-5748	78	Thomas Bouska 417 E. Kanesville Blvd Council Bluffs, IA 51503	(712) 328-5648
POWESHIEK (CR Region) (Benton Cluster) FAX (515) 236-8688	79	Sandra Tetch 819 Commercial PO Box 449 Grinnell, IA 50112	(515) 236-3149
RINGGOLD (CB Region) (Decatur Cluster) FAX (515) 464-0644	80	Terry Hutchinson Courthouse Mount Ayr, IA 50854	(515) 464-2247

BEST COPY AVAILABLE

SAC (SC Region) Buena Vista Cluster) FAX (712) 662-7320	81	Lyle Fleshner 116 S. State Street Sac City, IA 50583	(712) 662-4782	WAPELLO (CR Region) Wapello Cluster) FAX (515) 682-7828	90	Rick Johnson 120 East Main Ottumwa, IA 52501	(515) 682-8793
SCOTT (CR Region) Scott Cluster) FAX (319) 326-8240	82	Dennis R. Timmermann 428 Western Avenue 2nd Floor Davenport, IA 52801	(319) 326-8680	WARREN (DM Region) Warren Cluster) FAX (515) 961-1129	91	Dale Carter 901 East Iowa PO Box 729 Indianola, IA 50125	(515) 961-5353
SHELBY (CB Region) Harrison Cluster) FAX (712) 755-3287	83	John Mock 807 Court Street PO Box 126 Harlan, IA 51537	(712) 755-3145	WASHINGTON (CR Region) Jefferson Cluster) FAX (319) 653-3463	92	Mike Hodoly 108 West Jefferson PO Box 519 Washington, IA 52353	(319) 653-7752
SIOUX (Sc Region) Sioux Cluster) FAX (712) 737-3564	84	Dennis Sassman 215 Central Ave., SE PO Box 270 Orange City, IA 51041	(712) 737-2943	WAYNE (CB Region) Decatur Cluster) FAX (515) 872-1615	93	Terry Hutchinson 117 West Jackson PO Box 465 Corydon, IA 50060	(515) 872-1820
STORY DM Region) Story Cluster) FAX/CIDS (515) 296-2672	85	Roxanne Thompson 134 Dotson Drive Ames, IA 50014	(515) 292-2035	WEBSTER (SC Region) Webster Cluster) FAX (515) 573-1678	94	Ron Wahrod 330 First Avenue N PO Box 837 Fort Dodge, IA 50501	(515) 955-6353
DM Region) Story Cluster) FAX (515) 292-0115		Service Unit 113 Colrado Jct. Ames, IA 50014	(515) 292-2330	WINNEBAGO (WAT Region) (Mason City Cluster) FAX (515) 582-3714	95	Allen L. Grooters 216 South Clark Forest City, IA 50436	(515) 582-3271
TAMA (CR Region) (Benton Cluster) FAX (515) 484-4096	86	Sandra Teich 129 W. High Street PO Box 10 Toledo, IA 52342	(515) 484-3406	WINNESHIEK (WAT Region) (Winneshiek Cluster) FAX (319) 382-8709	96	Melanie Tietz 305 Montgomery Street PO Box 280 Decorah, IA 52101	(319) 382-2928
TAYLOR (CB Region) Page Cluster) FAX (712) 523-2789	87	Steve Hoegh 309 Main PO Box 475 (Mailing) Bedford, IA 50833	(712) 523-2129	WOODBURY (SC Region) Woodbury Cluster) FAX (712) 255-2674	97	Phil Kratz Trospar Hoyt County Services Bldg 822 Douglas Street Sioux City, IA 51101- 1024	(712) 255-0843
UNION (CB Region) (Union Cluster) FAX (515) 782-2176	88	Terry Hutchinson Courthouse Creston, IA 50801	(515) 782-2173	WORTH COUNTY (Less than full time office) (WAT Region) Cerro Gordo Cluster)	98	Allen L. Grooters 22 N. Georgia Ave. Mason City, IA 50401	(515) 424-8641
VAN BUREN (CR Region) Lee Cluster) FAX (Treasurer) (319) 293-3828	89	Sue Frice Courthouse Box 458 Keosauqua, IA 52565	(319) 293-3791	WRIGHT (SC Region) Hamilton Cluster) FAX (712) 532-2761	99	Doug Koons 114 - 1st St., S.W. PO Box 346 Clarion, IA 50525	(515) 532-6645

BEST COPY AVAILABLE

EPSDT CARE FOR KIDS
SCREENING SCHEDULE

CHILD'S AGE	RECOMMENDED AGES FOR SCREENING
0 to 12 months	*2-3days, 1, 2, 4, 6, 9, 12 months
13 to 24 months	15, 18, 24 months
3 to 6 years	3, 4, 5, 6 years
7 to 14 years	8, 10, 12, 14 years
15 to 20 years	16, 18, 20 years

For newborns discharged within 24 hours or less after delivery:
Sixty (60) days before the recommended ages for screening, a family with an eligible child will receive a notice that screening should be done. Families with a child who has just been determined Medicaid-eligible will immediately receive a notice that screening is to be done. After the initial notice, they will receive additional notices 60 days before the next recommended screening. Inter-periodic screens or screens at times other than the recommended ages may be requested by families or professionals serving the child. The inter-periodic screen is a covered EPSDT *Care for Kids* service.

Appendix S

DEFINITIONS OF LONG-TERM CARE FACILITIES LEVEL OF CARE

Medicare-Certified Skilled Nursing Facility (SNF) – means a certified institution providing services that are ordered by a physician and that require the skills of technical or professional personnel such as registered nurses, licensed practical (vocational) nurses, physical therapists, occupational therapists, occupational therapists, and speech pathologists or audiologists. The services must be needed on a daily basis and be furnished directly by, or under the supervision of, the aforementioned personnel. [CFR 409.31]

Nursing Facility (NF) – means an institution or distinct part of an institution housing three or more individuals not related to the administrator or owner within the third degree of consanguinity, which is primarily engaged in providing health related care and services, including rehabilitative services, but which is not engaged primarily in providing treatment or care for mental illness or mental retardation, for a period exceeding twenty-four consecutive hours for individuals who, because of a mental or physical condition, require nursing care and other services in addition to room and board. [Code of Iowa, Chapter 135C.1 (12)]

Intermediate Care Facility for the Mentally Retarded (ICF-MR) – means an institution or distinct part of a n institution with a primary ¡purpose to provide health or rehabilitative services to three or more individuals, who primarily have mental retardation or a related condition and who are not related to the administrator or owner within the third degree of consanguinity, and which meets the requirements of the state and federal standards for intermediate care facilities for the mentally retarded established pursuant to the federal Social Security Act. [Code of Iowa, Chapter 135C.1 (8)]

PRIVATE INSURANCE CHECKLIST FOR FAMILIES

In-patient Hospital Coverage

1. What services are covered?
2. Are there any co-payments?
3. Are there deductibles?
4. Are there any prior authorization (pre-approval) procedures to be followed for needed services not usually covered?
5. How many days in the hospital are covered?
6. Will exceptions be made to the policy if services are deemed necessary by the primary physician?
7. Are there are pre-existing condition clauses limiting coverage?

Out-patient Services and Home Care Coverage

1. What types of providers' services will be covered?
2. How many hours?
3. How many visits? How is "visit" defined?
4. Is there a minimum or maximum number of hours or dollars in these areas?
5. Are there restrictions regarding home care such as (a) registered nurse only/registered nurse only at eight hour shifts or (b) Medicare -certified home health agency only?
6. Must home care coverage start within a designated number of days of hospital discharge andbe completed within so many days? Will this be covered 100%? What are the co-insurance requirements?
7. What is the family deductible per calendar year?
8. What has been paid by your family toward your calendar year deductible as of the present date?
9. Is there an 80/20 co-insurance requirement up to a specified dollar amount per calendar year, after which the insurer covers 100% of the charges or costs? What is the dollar amount?
10. Is there a lifetime maximum? Does this include hospital coverage or only out-patient services, home care nursing services, etc?

11. What has been expended to date toward that lifetime maximum?

12. Is there major medical coverage?

13. What services are included in the major medical coverage?

14. Is there a preferred provider option? Are there exceptions to using the preferred provider?

15. Does this policy contain a catastrophic illness clause?

16. Are there any exclusionary clauses (e.g., experimental drugs or treatments, tests)?

17. Can you purchase a supplementary benefits package? Can this include services which are not currently covered?

18. Are the following services covered under your current policy, or can they be purchased under a supplemental policy or policies?

    a. adaptive equipment: prone standers_____corner tables
    specialized car seats_____bath aids_____van adaptation

    b. medications_____tracheostomy tubes
    gastrostomy tubes_____feeding bags

    c. wheelchairs_____how often can they be replaced

    d. corrective shoes

    e. eyeglasses_____lens replacement

    f. specialized orthodontia

    g. braces

    h. prosthetic device

    i. respite care

    j. genetic service

    k. hospice

    l. speech, language, and hearing_____physical therapy
    occupational therapy

    m. mental health services

    n. homemaker/home health aide

    o. attendant services

p. nutrition services

q. rehabilitation services

r. infant stimulation programs

s. counseling programs: parents_____peers_____patient

t. case management

u. durable medical equipment_____ventilators_____suctioning
I.V. stands_____air compressors_____feeding pumps

19. How does the insurance policy define and how does the company determine what is

a. usual and customary?

b. experimental?

c. therapeutic?

d. custodial?

e medically necessary?

"Health Care Financing: A Guide for Families," by Julie Beckett.
Reprinted by permission from Julie Beckett, Associate Director for Consumer Affairs, National Maternal and Child Health Resource Center.

Appendix U

EVALUATION OF HEALTH MAINTENANCE ORGANIZATIONS
A CHECKLIST FOR FAMILIES

In addition to the questions listed in Appendix R, these questions should be asked of the HMO:

1. a. What are the procedures and restrictions on obtaining referrals to specialty providers affiliated with the HMO?

   b. What the procedures and restrictions on obtaining referrals to specialty providers not affiliated with the HMO?

   c. Are subscribers usually granted their requests for referrals?

   d. how long does it take to get a decision on a request for a referral?

   e. Who must approve referrals?

   f. How are denials of referrals appealed?

2. Are all the providers listed on the HMO roster available to all subscribers? If not, what are the restrictions?

3. a. Does the HMO have contracts with hospital(s)?

   b. Which HMO physicians have staff privileges at which of these hospitals?

4. If a subscriber selects a primary care physician who is with a particular clinic or individual practice association, will a subscriber be restricted to specialists who are members of that clinic or individuals practice association?

5. Do any of the primary care physicians refuse or prefer not to care for children with disabilities?

6. Will the primary care provider assigned to a child be a pediatrician?

7. What is the procedure for changing the primary care physician?

8. Do the specialists affiliated with the HMO have training and experience in treating children?

9. What suppliers of durable medical equipment or orthotics does the HMO use? Are subscribers free to select any of these suppliers? Which suppliers have experience in serving children?

10. Are there restrictions on coverage of physical, occupational or speech therapy?

11. Are there restrictions on coverage of mental health services?

12. Are there restrictions on the length of time for which mental health services will be authorized?

13. What preventive services does the HMO offer and at what cost to subscribers?

14. What financial incentive (bonuses, penalties) are used to encouraged physicians to control utilization and cost of services?

15. Will the HMO pay for a second opinion from a physician not affiliated with the HMO?

16. Does the HMO have an internal grievance procedure? If so, how does it work and who makes decisions on grievances?

17. Does the HMO exclude coverage of services that might be provided to children under a special education program? Are such services covered if the child is not eligible for a special education program?

18. Are mental health services available from providers with expertise in servicing children?

19. What doe the HMO consider a reasonable distance to travel to see a provider? Will the HMO make referrals to out-of-plan providers if no HMO provider is geographically accessible?

20. Is the HMO financially solvent? (Your insurance commissioner's office may have this information about the financial status of the HMO.)

"Health Care Financing: A Guide for Families," by Julie Beckett.
Reprinted by permission from Julie Beckett, Associate Director for Consumer Affairs, National Maternal and Child Health Resource Center.

Appendix V

IOWA COMPREHENSIVE HEALTH ASSOCIATION

Monthly Major Medical Premiums for Those NOT on Medicare

Age Category	$500 Deductible Premiums	$1,000 Deductible Premiums	$1,500 Deductible Premiums	$2,000 Deductible Premiums
00-17	$137.05	$111.72	$101.08	$ 93.08
18-29	220.65	196.45	177.68	163.66
30-34	264.45	235.45	212.94	196.14
35-39	307.44	273.72	247.56	228.03
40-44	363.35	323.50	292.58	269.50
45-49	428.80	381.77	345.28	318.04
50-54	514.96	458.48	414.66	379.86
55-59	608.75	541.98	486.33	422.84
60-64	701.95	600.00	521.70	453.58
65-69	1,060.15	91[illegible]00	797.28	693.22
70-74	1,292.90	1,118.30	972.30	845.38
75-79	1,499.75	1,297.23	1,127.89	980.62
80-84	1,667.80	1,442.59	1,254.25	1,090.52
Over 84	1,822.97	1,576.77	1,370.94	1,191.95

Monthly Major Medical Premiums for Those ON Medicare

Age Category	$500 Deductible Premiums	$1,000 Deductible Premiums	$1,500 Deductible Premiums	$2,000 Deductible Premiums
00-29	$165.48	$147.30	$133.29	$125.49
30-34	198.21	170.90	159.72	150.38
35-39	232.16	201.69	185.62	174.78
40-44	267.73	239.97	219.36	206.59
45-49	308.41	270.63	258.93	243.72
50-54	361.41	323.67	310.87	291.19
55-59	427.71	382.86	364.75	324.13
60-64	495.93	436.03	391.22	347.71
65-69	551.46	479.92	417.25	370.87
70-74	667.85	580.49	504.71	448.53
75-79	771.26	669.98	582.52	517.64
80-84	855.30	742.68	645.72	573.83
Over 84	932.86	809.78	704.05	625.668

Monthly Premiums Optional Maternity Per $100 of Benefit (up to $2,500)

Age Category	Premiums
00-29	$5.78
30-34	4.76
35-39	3.98
40-44	3.55
45-49	3.16
50-54	2.37

Quarterly = 3 x Monthly
Semiannually = 6 x Monthly
Annually = 12 x Monthly

*Effective 7/1/97

139

SOCIAL SECURITY ADMINISTRATION
DISTRICT/FIELD OFFICE LOCATIONS

ADDRESS	GENERAL OFFICE NUMBER	COUNTIES SERVED
680 5th St., Ste 100 Ames, IA 50010-6005	(515) 233-5017 FAX: (515) 223-5106	Boone, Story
3012 Division St. Burlington, IA 52601	(319) 752-6321 FAX: (319) 752-4619	Des Moines, Henry, Lee, Louisa
628 N. Main St. PO Box 158 Carroll, IA 51401	(712) 792-9880 FAX: (712) 792-6460	Audobon, Carroll, Crawford, Greene, Guthrie, Shelby
5021 Duffy Dr., NE Ste. A Cedar Rapids, IA 52402	(319) 393-0045 FAX: (319) 393-2330	Benton, Iowa, Jones, Linn
226 - 4th Ave., South Clinton, IA 52732	(319) 244-5002 FAX: (319) 242-3705	Clinton
103 North Ave., Ste. 8 Drawer 396 Council Bluffs, IA 51502	(712) 328-0854	Fremont, Harrison, Mills, Pottawattamie
201 N. Elm St. Creston, IA 50801	(515) 782-7263 FAX: (515) 782-4783	Adair, Adams, Cass, Clarke, Decatur, Madison, Montgomery, Page, Ringgold, Taylor, Union
Federal Bldg., Rm. 114 131 E. 4th St. Davenport, IA 52801	(319) 326-1621 FAX: (319) 326-1157	Cedar, Muscatine, Scott
317 Washington St., Suite 1 Decorah, IA 52101	(319) 382-2924 FAX: (319) 382-8186	Allamakee, Chickasaw, Howard, Winneshiek
Federal Bldg., Rm. 293 210 Walnut St. Des Moines, IA 50309	(515) 284-4734 FAX: (515) 243-8461	Dallas, Polk, Warren
Post Office Bldg., Rm. 332 350 W. 6th St. & Locust St. PO Box 818 Dubuque, IA 52004	(319) 582-3626 FAX: (319) 582-4933	Clayton, Delaware, Dubuque, Jackson
2nd Ave., S. & 8th St. PO Box 997 Fort Dodge, IA 50501	(515) 576-5185 FAX: (515) 576-7517	Calhoun, Hamilton, Humboldt, Kossuth, Pocahontas, Webster, Wright
400 S. Clinton, Rm. 206 Iowa City, IA 52240	(319) 338-9461 FAX: (319) 338-0615	Johnson, Washington
202 W. State St. Marshalltown, IA 50158	(515) 752-6376 FAX: (515) 752-7311	Jasper, Marshall, Poweshiek, Tama
208 N. Adams St. Mason City, IA 50401	(515) 423-4325 FAX: (515) 423-0820	Cerro Gordo, Floyd, Franklin, Hancock, Mitchell, Winnebago, Worth
1211 A Ave., E. Oskaloosa, IA 52577	(515) 673-8681 FAX: (515) 673-0229	Keokuk, Mahaska, Marion
1301 N. Elm St. Ottumwa, IA 52501	(515) 682-8502 FAX: (515) 682-1125	Appanoose, Davis, Jefferson, Lucas, Monroe, Van Buren, Wapello, Wayne
Rm. 107 Federal Bldg. 320 - 6th St. PO Box 113 Sioux City, IA 51102	(712) 255-5525 FAX: (712) 252-2394	IA: Lyon, Monona, Plymouth, Sioux, Woodbury NE: Dakota, Dixon, Thurston SD: Union
SW Plaza 304 - 11th St., SW Plaza PO Box 380 Spencer, IA 51301	(712) 262-5450 FAX: (712) 262-7254	Clay, Dickinson, Emmet, O'Brien, Osceola, Palo Alto
800 Oneida Storm Lake, IA 50588	(712) 732-1095 FAX: (712) 732-5774	Buena Vista, Cherokee, Ida, Sac
904 W. 4th Waterloo, IA 50702	(319) 234-1554 FAX: (319) 234-9946	Black Hawk, Bremer, Buchanan, Butler, Fayette, Grundy, Hardin

BEST COPY AVAILABLE

PROGRAMS

Providing and Financing Children's Care and Services

Iowa Department of Education 1998
Compiled by Deb House-Deere